

# Kalori

## The Bulletin of the Rotary Club of Berowra Inc.

*Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.*



### Rotary Year 2015 – 2016

President Rotary International: K.R. "Ravi" Ravindran  
 Governor Rotary District 9685: Gina Growden  
 President Rotary Club of Berowra: Tom Borg  
 Rotary International Theme for 2015 - 2016:  
*Be a gift to the world*



Vol 39 No 09 — May 2016

Wednesday 11 May — Dinner Meeting

Wednesday 25 May — Social Night

# Rotary



**Berowra Rotary  
MOTHERS DAY PLANT SALE**

**Saturday 7 May 2016  
8.30am - 4.00pm**

HUNT RESERVE  
 cnr PACIFIC HIGHWAY and BERYL AVENUE  
 MOUNT COLAH

Chrysanthemums, Sasanqua Camellias, Azaleas,  
 Cottage Garden Perennials,  
 Hanging Baskets, Assorted Shrubs and Natives,  
 Vegetable Seedlings.

Suitable for gifts and for freshening up the garden.

ENJOY A SAUSAGE SIZZLE AS YOU BROWSE  
 All proceeds HELP US HELP OTHERS



#### Attendance Officer

For all meetings please contact **Jan Childs** if you are unable to attend a meeting, you will be bringing a guest, or if you would like to be a visitor at meeting.

Tel: 9456 1482

Email: [fjch@bigpond.com](mailto:fjch@bigpond.com)

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**Rotary Grace:**  
**For food, friendship  
 and the opportunity to  
 serve through Rotary,  
 we give thanks.**

The Rotary Club of Berowra Inc.  
 Chartered 10 May 1977 First Meeting 25 May 1977  
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm  
 Berowra RSL Club, 997 Pacific Highway, Berowra NSW  
 Website: [www.berowra.net/rotary](http://www.berowra.net/rotary)  
 Facebook: Rotary Club of Berowra  
 Email: [rotary@berowra.net](mailto:rotary@berowra.net)  
 Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at the Berowra RSL Club at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

## Rotary Year 2015—2016

1 April - 31 May	BowelCare Program
<b>May 2016</b>	<b>Berowra Rotary Anniversary</b>
Saturday 7	Mothers Day Plant Sale
Wed 11	Dinner Meeting
Wed 25	Social Night @ Hornsby RSL (p. 5)
<b>June 2016</b>	
Wed 8	Dinner Meeting
Wed 22	Dinner Meeting
<b>July 2016</b>	
Wed 13	Dinner Meeting
Wed 27	Dinner Meeting



## Mothers Day Plant Sale 2016 Saturday 7 May Hunt Reserve

President: Tom Borg 0407 274 757  
Club Administration: Allan Smith 0412 619 773  
Projects Director: Jan Childs 9456 1482  
Public Relations: Peggy Sanders  
0413 481 854



Rotary District 9685  
Annual  
**District Assembly**  
Saturday 16 April 2016

If you want to know what went on at District Assembly 2016, or follow up, or find out more for your directorship it's all on the website at:

<http://rotarydistrict9685.org.au/SitePage/district-assembly>

## Report from PP Jan Childs PHF

**Group Session:** DGE Bruce Lakin: no frills, down to earth and brief! Encouraged inclusion of Aboriginal Culture in our programs - interaction, which may identify areas which need help.

Presentation by Kerrie Kenton: an artist and dancer and more, confronting stories of poor treatment in the past and present. Definition of an Aboriginal likened to a cup of tea "No matter how much milk, it is still a CUP of TEA!"

Rotary Foundation: Began with a donation of \$26(pounds/dollars). Celebrating 100 years with a "Million Dollar" Dinner in November - or smaller versions. PDG Monica Saville: is encouraging us all to bequeath. Polio Plus: only present in Afghanistan and Pakistan, 28 cases reported in 2015.

## YOUTH: (morning session)

- Rotaractors encouraged to join a Rotary Club - with special arrangements to be considered.
- RYPEN: Apple Symbol - the 'first bite of Rotary'. Summer Camp - Red apple (Narrabeen); Winter Camp - Green apple (Blue Mts.). For students (not the best) 14 to 16 years of age, in Years 8 to 10. Two students per Club a boy and a girl. From Friday 11am. To Sunday after lunch, parents invited to join in and take home. Parents to be involved with transport and part payment.

