

# *Kalori*

## The Bulletin of the Rotary Club of Berowra Inc.

*Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.*



### Rotary Year 2015 – 2016

President Rotary International: K.R. "Ravi" Ravindran  
 Governor Rotary District 9685: Gina Growden  
 President Rotary Club of Berowra: Tom Borg  
 Rotary International Theme for 2015 - 2016:  
*Be a gift to the world*



**Vol 39 No 04 — October 2015**

**Wednesday 14 - Dinner Meeting**

**Wednesday 28 — Dinner Meeting**

#### **Rotary Grace**

**For food,  
 friendship  
 and the opportunity to  
 serve through Rotary,  
 we give thanks.**

Hat Day is Australian Rotary Health national fundraising and awareness day for mental health research—World Mental Health Day—Friday October 9, 2015.



**'HELP HATS HELP HEADS'**  
**Friday October 9**  
 Register at [www.hatday.com.au](http://www.hatday.com.au)

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#### **Attendance Officer:**

Please ring **Jan Childs** if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

**Tel: 9456 1482**



The Rotary Club of Berowra Inc.  
 Chartered 10 May 1977 First Meeting 25 May 1977  
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm  
 Berowra RSL Club, 997 Pacific Highway, Berowra NSW  
 Website: [www.berowra.net/rotary](http://www.berowra.net/rotary)  
 Facebook: Rotary Club of Berowra  
 Email: [rotary@berowra.net](mailto:rotary@berowra.net)  
 Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

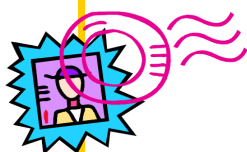
Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

<b>Rotary Year 2015—2016</b>	
<b>October 2015</b>	
Wed 14	Dinner Meeting
Wed 28	Dinner Meeting
<b>November 2015</b>	
Wed 11	Dinner Meeting
Wed 25	Dinner Meeting
<b>December 2015</b>	
Wed 9	Dinner Meeting

## This Month — October 2015

Wednesday 14 and Wednesday 28 the members of the Rotary Club of Berowra will meet for a Dinner Meeting at Berowra RSL.



Stamps can bring money to Rotary—Jan P has left some self addressed stamped envelopes so that you can forward to:

PP Jan Polczynski PHF  
PO Box 4197, Marayong 2148

President: Tom Borg 0407 274 757  
Projects Director: Jan Childs 9456 1482  
Public Relations: Peggy Sanders  
0413 481 854



The next Bulletin will be published for November 2015. Please submit your contributions to the Editor, Peggy Sanders, for the next Bulletin by **Thursday 29 October @ 5pm psanders@ozemail.com.au**

## Report from September 2015



On **Wednesday 9 September** DG Gina Growden was accompanied by PDG Harold Sharp and DG Gina Growden for her official visit to the Club. Gina was also accompanied by AG Upper North Shore Sivaraj Sagathavan and photographer Bill Forsyth.



On **Saturday 5 September** the Club held the Fathers Day Spring Plant Sale.

**From President Tom:** Well, it seems the gods were with us again for our September Fathers Day Spring Plant Sale, the weather was beautiful and plenty of people stopped in to buy plants and enjoy our very tasty sausage sandwiches which Trevor and Fred had cooked up on the new 'You Beaut' B.B.Q. trailer supplied by Hornsby Council.



So thank you again to everyone who helped make our plant sale another great success. Special thanks to Frank Childs, Susan

**Continued on page 3**



**Cont from page 2**

Hunter, Nola Van Huissteden, Jennah Bakker for their help behind the counter and helping customers with packing and carrying. Thankyou to Justin Bakker and the Scouts for helping with set up, erecting the tent and unloading plants from the trucks. Thanks to Max and Gill for the getting the signs up and organising the pick up of the trailer.

Trevor and Fred for looking after the B.B.Q. and special thanks to Jan Childs for all her behind the scenes work in organising all the paperwork for the trailer and plant deliveries. Also a special thanks to Jeanette Bakker for donating all the drinks that we had on sale.

Jeanette has already posted photos on Facebook so thankyou for that.



Yvonne and I are just getting ready to head off on our cruise to the top end of Queensland, then we are going to W.A. for a couple of weeks so we will catch you all in a few weeks,

**Tom Borg, President**

On **Wednesday 23 September** Members enjoyed the talk by Sandra Hawkins describing her time as an Army Nurse in the 1960s. Our thanks to Sandra for spending the evening with us and sharing her experiences with us.

**Editor**



# THANKS

Dear Rotary Club of Berowra

On behalf of the Daffodil Day Team at Cancer Council NSW we would like to say a big **THANK YOU** for volunteering your time on Daffodil Day, Friday 28 August 2015 and showing you care about beating cancer. We are delighted that so many people joined us to celebrate the day and give hope to all those in the community touched by cancer.

Every day there is more reason for hope than ever before. Cancer research is discovering new and better treatments, cancer prevention campaigns are working and support for those affected by cancer is improving all the time. **Every item you sold and every donation made has helped us take another step closer to the defeat of cancer.**

With your support your stall **Berowra Train Station**, on Daffodil Day raised a total of **\$1350.30** An incredible team effort that will make a difference for cancer patients and their families all over Australia. Thank you for showing you care.  
Teneale Cameron on behalf of the Daffodil Day Team  
Community Relations Coordinator, **Cancer Council NSW**

## NIGERIA TAKEN OFF ENDEMIC LIST

The World Health Organization (WHO) has announced that it has officially removed Nigeria from the list of countries where polio is endemic. It's been 14 months since a case of polio caused by the wild virus was reported there.

That leaves only two countries, Afghanistan and Pakistan, where transmission of the virus has never been stopped.



# MEMBERS' PAGE

## October 2015

<b>Friday 9</b>	ARHF Hat Day — Shining a light on mental health
<b>Saturday 24</b>	Rotary's World Polio Day

## 2016 Conference 11—12 March 2016 in Canberra.



<http://conference2016.rotarydistrict9685.org.au/>

**Early Bird pricing applies until 30 November.**

### Advance Notice:

Primary School Citizenship Awards.  
Dates and times to be confirmed.  
*Please consider your availability.*

Mt Colah PS: Tuesday 1 December

Mt. Kuring Gai PS: Tuesday 8 December

Brooklyn PS: Wednesday 9 December

Cowan PS: Wednesday 9 December

Asquith PS: Thursday 10 December - 9.30am -10.55 am

Berowra PS: Thursday 10 December - 10.00am

Wideview PS: Friday 11 December - 10.00am

## Birthdays, Anniversaries and Congratulations.....

1 - 31 October

**Happy Birthday to: Stan Burge**  
(21/10);

**Happy Anniversary to: Albert and Ivy** (9/10)

**Happy Anniversary of Induction to: Nil**

**Bon Voyage: Rich Moore** — still travelling



### Message from Rich .....

We have done a lot of driving----some of it pretty exciting in the Alps, and have arrived this afternoon at the Riviera.

A bottle of wine while sitting on the balcony looking down the beach means we are having a Nice day.



From *Rotary Down Under* Issue 577 October 2015  
Cover  
Now available