

Kalori

The Bulletin of the Rotary Club of Berowra Inc.

Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

Rotary Year 2015 – 2016

President Rotary International: K.R. "Ravi" Ravindran
 Governor Rotary District 9685: Gina Growden
 President Rotary Club of Berowra: Tom Borg
 Rotary International Theme for 2015 - 2016:
Be a gift to the world



Vol 39 No 08 — April 2016

Wednesday 13 April — Dinner Meeting

Wednesday 27 April — Dinner Meeting



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Attendance Officer:

For all meetings please contact **Jan Childs** if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

Tel: 9456 1482

Email: fjch@bigpond.com

Rotary Grace:

**For food, friendship
and the opportunity to serve
through Rotary,
we give thanks.**

The Rotary Club of Berowra Inc.
 Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Berowra RSL Club, 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary
 Facebook: Rotary Club of Berowra
 Email: rotary@berowra.net
 Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.



Rotary District 9685
annual

District Assembly
Saturday 16 April 2016
The Kings School
87-129 Pennant Hills Road
North Parramatta
9.00am (sharp) to 5.00pm
Registration from 8.00am

Off-street parking is available in the school grounds. Tea and coffee will be available on arrival. Morning tea and lunch will be provided during the day.

The purpose of the one-day Assembly is to prepare all incoming Rotary club leaders and their officers for their roles in the administration of their club.

An opening plenary session will be held for all participants followed by breakout sessions / workshops for each individual role.

It is essential that all Club Office holders in 2016-17 attend so that they learn about their role and the opportunities available to them to ensure they have a successful year. Each Club Officer attending must register individually; if for some reason he/she is unable to attend, another club member should attend in their place. The event is partner inclusive so please consider inviting your partner (they need to individually register too) to share the experience with you.

The District Assembly is a vital part of the preparation for the year ahead and all club office bearers are encouraged to attend.

Rotary Year 2015—2016

April 2016

1 April - 31 May

BowelCare Program

Wed 13

Dinner Meeting

Saturday 16
9am—5pm

District Assembly,
Kings School Parramatta

Wed 27

Dinner Meeting

May 2016

Saturday 7

Mothers Day Plant Sale

Wed 11

Dinner Meeting

Wed 25

Dinner Meeting

June 2016

Wed 8

Dinner Meeting

Wed 22

Dinner Meeting



Mothers Day Plant Sale 2016
Saturday 7 May
Hunt Reserve

President: Tom Borg 0407 274 757

Club Administration: Allan Smith 0412 619 773

Projects Director: Jan Childs 9456 1482

Public Relations: Peggy Sanders
0413 481 854

The next Bulletin will be published for May 2016. Please submit your contributions to the Editor, Peggy Sanders, by Monday 25 April @ 5pm
psanders@ozemail.com.au





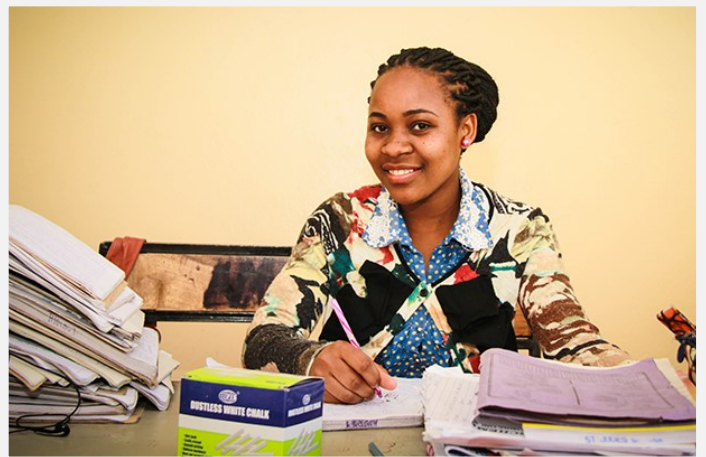
From the President

Hi Everyone, Well another **District Conference** has been and gone. Yvonne and I went down to Canberra very early on Saturday morning, while Peggy and Ian had arrived the evening before. Arriving a little after the start we missed the District Community Service Chair, Terry Davies, commencing his wrap up by featuring Berowra and the good work we are doing with our Plant Sales! Top Billing ... "GO BEROWRA".



As usual, the District Conference in Canberra had many very interesting and inspiring speakers who were able to project a lot of good things happening around the world in Rotary. One example is the success of the work of Gemma Sisia, who we have been following for some years now. Gemma started The School of St Jude in the East African country of Uganda back in 2002 teaching impoverished children. Commencing with a handful of students she has built it up to this amazing school/college of almost two thousand students, across three campuses, with some boarding facilities as well. A number of those very early students have now graduated and are teaching poor children in state schools during their Community Service Year—the year between their school graduation and commencing at University.

