

# Rotary

## Club of Berowra



### Kalori: The Bulletin of the Rotary Club of Berowra Inc



#### Rotary Year 2022 – 2023

President Rotary International: Jennifer Jones  
Governor Rotary District 9685: Mina Howard  
President Rotary Club of Berowra: Jeanette Bakker  
Rotary International Theme for 2022 - 2023:  
*Imagine Rotary*



Vol 46 No 03 — September 2022

Wednesday 14: Dinner Meeting — Sahar Zaidi, Hornsby Village Hub

Wednesday 28: Dinner Meeting — DG Mina Howard Official Visit



#### Inside this Bulletin

Programme of the Club Board 2022—2023	P 2
From the President	P 3, 4
September is Basic Educations and Literacy Month	P 4
September events	P 5
Community Service	P 6
Train Ride to End Polio	P 7
Members' Page	P 8

The Rotary Club of Berowra Inc.  
*Asquith to Brooklyn*

Chartered 10 May 1977 First Meeting 25 May 1977  
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm  
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW  
Website: [www.berowra.net/rotary](http://www.berowra.net/rotary) Facebook: Rotary Club of Berowra  
Email: [berowrarotary@gmail.com](mailto:berowrarotary@gmail.com) Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS AND GUEST SPEAKERS

*Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.*

*Visitors, both men and women, are very welcome at the meetings of Rotary Berowra.*

*Please call one of the members of Rotary Berowra listed below.*

## Rotary Year 2022—2023

### September 2022

- Wednesday 14 Dinner Meeting: Sahar Zaidi, Hornsby Village Hub  
Wednesday 28 Dinner Meeting: DG Official Visit

### October 2022

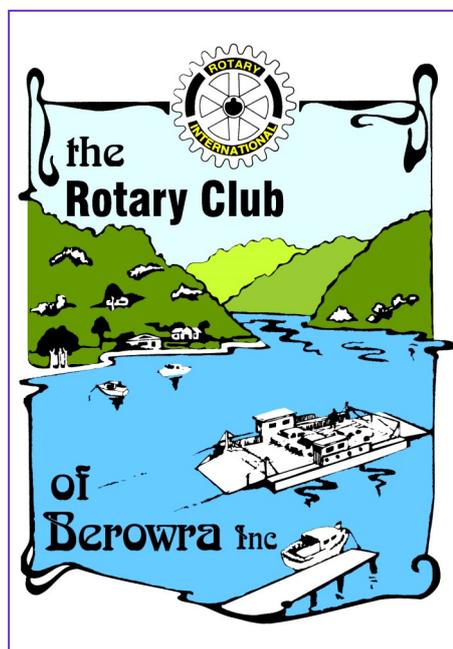
- Wednesday 12 Dinner Meeting: Dave Hayes Mission Australia Early Intervention & Prevention of Homelessness Program  
Wednesday 26 Dinner Meeting: Alan Toner: Founder of Sydney Harbour EcoWalks Tours

### November 2022

- Wednesday 9 Dinner Meeting:  
Wednesday 23 Dinner Meeting:

### December 2022

- Wednesday 14 AGM (final meeting for 2022)



*Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our historic Club Banner.*

## BOARD 2022—2023

President: **Jeanette Bakker 0421 958 841**  
Immediate Past President: **Trevor Bailey**  
President-Elect: **Vacant**  
Secretary/Club Administration: **Peggy Sanders 0413 481 854**  
Treasurer: **Trevor Bailey**

### Directors:

Community Service: **Sivaraj Sagathavan**  
International: **Kathy Kendall**  
Youth: **Tom Borg**  
Vocational: **Gil Stokes**  
Foundation: **Rich Moore**  
Public Image: **Peggy Sanders**  
Membership: **Trevor Bailey 0400 999 226**

### Additional Roles:

Bulletin Editor: **Peggy Sanders**  
District Conference Coordinator: **Peggy Sanders**  
Public Officer: **Trevor Bailey**  
Welfare: **Jan Childs**  
Child Protection, Verification Officers: **Carolyn Higgs and Peggy Sanders**  
Attendance: **Peggy Sanders 0413 481 854**



SHAMIDA  
ETHIOPIA

<https://www.shamidaethiopia.com/>

### Attendance

For attendance at meetings, and bringing guests, please contact **Peggy Sanders 0413 481 854**



The next Bulletin will be published for October 2022. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 30 September 2022 @ [psanders@ozemail.com.au](mailto:psanders@ozemail.com.au)





## FROM THE PRESIDENT

### President's report for August 2022

My second month of my second year as President has flown by so quickly, especially when we are all having so much fun.

