

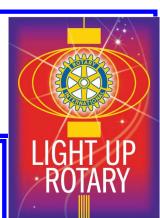
Kalori The Bulletin of the Rotary Club of Berowra Inc.

Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots - is depicted on our Club Banner.



Rotary Year 2014 - 2015

President Rotary International: Gary C.K. Huang Governor Rotary District 9685: Ian Scott AM President Rotary Club of Berowra: Trevor Bailey PHF Rotary International Theme for 2014 - 2015: Light Up Rotary



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Wednesday 11 — Membership—PDG Harold Sharp Wednesday 25 — Promoting Rotary—Developing our Social Media Strategy - Developing and Using Effectively our Website and Facebook—lan Brown



Light up the world of Rotary Be inspired, entertained and

Rotary Conference: Friday 20—Sunday 22 March—Crowne Plaza Hunter Vallev



Rotary Grace

For food. friendship and the opportunity to serve through Rotary, we give thanks.



From the District P 4 District Conference 2015 Members' Page P 5 Member dates Birthdays and Anniversaries Thank you Congratulations Stamp Collection Humour

Inside this Bulletin

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Mothers Day Plant Sale

Pride of Workmanship/

Community Service Awards

Message from the Treasurer

This Month

Bulletin date

NYSF 2016

BowelCare

Attendance Officer:

Please ring Allan Smith if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

Tel: 0412 619 773

The Rotary Club of Berowra Inc. Chartered 10 May 1977 First Meeting 25 May 1977 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm

Berowra RSL Club, 997 Pacific Highway, Berowra NSW Website Address: www.berowra.net/rotary

Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

	Rotary Year 2014—2015
<u>March 2015</u>	
Wed 11	Membership—PDG Harold Sharp
Wed 25	Promoting Rotary—Developing our Social Media Strategy - Developing and Using Effectively our Website and Facebook—lan Brown
<u>April 2015</u>	
Wed 8	Pride of Workmanship/Community Service Awards
Wed 22	The Meaning of ANZAC
<u>May 2015</u>	
Wed 6	ТВА
Sat 9	Mother's Day Plant Sale
Sat 16/Sun 17	MUNA 2015 @ Baulkham Hills HS
Wed 20	ТВА
<u>June 2015</u>	
Wed 10	Coming Year—PE Tom; Farewell lida- Lotta (TBC)
Wed 24	Changeover Dinner

This Month — MARCH 2015

Wednesday 11 March:

PDG Harold Sharp will talk with us on membership — as at 31 December 2014 we are

one of the four smallest Clubs in the District - Chatswood Sunrise 8 and Winston Hills 8, Berowra 10 and The Entrance 11. As the District Website says: Growth or Extinction?

"Addressing the humanitarian needs of the 21st century demands enthusiastic, dedicated, committed Rotarians. The real challenge of membership growth is to address the need to change both leadership styles and club cultures, to listen to members, and to respond to community needs."

See more @: http:// rotarydistrict9685.org.au/SitePage/growthor-extinction

Wednesday 25 March: Promoting Rotary — Developing our Social Media Strategy - Developing and Using Effectively our Website and Facebook—lan Brown





President: Trevor Bailey 0400 999 226 Administration: Allan Smith 0412 619 773 Public Relations Director: Jan Childs 9456 1482

The next Bulletin will be published for March 2015.

Please submit your contributions to the Editor,
Peggy Sanders, for the next Bulletin by **Thursday**26 March @ 5pm psanders@ozemail.com.au

From the Treasurer.....

Membership Dues are now due — please pay these to the Treasurer as soon as possible.

Thank you!

Reports from February:

- RYLArians it was good to hear, once again, what a meaningful impact the week of RYLA has had on our three RYLArians. Berowra Rotary strongly supports RYLA, with good reason. We have always seen what a difference the experience, the skills learnt and the friendships formed make in the life of those we are able to send to RYLA.
- **lida—Lotta** it was wonderful to be able to celebrate lida-Lotta's birthday, present her with a Bridge Climb Certificate, and to hear about the wonderful trip and holiday Tom and Yvonne arranged for her, as well as her visit from family friends She is certainly having some wonderful experiences while in Australia, and getting the most from them. We wish her well now that she is back at school for this term's work!
- Funds and Fundraising we learnt that we are not flush with funds, and at this stage we do not have any firm plans for raising funds in addition to our two plant sales this year—which will have to be well supported to allow us to continue with all that we do. More members, and more ideas are needed!!!!!



Berowra Rotary will once again sponsor a student to the NYSF in Canberra in January 2016.

SCIENCE FORUM NYSF is unique in Australia. Students during year11 are selected to attend the NYSF the following year. They learn how to make informed decisions about courses and careers in the sciences and gain a professional skill set to help them realise their potential.

Pride of Workmanship/Community Service Awards:

Berowra Rotary Awards will be presented on 8 April - please consider worthy awardees in both categories and present these to the Board. This is one of our showcase nights and it is

wonderful to be able to honour these people who do good in the community, and those who show pride in the workplace.





Mothers Day Plant Sale:

Hunt Reserve has been booked for **Saturday 9 May** (and Saturday 5 September).

Susan Hunter is having fun and success potting succulents and would appreciate donations of 6/8cm terracotta pots (shallow).