One of those early students, Dorice, (*pictured right*) spoke so confidently at the Conference about her schooling at St Jude's and particularly about her teaching role in this year before she heads off to University. It was easy to see the fantastic level of education given when you listen to her speak. The School is now one of the top schools in Uganda and still takes only the children of poor families. A number of those ex-students are now working as voluntary teachers in the public education system of Uganda and making a huge difference to the standard education of poorer families and their children. Next year Dorice hopes to study medicine, a profession desperately needed in a country that has one of the worst doctor shortages in the world (1 physician per 100,000 people). "Here in Tanzania there are very few doctors," she said. "I want to be a gynaecologist because there are very few and there are lots of women's diseases that are not addressed."



Dorice pictured in her role as a volunteer teacher in a government school



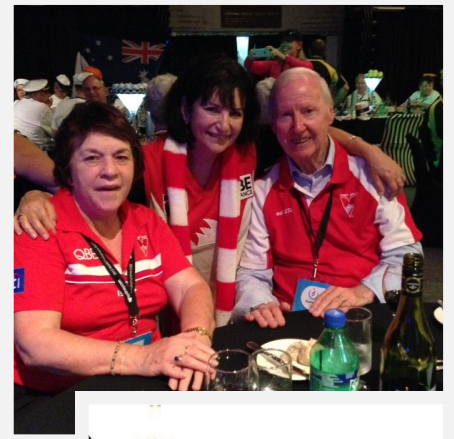
Gemma is a Paul Harris Fellow and a great advocate for Rotary. Rotary (and many individual Rotarians) was there at the early stages helping build the first school (*above right*). Gemma makes

an annual trip back to Australia in which she always has a busy schedule of meeting with Rotary Clubs and Rotarians. **This is just one of the many examples of great achievements around the globe created by Rotarians who are ordinary people like us, dedicated to making a better world for all.**



President Tom's Report Continued

The Saturday evening social was a great hit with all the Rotarians there, it was under the theme of GAME ON and we all dressed in our best sporting gear. Thanks to Peggy and Ian, as well as Peggy's family for supporting us with matching Swans football guernseys we were able to look more like players rather than spectators. The night was fantastic with good food, great live music and entertainment, we all got up to dance and enjoy the night.



As usual, the District Rotary 2016

Vocational Excellence Awards inspired with the recognition of the dedication of the following three to their profession: **Anthea Hammon** - Director, Hammon Holdings Pty Ltd; **Chris Rehn** - Chief Executive, Royal Institute for Deaf and Blind Children; and **Dr Sandra Meihubers** - Dental Public Health Consultant. To check this out go to <http://rotarydistrict9685.org.au/SitePage/honour-board>



Coming up on Saturday 16 April is our **District Assembly** at The King's School at North Parramatta, (see page 2). Yvonne and I will be away in Torquay, Victoria so I cannot attend, but I do want as many as possible to attend, and someone attending the Presidents' session to collect any booklets and other information. Individual Registration is essential – register on line. Peggy has distributed an email to each member with all the information. Please check it out. These are important sessions as they help guide the future of Rotary.



We are already getting close to our **Mothers Day Plant Sale** and we have been busy creating new banners to advertise the Plant Sale. Thanks to Carolyn for organising these for us.

We are now starting our annual **BowelCare** programme— which runs from 1 April— 31 May 2016. I have picked up all the kits and I am in the process of distributing them to all our participating Pharmacies. I know I don't need to tell you how important the BowelCare programme is and how many lives it can



save, I strongly urge all those over 40 to buy a kit and use it, as well as tell all those you know over 40 to purchase a kit if they have not done so.

For the invitation for our involvement in Berowra **ANZAC Day** Service see page 5.



I am very pleased that we have been able to purchase another **ShelterBox**—especially at this time when another disaster has hit in our area in nearby Fiji.



Don't forget our first **Social Night** for the year being held at our place (41 *Barnetts Road, Berowra Heights*) on Saturday 9 April. This is the Champagne and Prawn Night. We are looking

forward to a fun night with all guests being asked to bring in their baby photos and happy snaps from days gone by. We might have a competition happening so it might be best to bring some change!! I have also invited the Presidents of Waitara and Hornsby Clubs as guests, as it is a good way to socialise with our local Clubs. All are welcome. as are your guests, just let me know on 0407274757. Many thanks to my wife, Yvonne, for organising our social events. Hope to see you all there on the night. Please check with Yvonne re catering. Yvonne and I will provide champagne and we will buy chicken and prawns. To help out it would be appreciated if someone could bring some nibbles please.