I had a holiday on in early August when my husband and I drove down to Melbourne via Wagga Wagga. We saw the new PCYC Wagga Wagga building a much need facilities as the population have grown with a lot of young people needing the activities, as the other one is so old and outdated.

As I was still on holidays PP Trevor Bailey ran the meeting on 8 August which was a Club Forum, and I am told was very productive.

The meeting of 24 August we had the pleasure of having PDG Harold Sharp OAM (Chair) and PDG Gina Growden (Communications Coordinator) as our guests' speakers, to talk to us about ROMAC (Rotary Oceania Medical Aid for Children).



Since its foundation in 1988 ROMAC has changed the lives of over 500 children under the age of 15 years. These children are from the Oceania Region — Fiji, Vanuatu, PNG, Timor Leste, Tonga, Solomon Nauru - all parts of our Australia and New Zealand Rotary Districts.

They presented a very heartbreaking power point, then a discussion on how the parents or carers of the children with medical condition, speak little to no English and their families shunned by others in their community. All ROMAC personnel are volunteers there is no paid staff. The costs of these treatments run into the millions, the patients are first flown into Darwin or other parts of Australia or New Zealand for their life changing surgery that is not available in their home countries. Unfortunately, ROMAC cannot treat Cancer or Burns victims.

To give a little, help a lot! Visit the website [www.romac.org.au](http://www.romac.org.au) Our Club is making Rocky Road to sell at Community Markets and Berowra Woodchop to help with this cause. "Changing Lives and Restoring Dignity".



On Thursday, 25 August being **Cancer Council Daffodil Day**, our Club set up a stall in Berowra Village Shopping Centre, outside of Coles Supermarket. I would like to thank PP Jan Childs, PP Rich Moore, PAG Sivaraj Sagathavan, for helping me to collect donations on the day which was rather successful.

On Sunday 28 August was the very successful **Apex Berowra Woodchop**, this year at Warrina Street Oval, we had a stall which was set up very early; most of our members, partners and family were they to help.

We showcased and sold products for Shimada plus Rocky Road for ROMAC. It was a fun day.

We gave out flyers for our per Father's Day Spring Plant Sale. Thank you, PP Peggy Sanders, for all your printing of flyers and labels.

*Continued on page 4*



# IMAGINE ROTARY



## FROM THE PRESIDENT cont.



We are joining the RAWCS Project of **Sunflowers for Ukraine**. (As seen on page 10 RDU, August) . Thanks to PDG Susan Wakefield and PDG John Glassford for sending us seeds and the information to get us started.

We have also had our Fathers Day Spring Plant Sale — our fundraiser— on a pretty wet day, with just a little bit of sunshine!

Stay safe and have fun and thank you for your support.

**President Jeanette Bakker**



## September

### Basic Education and Literacy Month

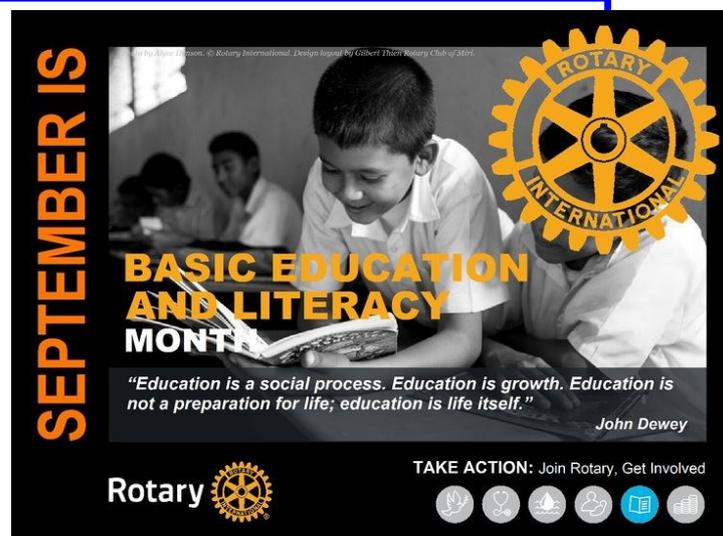
September is **Basic Educations and Literacy Month**, when Rotary Clubs, around the world focus on this theme.

Rotary supports activities and training to improve education for all children and literacy for children and adults.

**The Rotary Foundation** enables Rotarians to

ensure that all people have sustainable access to basic education and literacy by:

1. Involving the community to support programs that strengthen the capacity of communities to provide basic education and literacy to all;
2. Increasing adult literacy in communities;
3. Working to reduce gender disparity in education;
4. Supporting studies for career-minded professionals related to basic education and literacy.



