



Kalori

The Bulletin of the Rotary Club of Berowra Inc.

Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.



Rotary Year 2015 – 2016

President Rotary International: K.R. "Ravi" Ravindran
 Governor Rotary District 9685: Gina Growden
 President Rotary Club of Berowra: Tom Borg
 Rotary International Theme for 2015 - 2016:
Be a gift to the world



Vol 39 No 06 — January and February 2016

Wednesday 27 January — Dinner Meeting

Wednesday 10 February — Dinner Meeting

Wednesday 24 February — Dinner Meeting

Rotary Grace

**For food,
 friendship
 and the opportunity to
 serve through Rotary,
 we give thanks.**



RI President K.R. "Ravi" Ravindran chose *Be a Gift to the World* as his theme for 2015-16. Ravindran urges Rotary members to give the gifts of time, talent, and knowledge to improve lives in communities across the globe.

"Through Rotary, we can take these gifts and make a genuine difference in the lives of others and in our world."

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Attendance Officer:

Please ring **Jan Childs** if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

Tel: 9456 1482



The Rotary Club of Berowra Inc.
 Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Berowra RSL Club, 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary
 Facebook: Rotary Club of Berowra
 Email: rotary@berowra.net
 Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

Rotary Year 2015—2016	
January 2016	
Wed 27	Dinner Meeting
February 2016	
Wed 10	Dinner Meeting
Wed 24	Dinner Meeting
March 2016	
Wed 9	Dinner Meeting
Wed 23	Dinner Meeting



Berowra Rotary makes a Pride of Workmanship Award to Berowra Postmaster Michael Parker

As Michael Parker was not able to be present at the POW Awards evening on 12 August 2015, Jan and Trevor surprised him later in the year when they arrived unexpectedly in the Berowra Post Office to present him with a Pride of Workmanship Award - recognising his friendly, helpful and efficient service to his grateful customers. Michael is a valued member of the Berowra community, devoting time to coaching/managing Junior and Senior Cricket teams.

Michael pictured with Trevor Bailey and Jan Childs.



Primary School Citizenship Awards 2015

Congratulations to all those who received Citizenship Awards! Berowra Rotary annually provides the citizenship award at the local state primary schools, and we were pleased to attend each of the presentation ceremonies for at the seven schools and to make the presentation to the awardee chosen by the school to receive the Berowra Rotary Citizenship Award, and to see all the wonderful achievements in our local schools.

We congratulate the following awardees 2015:

Asquith: **Hannah Harlow; Bojana Main**
 Berowra: **Dylan Carter; Tiana Plumridge**
 Brooklyn: **Ashleigh Barrett**
 Cowan: **Natasha Davis; Bill Davis**
 Mount Colah: **Hayley Winch**
 Mount Kuring-gai: **Sarah Greene**
 Wldeview: **Emma Warburton; Tessa Porter**

President: Tom Borg 0407 274 757

Club Administration: Allan Smith 0412 619 773

Projects Director: Jan Childs 9456 1482

**Public Relations: Peggy Sanders
0413 481 854**



RYLA 2016 — Sunday 10 January to Saturday 16 January 2016. RYLA is a week long residential programme which is designed to encourage leadership development for young leaders, and publicly recognises young adults who give their time and serve as leaders in the community.



Berowra Rotary is delighted to recognising one such local young adult:
Matt van Breugal.

We look forward to hearing about RYLA 2016 from Matt on his return from overseas.

Rotary
District 9685



Canberra Conference – Rotary District 9685

QUALITY SPEAKERS, AMAZING STORIES OF SERVICE AND ACHIEVEMENT!

Quality speakers and outstanding stories of service and achievement will be the highlight of the Rotary District 9685 Annual Conference planned for Canberra on March 11 and 12.

Rotary District 9685 stretches from the Blue Mountains to Gosford and back to the north western districts of Sydney. It is one of the largest and most successful Rotary Districts in Australia. District Governor Gina Growden chose the Canberra Convention Centre as the venue for her major event of the year because of the quality and pricing of the facility and nearby accommodation – compared to other major venues around NSW.

Always the innovator, Governor Gina has created a unique opportunity for Conference patrons in that weekend sessions will be confined to Friday evening and Saturday – with a free day to explore and shop in Canberra on Sunday!

Saturday evening will be a fun night at the Australian Institute of Sport in Canberra with Rotarians and partners dressing in special sporting theme costumes.

Another innovative feature of Governor Gina's planning is her invitation to the general public to attend the Conference to be informed, enlightened and entertained!

Interested members should go to the District Conference website – <http://conference.rotarydistrict9685.org.au> – for registration details and additional information. The list of outstanding speakers includes –

Dr Tim Sharp – one of Australia's outstanding academics. Tim has completed a B.Sc (Hons), a Masters degree in Clinical Psychology and a Ph.D., before working for many years as a clinical and academic psychologist. He has Sydney's largest clinical psychology practice, is an accomplished author and has featured in the prestigious Telstra Business Awards.

