

Kalori

The Bulletin of the Rotary Club of Berowra Inc.

Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

Rotary Year 2016 – 2017

President Rotary International: John F. Germ
 Governor Rotary District 9685: Bruce Lakin
 President Rotary Club of Berowra: Tom Borg
 Rotary International Theme for 2016 - 2017:
Rotary Serving Humanity



Vol 40 No 04 — October 2016

Wednesday 12 October — Dinner Meeting

Wednesday 26 October — Dinner Meeting
Judy Hopwood—Homelessness on our Doorstep



Attendance Officer

For all meetings please contact **Jan Childs** if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

Tel: 9456 1482

Rotary Grace:

For food, friendship and the opportunity to serve through Rotary, we give thanks.



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The Rotary Club of Berowra Inc.
 Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Berowra RSL Club, 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary
 Facebook: Rotary Club of Berowra
 Email: rotary@berowra.net
 Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

Rotary Year 2016—2017	
October 2016	
Friday 7	Rotary Health Hat Day — Mental Health
Wed 12	Dinner Meeting
Mon 24	World Polio Day
Wed 26	Dinner Meeting: Judy Hopwood—Homelessness
Sunday 30	Graffiti Removal Day
November 2016	
Wed 9	Dinner Meeting
Wed 23	Dinner Meeting
December 2016	
Thurs 1—Wed 14	Primary School Presentations
Wed 14	Final Dinner Meeting for the year



Wednesday 26 October Judy Hopwood Homelessness on our Doorstep

Judy has extensive experience working in the area of health and social justice. She is a Registered Nurse, holds a Master of Bioethics (UTS) and is currently a PhD candidate studying homelessness.

As the immediate past MP for Hornsby she continues her involvement in committees addressing the issues of youth, domestic violence, homelessness, housing, health and women's issues generally.



Graffiti Removal Day Sunday 30 October 2016

Berowra Graffiti Removal Day being coordinated by the Turrumurra Rotary Club through Rebecca Christensen and the Rotary Club of Berowra.

Volunteers contact:

Tom Borg on 0407274757 or
Jan Childs on 94561482 or
Beck Christensen on 0405238248.



President: Tom Borg 0407 274 757
Club Administration: Allan Smith 0412 619 773
Projects Director: Jan Childs 9456 1482
Public Relations: Peggy Sanders
0413 481 854

The next Bulletin will be published for November 2016.

Please submit your contributions to the Editor, Peggy Sanders, by Friday 28 October @ 5pm
psanders@ozemail.com.au





President's Report

Hi all

Well, September is over and another **Spring Plant Sale** is over too. Thank you to everyone for all your help, we had a marvellous day. It was a beautiful sunny day with just a little bit of wind. Sales were good, we were kept busy putting plants into plastic bags the whole day.

Thanks to Jan Childs for coordinating all the nurseries and layout of the plants and pricing; and to Richard Moore for organising the tent, tables and the BBQ. To all those who were there in the early hours of the morning to help put up the tent and carry the plants from the trucks. Special thanks to Justin Bakker and the Rovers for all their help. Special thanks to our Treasurer, Jeanette Bakker, for manning the sales desk and credit card machine for most of the day, and also to Jennah Bakker for her help on the sales desk. Our thanks to Rich and Fred O'Connor for the great job they did working the BBQ all day. We did very well with that too, I think we sold out. Our thanks too to friends of Rotary and Hon Members, Susan Hunter, and Susan's brother who was down visiting from up north, and Nola van Huissteden. Apparently we did very well on the whole day this time, our Treasurer Jeanette tells us that we grossed well, which should give us a very good net return for the day.

We had two birthdays in September to mention, Peggy Sanders on the 16th; and Richard Moore recently celebrated his 3rd 21st (we knocked a few off the end to even it out) ---his birthday happened to be right on our Plant Sale day. That's taking "say it with flowers" to its extreme --- he was very surprised when we presented him with a birthday cake organised by his very close friend, Kathy Ruhl in Chicago through Jan Childs from the USA. It was a lovely carrot cake. We all enjoyed it. Very appropriate for a --- plant sale ---- birthday party. We were also very fortunate to have the new owners of Princeton Nursery from out at Mt. White, Kay and Garry volunteer their time to stay and help. It's always good to have professional plant people at our Plant Sales to answer customers' horticultural questions. I noticed some of our volunteers, myself included, gave the standard answer, "yes, they do need sun"; "yes they do need water" and when they ask "how big do they grow", we raise our hand about half way up to our chest and say "they grow about this big". The other great thing about Kay and Garry being there is that they were able to take bulk orders from customers and even promised to deliver them to their house. This is a new thing and it should help raise our revenue by a significant amount on Plant Sale days. Maybe we can arrange a 'factory visit' to their Nursery.