## September Events

**Wednesday 14 September**

### **Hornsby Village Hub — Sahar Zaidi**

A social connectedness program for seniors to support health and wellbeing in Hornsby. Tuesday 22 March marked the launch of The Hornsby Village Hub 'Connecting with your Compassionate Community'.

Hornsby Shire Council and Sydney North Health Network have partnered to establish the Hornsby Village Hub together with community partners; Fusion, Rotary Club of Hornsby District, PCYC, Ku-ring-gai Neighbourhood Centre, Hornsby Ku-ring-gai Hospital, Northern Sydney Local Health District Aboriginal Health Services, IABBV Hindi School, Women's Shed and Ku-ring-gai NSW Police Force.



**We are pleased to welcome Sahar Zaida to talk about the Hornsby Village Hub.**

Sahar Zaidi is a member of the Rotary Club of Hornsby District since 2018. She has been an assistant to the Community Director, she has served as Membership Director, Youth Director, Secretary, and brought on volunteers to push marketing for the club.

In her professional life, Sahar is the Corporate Services Manager at Mary's House Services, which provides a refuge and a community centre for women and their children affected by domestic abuse.

### **Wednesday 28 September — DG Mina Howard Official Visit**

We look forward to welcoming District 9685 District Governor Mina Howard for her first visit to the Club.

Mina joined the Blackheath Rotary Club in 2006 and became its first female president in 2011 serving a two-year term after three years as secretary. She was Assistant Governor for two terms. Mina is a Paul Harris Society member and is committed to supporting The Rotary Foundation.

She spent forty-three years as a Primary School teacher in the NSW State Education system. Along with her husband Larry, Mina joined the Australian Army Reserve in 1976 where she served for six years with the Royal Australian Engineers.

In 1991 Mina and Larry moved with their three children to Blackheath and now reside in Mount Victoria. They have three young grandchildren. As a member of Blackheath/Mount Victoria RFS Brigade (where Larry is the longest serving Captain) and as the brigade's Community Engagement Officer, Mina began the HUFF (Heads Up For Fire) project, a grassroots neighbourhood strategy that encourages people to connect with and look out for each other, especially those who are more vulnerable. The project won a highly commended in the 2013 Resilient Australia Awards. It had its first real test in the recent Black Summer fires. Mina was state finalist in the 2017 RESCA (Rotary Emergency Services Community Awards) awards and a finalist in the 2019 Western Sydney Zest Awards.

Mina's goal for 2022-23 is to encourage clubs to look critically at their projects and practices and aim to make their club more diverse and welcoming whilst providing meaningful service opportunities for each member. Continued support of The Rotary Foundation, the End Polio campaign and other Rotary programs are also to be encouraged. And, of course, fellowship and fun must be paramount.





# COMMUNITY SERVICE REPORT

## Community Market — Saturday 6 August 2022

We started the Rotary year 2022-23 by showing our presence at the **Community Markets** on 6 August 2022 organised by the Uniting Church at Berowra. We put up a stall that offered plants, clothes, souvenirs and President Jeanette's favourite Rocky Road for sale. Although we did not sell much it was another sunny day of fun, fellowship and socialising. I would like to thank Trevor Bailey, Rich Moore, Peggy Sanders, Yvonne and Tom Borg for the assistance provided in setting up, manning and disassembling the stall. My thanks also go to Suchada Boden for providing us pastries for our coffee breaks.



## Daffodil Day – Thursday, 25 August 2022

With the help of our newest member, Namrata Kaushal we managed to secure a spot outside Coles at the Berowra Shopping Village for collecting donations for the Cancer Council on Daffodil Day. As we had neither daffodils nor merchandise to sell this year, President Jeanette set us a modest target. With a little table and a couple of chairs Jan Childs, Rich Moore and President Jeanette managed to exceed the target by 2.5 times! Well done. I like to thank Rich Moore, President Jeanette and especially Jan Childs, who was there from the beginning till the end.

## Berowra Woodchop Festival – Sunday 28 August 2022

This festival organised by the Apex Club was a very successful event with the biggest crowd seen so far for the event as described by Frank Childs who has been with our Club for 45 years! This year at Warrina Street Oval. Our stall was one of the 60 stalls on this beautiful sunny Sunday.



We focused on selling coffee beans, environment friendly shopping bags and necklaces for raising funds for our International project – Shamida besides selling President Jeanette's Rocky Road for raising funds for the Rotary Australia World Community Service (RAWCS) project namely, Rotary Overseas Medical Assistance to Children (ROMAC). As usual the Rocky Road was sold out. It was another fun day with fellowship. My thanks go to Rich Moore, Trevor Bailey, Peggy Sanders, Kathy Kendall, Jan Childs, President Jeanette and Jennah Bakker, Gil Stokes and Namrata Kaushal for the assistance rendered.