Cont on page 4

The next Bulletin will be published for June 2016. Please submit your contributions to the Editor, Peggy Sanders, by Friday 27 May @ 5pm [psanders@ozemail.com.au](mailto:psanders@ozemail.com.au)





### **From the President .....**

Hi Everyone, Well we are now in May and that means that we are now in **Mother's Day Plant Sale** mode. We have now received our new banners and Richard, Trevor and I have got them all up, ready for the day. A special thank you to Carolyn Higgs for organising the banners for us and making sure that they arrived on time. Also special thanks to Peggy Sanders for developing the flyers, they look fantastic! Thanks to Jan Childs for organising the Hornsby Shire Council BBQ Trailer – that wasn't easy as there was a mountain of paperwork that she had to read through and



sign off. Jan has also organised some outside help from friends of Rotary but we are always looking for extra help on the day. If anyone is available, or you can organise some additional assistance, please contact Jan Childs. Also please 'like' the flyer on our 'Rotary Club of Berowra' facebook, and also on the 'Berowra Community' facebook.

Thank you to all those who attended **District Assembly** on Saturday 16 April at the Kings School. Unfortunately I could not attend as Yvonne and I were in Torquay in Victoria visiting relatives at the time, but I understand that the day went well and the speakers were, as usual, very good. Report included in this Bulletin. (See pages 1 and 4)

On Monday 4 April Jeanette Bakker and I attended the **Pride of Workmanship** Awards Night hosted by the **Hornsby** Rotary Club at Asquith Golf Club and it was a very enjoyable night. The guest speaker was Brian Wexham who is Chief Executive Officer of SkillsOne TV, which is an online and Foxtel Television series for young people interested in doing the various TAFE courses that are available. "SkillsOne works with Industry, Educators, Government and TAFE to engage and promote the extensive career opportunities and pathways in traditional trades and emerging skills areas ranging from automotive, construction & mining; through to hairdressing, healthcare and horticulture..... The primary aim has been to create a skills community. Inherently online content includes the key elements of lifestyle, career opportunities, positive attitudes and job satisfaction reflected through individuals sharing their experiences, skills, stories and wisdom." <http://www.skillsone.com.au/about/>

I would like to thank my wife, Yvonne, for organising yet another great social event which was held at our place. The **'Prawn and Champagne Night'** went over very well and a great time was had by all. Friends and members of surrounding Clubs were also there to enjoy the evening. (See page 5)

Yvonne has already organised the **next social event** at the new Courtyard Bistro at Hornsby RSL Club for Wednesday 25 May replacing a Dinner Meeting. I will again invite the surrounding Clubs to join us. (See page 5)

At the end of April (Friday 22) Yvonne and Peggy organised the 'Rotary Ladies' to see the movie **'Girl Rising'** at an evening hosted by the Rotary Club of St Ives. Girl Rising is a very eye opening look at the plight of young girls in some part of the world, and the power of education to help them change their situation. It tells the stories of nine girls from developing countries showing them overcoming great obstacles to obtain an education and change their fates. St. Ives Rotary raised \$1450.00 from the night which will be donated to "Room to Read" a non-profit organisation for improving literacy and gender equality in education in the developing world.



Also at the end of April, on Monday 25, our Club was represented at the local **Anzac Day March** (see page 4). Also a thank you to Allan Smith, a Past President of the Club and a Paul Harris Fellow, who will speak to us at the meeting of 27 April on the **Korean War and National Service**. I have, through their Presidents, invited members of the surrounding clubs to attend.

**Cont on page 4**

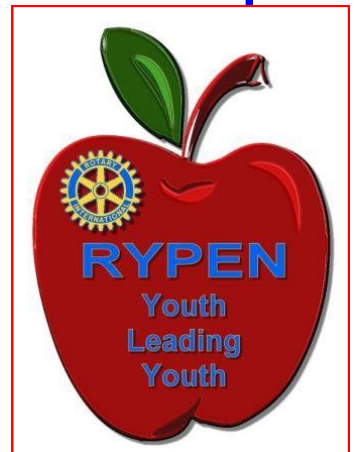
*Berowra Rotary Women @ the showing of 'Girl Rising' - a pleasant and informative night — we all agree 'we are truly lucky in this country!!'*

### **President Tom's Report Continued**

Coming up in June is the **RYPEN Youth Camp**, and I suggest that we should be looking for suitable candidates from our local High Schools. There will be two camps run by our District, one at Narrabeen and one in the Blue Mountains. We have had a request from our Assistant DG Savaraj to help in supplying notebooks for use by the RYPEN Students. These notebooks do not need to be new, even if they have old dates on them, they are only needed as writing pads for the students. If anyone can help in this, please let me know.