Also on the day we had our local Orchid Society there again, selling some of their beautiful orchids, thanks to Trevor Bailey. I believe they are a good drawcard to our Plant Sale.

On the Wednesday night of September 7 we had our **Board Meeting** at PP Allan Smith's home, it was suggested by Trevor Bailey and seconded by Allan Smith that we hold a community business awards' night, PP Trevor said that he will look into organising that on our behalf. It was also suggested that we buy copies of the teenagers and self harm booklets, at a cost of around \$2.50 each, and to give out some of the copies to the teachers and principals of local high schools and they in turn can hand them out to students if they feel an appropriate need. It was also suggested and agreed, that we get more involved with the homeless situation in the Hornsby Shire which is run by Hornsby Council and various community groups. Allan Smith has arranged for Judy Hopwood to speak to the Club on Homelessness in our community.

There was also a proposal by PP Allan Smith that Berowra Rotary look into whether or not there is a need to charter another Probus Club.

Our **Pride of Workmanship and Community Service Awards Night** has now been postponed to April 2017, as it is now probably too late to get candidates to hold a worthwhile event this year.

Jan Childs is organising the **Primary School Presentations** for our Rotary Citizenship Awards. The dates are on page Please discuss with Jan if you can make yourself available on any of the presentation days.

President's Report cont

In October there is: **Australian Rotary Health Hat Day** - Friday 7 October 2016, to raise awareness on mental health; **World Polio Day** on Monday 24 October 2016 - "the end is nigh". These are the words of the international Polio Plus Committee Chair, Mike McGovern. He tells us that the Rotary International polio eradication programme headed by Bill and Melinda Gates is getting closer to total eradication in countries like Nigeria and Pakistan. They are asking Clubs to do more in donations and fundraising to help the Bill Gates challenge of 35 million dollars per year. "Rotary was there at the beginning," McGovern says. "It would be unfortunate if Rotary isn't there at the finish line. We've done too much, we've made too much progress to walk away before we finish."

We organised for the **Rotary Youth Leadership** programme (RYLA) being held at the Elanora Heights venue Sunday, 8 January to Saturday, 14 January 2017, our candidate booked in and paid for. Hayley Schagen is undertaking her professional year at the SAN Hospital.

October 30 2016 is national **Graffiti Day** and our Club has been asked to take part under the guidance of Rebecca Christensen. Rebecca runs a Chiropractic practice here in Berowra Heights on the Kita Road, next door to the Lions Op Shop. Rebecca was asked by one of her clients from the Wahroonga Rotary Club if she could help and coordinate the graffiti project here in Berowra. If you have been down Kita Road lately, you would see that Beck has copped the brunt of the graffiti in the area. Beck is now looking for help. She came to a Club last month to give a talk and explain to us how we might be able to tackle this project. We are hoping for as many able-bodied people as possible to help us tackle this, so if you can help and are available on Sunday the 30 October, please contact Rebecca.

Some trivia facts on graffiti:

- In 2008 a survey was done in the USA, where they estimated around 2400 million cans of paint per year, was being used on graffiti alone - this equates to around 4862 tons of emissions per year. Did you know that for every one litre can of spray paint used to create graffiti, it takes 16 litres of ordinary paint to cover it?
- The total cost of graffiti removal is up to 18 billion dollars per year.
- There is more than 16 litres of graffiti paint used on every 2 establishments with more than 5 employees.

and this is just the USA - it is just as bad in most other western countries. In LA all buildings must use anti-graffiti material in construction. Makes you think that one should have bought shares in paint companies years ago!

In some countries it's not so bad though. For example in Egypt, you can only draw a line in the sand!!

Thank you all again for all your help.

Tom Borg, President



Immunization efforts continue in Africa, where recent setbacks underscore the need for vigilance everywhere until polio is eradicated worldwide.



Project Director's Report

School Citizenship Awards: December - See page 6 for the dates. Now is the time to consider your availability and advise so that we ensure that all Presentations are covered.