## Fathers Day Spring Plant Sale – Saturday 3 September 2022

All arrangements have been made for our traditional Fathers Day Spring Plant Sale on the first Saturday of September. This year a couple of our usual nurseries that provide a wide variety of plants were not able to be represented due to losses arising from the floods. Due to sickness within our Club we were not able to have our usual Sausage Sizzle. As we would not be having the services of the Rovers this time, we needed more hands for the unloading of plants in the morning (6:30 am) and uploading of the remaining items in the afternoon (4:00 pm). Longer report and photos will be in the next Bulletin.



**Sivaraj Sagathavan**

# Ride the Train to End Polio

## Monday 24th October 2022

[Raise.Rotary.org/Dave-Anderson/challenge](https://Raise.Rotary.org/Dave-Anderson/challenge)



Monday 24 October is WORLD POLIO DAY. Ending Polio is the number one priority of both Rotary International and The Rotary Foundation. Each Club is asked to make a commitment to contribute US\$1,500 (\$2,175). Over the past four years we have conducted the All Stations challenge train ride to End Polio. Over those four years we have raised in Greater Sydney over \$450,000 to ending Polio before the Gates Match. This year more than ever we need you commitment and support.

PLEASE do you bit by joining us and riding with us for a station or two. It is a great Fellowship day, a great PUBLIC IMAGE Day and it puts the Rotary Brand out there in front of the public.

The plan this year is to raise \$200,000. Please do your bit to ensure that your Club meets its commitment to ENDING POLIO. Please look to sponsorship of Dave and myself. **\$1 per station** from an individual or even **\$10 per station** from Clubs together with your individual member sponsorship can help you achieve you Club commitment.

Dave and I look forward to meeting all of you on the train on MONDAY 24 October. It is a big day if you want to ride the full 181 stations with us, starting at Cronulla ay 4:30AM. PLEASE COME and join us. And as a famous Rotarian from the 1960's (Joe the gadget man) used to say "Don't forget to bring you money with you?" Cheque or proof of bank transfer would also be good. **Mark Anderson**

# MEMBERS' PAGE

<b>Rotary Year</b>	<b>2022—2023</b>
	<b>September 2022</b>
Saturday 3	Fathers Day Plant Sale
	<b>October 2022</b>
Saturday 1	Community Market
Monday 10	Hat Day: Lift the Lid on Mental Health
Monday 24	World Polio Day
Monday 24	Ride the Train to End Polio
	<b>November 2022</b>
Saturday 5	Community Market

**Birthdays, Anniversaries and Congratulations.....**  
**1 September — 30 September**

**Happy Birthday to:** Rich Moore (3/9); Peggy Sanders (16/9)  
**Happy Anniversary to:** Nil  
**Happy Anniversary of Induction to:** Carolyn Higgs; Peggy Sanders (3/9)  
**Welcome:** Kathy Ruhl



## Rotary Matters

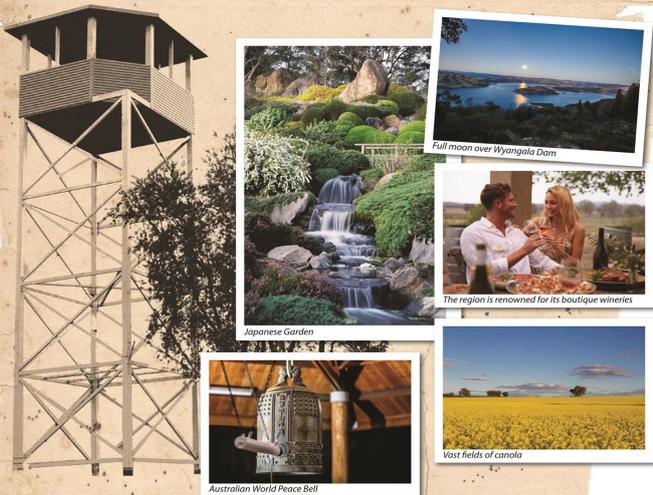
On air  
 Friday 3pm—4pm

Hornsby Ku-ring-gai Radio

**TRIPLE  
 100.1 FM**



## COWRA BREAKOUT



**District 9685 Annual Conference**  
**17-19 March 2023**

**Relax.  
 Refresh.  
 Refocus.**



**From our Social Director Yvonne**

We're planning our next social function for **Saturday 24 September.**

Save the date.

Bring your ideas for a venue to the meeting on Wednesday 14 September; Yvonne will be present to discuss!

The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the RAWCS form.

<http://shamidaethiopia.com/donate>



**ROTARY AUSTRALIA  
 WORLD COMMUNITY  
 SERVICE**