Also, while on the subject of youth, I have received an email from the NSW Office of the Children's Guardian to ensure that all our members are up to date with their **'Working with Children Check'**, and the Club has its Protection Policies in place. We cannot be involved in activities such as RYLA, RYPEN, and MUNA without these policies being in place.

We've been invited to the Lions Club Op Shop 10 year Anniversary Dinner (*see page 6*).  
**Tom Borg, President 2015 – 2016**



### **ANZAC DAY 2016**

Members of the Rotary Club of Berowra participated in the Anzac Day March and Service at the Berowra Memorial on Anzac Day, Monday 25 April 2016 .

Berowra Rotary was represented by President Tom Borg (who laid the wreath); Rich Moore; Jeanette Bakker; RYLarian Justin Bakker (in Rover uniform); Frank Childs; Jan Childs.



Our presence was recognised by RFS Commissioner Shane Fitzsimmons and local Member Matt Kean. The President of Berowra Sub Branch acknowledged Philip Ruddock's distinguished service to Australia, and in particular the Berowra Electorate for such a long time. Phillip respond — very simply "it was a difficult decision, but being given the chance to continue to serve in an interesting new role has helped." He introduced the endorsed new Liberal Candidate, Julian Leaser who was sitting with him.

The RSL Club and Sub Branch members did a brilliant job serving a substantial breakfast for 250 plus people.  
**Jan Childs**

***Our thanks to Jan for making our wreath again this year, and Jeanette for contributing some of the chrysanthemums, from last years plant sale!***

***BowelCare continues to the end of May.***

***Kits on sale at the local pharmacies for \$15.***

### **District Assembly Report continued from page 2**

- Science and Engineering Challenge: Receipt of a grant will enable this to continue for another year at more locations. Best for Berowra is Olympic Park for 4 days - \$15 per student (they pay). Rotary /Probus volunteers always needed - an interesting day. Years 9 & 10. School teams. Dates are still to be confirmed.
- Science Experience (previously Siemens). 3 - 4 day program. Years 9 & 10.

**WE MUST RE-CONNECT with ASQUITH BOYS and GIRLS High Schools!**

### **COMMUNITY SERVICE:** (afternoon session)

An Aboriginal Speaker: "Closing the Gap" included similar stories as morning. He is a Departmental Employee and can assist in various areas and access to relevant personnel, eg Guest Speaker.

**Risk Management:** Must be assessed for any Project undertaken "RISK RANKING TABLE" No Insurance Cover unless the activity is tabled in the Minutes and the Risk Management strategies are in place.

**Jan Childs, PP PHF**



# MEMBERS' PAGE

## Next Berowra Rotary Social Event

Our next social night will be on a Wednesday 25 May 6.30pm at Hornsby RSL in the new Courtyard Bistro.

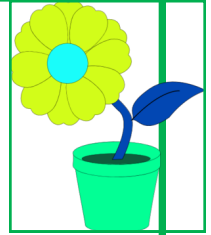
Tom will be extending the invitation to surrounding Rotary Clubs as well. Should be a good night with a new crowd.

**Yvonne Borg**



## Mothers Day Plant Sale

The new banners have arrived. They are bright, clear and concise - small and easier to handle. Most have been hung, thanks to President Tom and PPs Trevor and Rich.



We will have native plants from a new supplier (thanks to Patrick Modde, Valley View) to replace Princeton Nursery, which has been sold. We will miss the valuable help from Richard and Greg Miles. Berowra Orchid Society will be present.

### Saturday 7 May

- 6.30am** - erection of the marquee
  - 7.00am** - plants to be unloaded on arrival, tables and equipment in place, price signs, hanging basket frame, BBQ Van set up, signs & bunting
  - 8.30am** - sales begin and continue all day
- We will need helpers all day on the desk, advice, sales assistants, carry plants to cars etc. Extra helpers needed for this very busy time
- 4.00pm** - end of sales, pack up and load unsold plants; dismantle marquee and pack all equipment

We must leave Hunt Reserve spotless after a pleasant day of fellowship, while enabling us To Help Others

**Jan Childs, PP PHF**



## Glen Street Theatre

'Senior Moments' at Glen Street Theatre. Fun for all ages! Great cast, including Penny Cook, Lex Marinos and Benita Collings, with Geoff Harvey on piano. Great fun. Here are the websites for more information:

Show website: <http://www.seniormomentsshow.com.au/>  
Glen St Website: <http://www.glenstreet.com.au/whats/senior-moments>

### Playing from 26 May

Thurs 11am,  
Thurs – Sat  
8pm,  
Sat 2pm & Sun  
5pm  
Extra shows may be released.