Dr Sam Prince – a 27 year old entrepreneur, medical doctor and philanthropist. Sam established a fresh Mex Grill franchise whilst studying medicine at the age of 21. He grew Zambrero to over 15 stores and counting – 170 staff and over \$10 million in revenue. Sam has set his will towards democratising healthcare and education for young people across Australia and the globe.

Rob Pennicott – proprietor of Bruny Island Cruises, Rob started his business career as a fisherman in the pristine waters of southern Tasmania. His business has expanded into a world class ecotourism experience which has won numerous state and national tourism and business awards. Rob has a passion for Rotary and the Polio eradication campaign and in 2011 he led a special expedition to drive two yellow dinghies around Australia and raise \$259,000 for Polio Plus!

Professor Greg Nelson – private Consultant Cardiologist, North Shore Cardiac Centre. Greg has been in Cardiology practice since 1984 and has been involved in development of the process of field triage for primary angioplasty in acute myocardial infarction. He helped establish the concept of the Regional Heart Attack Centre at Royal North Shore Hospital and has a strong interest in clinical research as the author of over 70 papers in peer reviewed journals.

Gemma Sissia – living proof that, with a passion to achieve and the support of Rotary – anything is possible in this world. Only daughter of a sheep farming Rotary family from Guyra, Gemma was educated as a teacher with copious first class and honours degrees, before she went off to follow her dream of working with poor children in East Africa. She met and married a young Tanzanian man and with a gift of land from her father in law – and ongoing support from Rotary clubs and volunteers in Australia - has built one of the most successful private schools in rural Africa – the School of St Jude. The school opened in 2002 with a handful of students to a stage where there is now 1,900 students across three campuses from primary through to full secondary classes. In 2012, Gemma was named one of The Australian Financial Review and Westpac's 100 Women of Influence in the Global category!

MEMBERS' PAGE

March 2016

Friday 11 and Saturday 12 District Conference "Game On" in Canberra

Saturday 19
9.00am to 12.00pm Donations in Kind

May 2016

Saturday 7 Mothers Day Plant Sale, Hunt Reserve, Mt Colah

June 2016

Saturday 4
9.00am to 12.00pm Donations in Kind

Congratulations to:

Mrs Monica Lorraine SAVILLE—for the Award of OAM
For service to the community, particularly through Rotary.



Fun and fellowship in support of District International projects

Information session and working bee Donations in Kind

Saturday 19 March 2016 9.00am to 12.00pm followed by a light lunch
Saturday 4 June 2016 9.00am to 12.00pm followed by a light lunch

Donations in Kind (DIK) is a program supported by Rotary Clubs in Australia which grew out of the compassion and concern of returning overseas volunteers. This **recycling, reuse and supply** program involves the collection, sorting, packing, dispatch and distribution of donated items to countries in need of these goods. A DIK project is often the most practical and cost effective way to help people in developing countries and it also provides excellent opportunities to help local communities.

Please note the working bee will require some physical exertion and participants are asked to wear suitable clothes and enclosed footwear as you will be in a warehouse environment.

Contact(s): Miriam Jacka 0450 110 336 or Alex Donaldson 0414 392 895
Address: 6 Colyton Road Minchinbury, Sydney

Birthdays, Anniversaries and Congratulations.....

26 January—29 February —
Happy Birthday to: Yvonne Borg (28/1); Lilah Redden (1/2)
Happy Anniversary to: Peggy Sanders (7/2); Allan Smith (12/2)
Happy Anniversary of Induction to: Nil
Welcome Back to: Kathy Ruhl visiting us again!



Thank you to all who made a contribution to the Berowra Christmas Night Market. Particular thanks are due to Peter Mudie for his tireless and creative assistance with the occasion. We were pleased to recognise his contribution at our Christmas party.

Thank you to Susan Hunter and all the Rotarians for attending the Primary School Awards events and making the school citizenship awards.

Thank you to Tom and Yvonne for hosting the Club's very enjoyable Christmas function.



Are you planning to attend the 2-16 District Conference in Canberra in March?

As of 26 January, Ian Arnold and I are the only two from the Club who have registered!

So please go to the Conference website to register:

<http://conference2016.rotarydistrict9685.org.au/>



The next Bulletin will be published for March 2016. Please submit your contributions to the Editor, Peggy Sanders, for the next Bulletin by Friday 26 February @ 5pm
psanders@ozemail.com.au

Have you saved used stamps to raise money for Rotary?

Have you sent them to:
PP Jan Polczynski PHF
PO Box 4197, Marayong 2148