Jan Childs PHF



BowelCare (formerly Bowelscan) is in its 25th year of service in Rotary District 9685. In order for the Program to continue its growth and benefit the community, Clubs in our Rotary District are asked to promote bowel cancer awareness by participating in the BowelCare Program.

Object of BowelCare

- 1. Develop a Community Awareness of the nature of bowel cancer.
- 2. Earlier detection of potential or actual bowel cancer.

Berowra Rotary will once again participate in this important Community Service project from 2 May to 27 June 2015.

PE Tom Borg

From District 9685:

Rotary Leadership Institute courses: Registration is open for the next series of courses.

- Course 25 is on Sundays 21 June, 5 July & 19 July
- Course 26 is on Saturdays 4 July, 1 August & 8 August

The three part program starts at 8:30 for 9:00am and finishes around 3:30 in the afternoon. Morning tea and lunch are provided. The course is held at the <u>District 9685 office</u> in Thornleigh. Certificates will be presented when the full course has been completed.

You will be delighted to note that COTA has recently agreed to bear the full cost of \$100 per attendee at the Rotary Leadership Institute as part of its training budget until further notice. If you are an incoming or current President, Club Officer, or Assistant Governor, or if you simply want to learn more about Rotary, join this course - in the first instance by emailing Barry Philps on rli@rotarydistrict9685.org.au



Rotary District 9685 Conference



DISTRICT CONFERENCE 2015 is almost here!!! 20 to 22 March, Crown Plaza Hunter Valley.

From our Club: Iida- Lotta, Tom and Yvonne, Peggy and Ian, Trevor and Jeanette, and Allan and Patricia will be attending. Once again from a small Club that is a good roll up.

District Governor Ian Scott and Jennifer say they aim to inspire, entertain and refresh our Rotary spirit with a program of great speakers and enjoyable entertainment. We will hear of the amazing projects and activities in our District and beyond, celebrate successes, and learn from others.

As usual we all hope to come back with a report to the Club — some of those we will hear:

- Kerry Chikarovski Keynote Speaker Road Safety Education
- Miriam Silva Keynote Speaker Diversity
- Dr Luc Mulimbalimba Masururu Key Note Speaker Maternal and Child Health
- Rebecca Barry Breakout Session I Am A Girl
- Peter Fitzsimons Keynote Speaker Peace

Most importantly do we have some costume activity underway for the Saturday evening — "The Roaring 20s" Swing along to the '20s music Dance the Charleston. The Charleston became popular in the 1920s, during the era of jazz music, speakeasies and flappers. It was danced to ragtime jazz music in a quick-paced 4/4 time rhythm, the dance quickly become a craze around the world. It was a physical representation of the uninhibited enthusiasm many of the young people of

that generation wanted to

express.



Peggy Sanders

Light up the world of Rotary

Be inspired, entertained and

refreshed at Conference 2015

MEMBERS' PAGE

March 2015	
Sun 8 March	High Tea @ The Hydro Majestic
Fri 20—Sun 22	District Conference in the Hunter (see page 4)
<u>April 2015</u>	
Sunday 12 April	District Assembly (see below for details)



Be a gift to the world

ATTENTION ALL INCOMING CLUB **OFFICERS**

District Assembly is being held on 12 April at The King's School Registrations are now open - go to assembly.rotarydistrict9685.org.au

Birthdays, Anniversaries and Congratulations.....

1 - 31 March

Happy Birthday to: Albert Van

Huissteden (11/3); Hugh Thomas (16/3); Trevor

Bailey (29/3)

Happy Anniversary to: Max and Alice

Lovegrove (1/3)

Happy Anniversary of Induction to: Jan Childs (8/3 — 20 years of Service to Berowra Rotary); Tom Borg (14/3) Congratulations to: Berowra Rotary

sincerely congratulates Anne Cosier and Rhonda Engert on their Melvin Jones Award for the success of the Lions Op



Thank You Peggy Sanders and Ian Arnold thank you sincerely for your good wishes on their recent marriage.



Peggy's cheeky sister sent this one!!!

Arthur, age 92 and Emily, age 89, are excited about their decision to get married.

They go for a stroll to discuss the wedding and on the way they pass a Chemist. Arthur suggests they go in. Arthur addresses the man behind the counter: "Are you the Owner?" The Pharmacist answers: "Yes."

Arthur: "We're about to get married. Do you sell Heart Medication?" Pharmacist: "Of course we do."

Arthur: "How about Medicine for Circulation?" Pharmacist: "All kinds."

Arthur: "Medicine for Rheumatism, Scoliosis?" Pharmacist: "Definitely."

Arthur: "Medicine for Memory Problems, Arthritis, Jaundices?" Pharmacist: "Yes, a large varietythe works!"

Arthur: "What about Vitamins, Sleeping Pills, Antidotes for Parkinson's Disease?" Pharmacist: "Absolutely."

Arthur: "You sell Wheelchairs and Walkers?" Pharmacist: "All speeds and sizes. Why do you ask? Is there something I can help you with?"

Arthur says to the Pharmacist: "We'd like to nominate your store as our Bridal Gift Shop."



All those stamps you have received over Christmas should now be forwarded to PP Jan Polczynski PHF PO Box 4197, Marayong 2148