**Tickets:  
\$59 - \$47**



*Snaps from the recent Social Night*



# MEMBERS' PAGE

<b>From 1 April</b>	BowelCare
<b><u>May 2016</u></b>	
<b>Saturday 7</b>	Mothers Day Plant Sale, Hunt Reserve, Mt Colah
<b>Saturday 21</b>	Presidents' Meeting and Award Presentation Night
<b>Saturday 21</b>	Lions Op Shop 10 Year Anniversary Dinner
<b>Wednesday 25</b>	Social Night @ Hornsby RSL
<b><u>June 2016</u></b>	
<b>Saturday 4</b> 9.00am to 12.00pm	Donations in Kind
<b><u>August 2016</u></b>	
<b>Sunday 14</b>	Berowra Woodchop
<b>Friday 26</b>	Daffodil Day
<b><u>September 2016</u></b>	
<b>Saturday 3</b>	Fathers Day Spring Plant Sale, Hunt Reserve, Mt Colah

## Birthdays, Anniversaries and Congratulations.....

A belated 'Happy Birthday' to Carolyn Higgs—24 April 2016

**Happy Anniversary to Berowra Rotary May 1977**

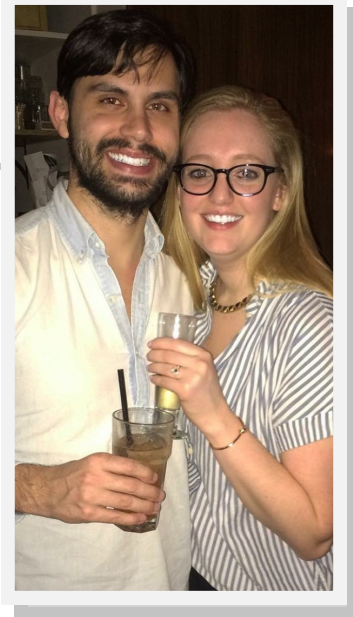
**1 May — 31 May**

**Happy Birthday to:** Ivy Van Huissteden (6/5)

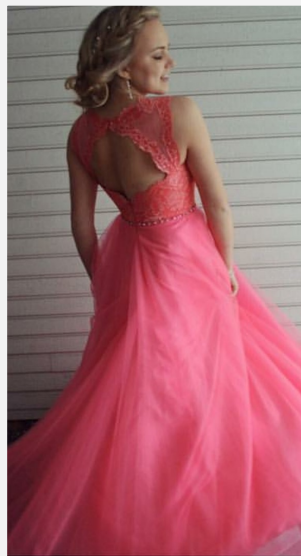
**Happy Anniversary to:** Nil

**Happy Anniversary of Induction to:** CM Stan Burge and CM Albert Van Huissteden (25/5/77)

**Congratulations to:** Our 2007/8 Exchange Student Maggie Hoercher on her engagement to Patrick.



Left: Our most recent Exchange Student Iida-Lotta Mattila ready for her Formal!!!



# 10 years \$550,000

donated to

## 124 organisations

# YES!

It's the



## Lions Club of Berowra's

# Op Shop

Come and help us celebrate this momentous occasion at two events at the Berowra District Hall

- 1. Anniversary Dinner**  
Saturday 21st May 2016  
7.00pm ~ midnight  
\$33.00 per person - 18+
- 2. Pop-Up Op Shop & more . . .**  
Sunday 22nd May 2016  
10.00am ~ 3.00pm  
Free entry for all the family



**Berowra Rotary warmly congratulates Berowra Lions on this wonderful achievement and their community service.**

Lions President, Sue Booth, writes:

*Hi Tom, I would like to invite you and your Rotarians to our anniversary dinner. It is being held at the Berowra District Hall, and the cost is \$33 per head, see details left. It would be lovely to have all the service clubs represented, as we all work towards the same end. Details and ticket sales are on our web page, and tickets can also be purchased at the op shop. I hope to see you there! Sue*

**More information at  
[www.berowralions.org.au](http://www.berowralions.org.au)**