ABC Q & A: Rich Moore, Gilbert Stokes and Jan Childs plus several "others" from Berowra joined the free bus to the join the Studio Audience for a recent Q and A. The bus went via Hornsby for more passengers. Most questions had the potential for controversy but the Panel spoke calmly with knowledgeEva Cox challenged as usual. There was respect for each other this time. Always an interesting experience.

Christmas Night Markets: This will be held on Friday 25th November 2016. We were unable to attend the combined meeting on Wednesday 5th October (very short notice) and we will need to make a decision as soon as possible regarding the level of participation of the Club.

The Bush Telegraph Weekly 2017 Calendar: Berowra Rotary will be the feature for May (a collage of photographs is being prepared) to Celebrate the 40th Anniversary of the Charter of our Club.

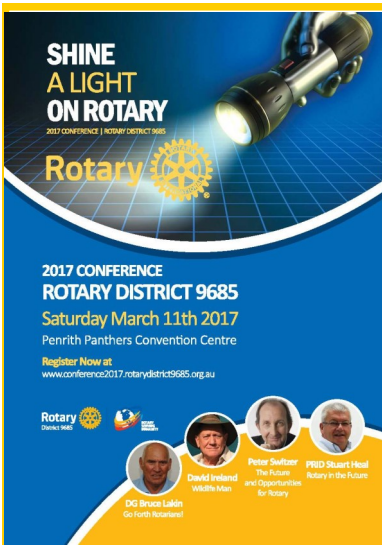


We received the following from the Cancer Council NSW:

The funds raised this Daffodil will help support Cancer Council's life-saving cancer research, prevention programs (such as Eat it to Beat it and Tackling Tobacco), advocacy and support services (like Cancer Council 13 11 20) for people affected by cancer. Your contribution has made a significant difference to the estimated 1.1 million Australians that have either survived a diagnosis or are currently living with cancer.

Every bunch of daffodils and items sold helps us take another step closer to the defeat of cancer. With your support at **Berowra Train Station an amazing \$979.05 was raised on the day.** This is an incredible team effort by all the volunteers that will make a difference for cancer patients and their families all over Australia. While there are still funds to be banked are well on our way to reach our target of \$1.6m across NSW.

Jan Childs



Rotary Conference 2017

Saturday March 11 2017

Penrith Panthers

Registrations are open!!!

Program includes Normie Rowe.....

Then click on this link to connect to the Conference website and register.
conference2017.rotarydistrict9685.org.au

But make sure you register before 11 December to guarantee your seat!!

MEMBERS' PAGE

September 2016

Saturday 3

Fathers Day Spring Plant Sale,
Hunt Reserve, Mt Colah

October 2016

Sunday 30

Graffiti Removal Day

November 2016

Friday 25

Berowra Christmas Night Market

December 2016

1 - 14

School Presentations—Rotary
Citizenship Awards

Saturday 10

Christmas Party @ home of Tom
and Yvonne

Birthdays, Anniversaries and Congratulations.....

1 October - 31 October

Happy Birthday to: Nil

**Happy Anniversary to: Albert
and Ivy (9/10)**

**Happy Anniversary of Induction
to: Nil**



Spotted in *The Bush Telegraph*
Thursday 29 September, page 13 our
very own Plant Sale organiser Jan
Childs was the overall Champion and
winner of the trophy in the Berowra
Garden Club Annual Spring Show.

[http://www.thebusstele.com.au/
archives/290916.pdf](http://www.thebusstele.com.au/archives/290916.pdf)

Congratulations Jan!!!



2016 School Presentations

Berowra Rotary Citizenship Awards

ASQUITH: Thursday 8 December,
9.30am

BEROWRA: Wednesday 7 December,
10.00am and 11.30am

BROOKLYN: Wednesday 14 Decem-
ber, 9.30am

COWAN: Wednesday 14 December, 5.30pm at
Wideview PS Hall

MT COLAH: Thursday 8 December, in the am

MT KURING GAI: Celebration of Learning—Tuesday
13 December, in am.

WIDEVIEW: Thursday 1 December, 11 45am

Some schools send us an invitation, however we will
send a letter, enclosing a cheque and the name of the
Rotarian to attend, which asks for the name of the
Awardee.

Please think about your availability in advance.

Jan Childs

**Thanks to Yvonne for organising another
enjoyable social evening at Darcie's Juice
and Sushi Avenue in Berowra Heights! A
good roll up, and a very enjoyable evening.**



Christmas at the Borg's

**Saturday 10 December 2016
@ 6.30pm**

Mark it in your diary now

**Let Yvonne and Tom know if
you will be there**