Tom Borg, President 2015 – 2016



MEMBERS' PAGE

April 2016

From 1 April

BowelCare

Saturday 9

Champagne, Chicken and Prawn Night @ home of President Tom and Yvonne

Monday 25

ANZAC Day (see details below)

May 2016

Saturday 7

Mothers Day Plant Sale, Hunt Reserve, Mt Colah

June 2016

Saturday 4

9.00am to 12.00pm

Donations in Kind

September 2016

Saturday 3

Fathers Day Spring Plant Sale, Hunt Reserve, Mt Colah

Birthdays, Anniversaries and Congratulations.....

1 April — 30 April

Happy Birthday to:

Alice Lovegrove (26/4)

Happy Anniversary to: Nil

Happy Anniversary of Induction to: Shane Fitzsimmons (8/4); Allan Smith (27/4)



Gosford City Rotary Club will be holding the "Toast the Coast" Food and Wine Festival on the Central Coast on Saturday 2nd April at The Entertainment Grounds Gosford.

<http://www.rotarydistrict9685.org.au/Stories/toast-the-coast-food-and-wine-festival>

ANZAC DAY 2016

Members of the Rotary Club of Berowra are invited to attend the Anzac Day March and Service at the Berowra Memorial on Anzac Day, Monday 25 April 2016 commencing at 7.15am.

Form up at the old netball court on the western side of Berowra Oval. Marchers to be ready to move off at 7.30am, proceed to the Memorial for the Anzac Service at the Community Centre.



Banner/flag to be displayed and there will be the opportunity for floral tributes.

Following the Service a "Gun-Fire" breakfast will be served at the Berowra RSL Club.

Cost: gold coin donation, proceeds to charity.

Our thanks to Tom for leading from the front throwing himself into all the activities of the Club, very much supported and aided by Yvonne!

He has even agreed to take on another year as President.

Here he is throwing himself into the dancing at the Australian Institute of Sport in Canberra.

We love you Tom!



It was nice to have Kathy visiting recently—she has now returned home to Chicago to feature in her local theatrical production of *The Realization of Emily Linder*

Featuring Redtwist company member **Kathleen Ruhl** in the title role of *Emily*

..... This quirky, comedic drama revolves around *Emily*, a 70-ish widow, who says she's had a premonition about her own death.

She gathers her two very different, grown daughters to prepare all the details. A caregiver, with an objective viewpoint, joins this dysfunctional family and focuses on getting to the bottom of *Emily's* peculiar vision.

We hope it goes well Kathy—and all that all that learning of lines while in Berowra has paid off!!!

redtwist theatre
Apr 9 - May 8, 2016
www.redtwist.org

Previews: \$15
Apr 6-8, 7:30pm

A Chicago Premiere

The Realization of Emily Linder

by **Richard Strand**

Directed by **Hans Fleischmann**



MEMBERS' PAGE CONT



District 9685

The Rotary Club of St Ives invites you to a viewing of...



An innovative feature film by Academy Award nominated director, Richard E. Robbins

Friday 22 April 2016

at 7.30 pm

Rhodes Theatre, Barker College (entry via The Avenue)

Special thanks to our major sponsors – Barker College

Admission is \$15 per person - TRYBOOKING

<http://www.trybooking.com/KSBQ> or <http://www.trybooking.com/187970>

All proceeds go to “Room to Read” See the Room to Read website for more details: www.roomtoread.org or <https://www.youtube.com/watch?v=qNhLgn1VsG4>



GIRL RISING spotlights the stories of nine unforgettable girls born into unforgiving circumstances. It shows how their lives transform despite their birth circumstances. The powerful message of this movie re-inforces the global campaign to educate and empower girls through change – change for one girl at a time. Official trailer for ‘Girl Rising’: <http://youtube.com/BJsvkiXhYaE>



Rotarians, families and friends are invited to this special viewing of the film ‘Girl Rising’ All proceeds raise funds for “Room to Read” which focuses on literacy and gender equality in education for children in low income countries in Asia and Africa by building and resourcing schools and libraries.

See also the animation by **Josh Lorschy, Girl Rising Ambassador** who will speak on the night: <https://www.youtube.com/watch?v=cpyA9gKmBTU&feature=share>

For more information and bookings contact:

Peter Lorschy – Rotary Club of St Ives at peterlorschy12@bigpond.com or 0402768794

Lyn Davies – Women in Rotary, District 9685 at davieslyn@msn.com or 0429951068