



Kalori

The Bulletin of the Rotary Club of Berowra Inc.

Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.



Rotary Year 2017 – 2018
 President Rotary International: Ian H.S. Riseley
 Governor Rotary District 9685: Peter Ward
 President Rotary Club of Berowra: Tom Borg; *Richard Moore and Trevor Bailey*
 Rotary International Theme for 2017 - 2018:
Rotary: Making A Difference



Vol 41 No 08 — March 2018

Wednesday 14 — Joe Tokic, Railway Signalling: Then and Now and District Conference Report

Wednesday 28 — Lynne Acworth, Catherine Hamlin Fistula Foundation



Attendance Officer
 Please contact
Jan Childs

 Tel: 9456 1482

Rotary Grace

For food, friendship and the opportunity to serve through Rotary, we give thanks.

District 9685 Conference
 10th and 11th March 2018
 Leura, Blue Mountains

Great Guest Speakers

<p>Dr Gill Hicks as risa Shane Fitzsimmons Jeremy Carter Prof James Arvanitakis</p>	<p>Survivor of the London Terrorist Bombings Rural Fire Service Commissioner Leadership, Team Building, Communication Western Sydney University</p>
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Time to have some fun
 Enjoy great food and wine.
 Catch up with your fellow Rotarians.
 And to keep things rolling along will be MC David Bacon.

<p>Come and Meet IPRIP John Germ and his wife Judy who will be attending the conference</p>	<p>Patrons Dining will be the local top 'on' 'the off' bus See and shop as much or as little as you like</p>
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Saturday Dinner
 With the Turtle Search Big Band
 Come and dress up and decorate your tables with as many bright vivid colours as you can: mustard, orange, yellow, purple, lime green - anything bright and "happy".

For more information and to register please visit:
conference2018.rotarydistrict9685.org.au

Inside this Bulletin	
Programme of the Club Bulletin contributions Joe Tokic Lynne Acworth	P 2
President's Report	P 3
Science and Engineering Challenge 2018 BowelCare Mothers Day Plant Sale	P 4
Members Dates Birthdays, Anniversaries Speaker contributions District Assembly Hornsby Connect	P 5

The Rotary Club of Berowra Inc.
 Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary
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PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.

Details of the meetings and guest speakers are listed. Please call one of the members of the Rotary Club listed below, or just turn up.

Rotary Year 2017—2018	
March 2018	
Wed 14	Joe Tokic: Railway Signalling—Then and Now District Conference Reports
Wed 28	Lynne Acworth: Catherine Hamlin Fistula Foundation
April 2018	
Wed 11	Dinner Meeting
Wed 25	ANZAC DAY—no meeting
May 2018	
Wed 9	Dinner Meeting
Wed 23	Dinner Meeting



Dr Catherine Hamlin

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The next Bulletin will be published for April 2018. Please submit your contributions to the Editor, Peggy Sanders, by Friday 30 March 2018 @ 5pm psanders@ozemail.com.au



Wednesday 14 March

Dinner Meeting

**Guest Speaker: Joe Tokic
Railway Signalling: Then and
Now
and**

District Conference Reports

The District Conference will be held Saturday and Sunday 10-11 March 2018 at Fairmont Resort, Leura.

**President Trevor; PP Tom and Yvonne;
PP Peggy; Rotarian Jeanette; and
Rotarian Jean –Philippe**

will be attending the District Conference and will give you a taste of their highlights on their return.

Hon Member of our Club Rural Fire Services Commissioner Shane Fitzsimmons is a guest speaker at the Conference.

Wednesday 28 March

Dinner Meeting

**Guest Speaker: Lynne Acworth
Catherine Hamlin Fistula
Foundation**



Founded by Sydney trained Drs Catherine and Reg Hamlin in 1974, the Foundation is dedicated to the treatment and prevention of a childbirth injury called obstetric fistula. From humble beginnings, the organisation has grown into a network of 550 staff servicing six hospitals, a rehabilitation centre and very importantly the Hamlin College of Midwives.

Our speakers are passionate and very keen to shine a light on the amazing work of Catherine through the changing political landscapes in Ethiopia over the last 40 years.

There will also be items from the Turrumurra gift shop, including Fairtrade gifts from Africa.

For more information, visit hamlin.org.au.

President's Report

Well, as our intrepid President Rich Moore heads off overseas on another one of his journeys of discovery, the Club is left with me to round the year off. It won't be long now when we can look forward to PP Peggy's year, 2018—2019.



Last meeting we had the pleasure of hearing all about our recent RYLA candidate Natasha Barrow's RYLA experience. Natasha (Tash) was accompanied by her friend Ginney Renauld and also we had our 2016 RYLA candidate Matt van Breugel. As we always find with our RYLA candidates, Tash enjoyed the experience, and was able to identify areas in which she has already grown, and areas which she will be able to take into her professional and volunteering life ahead.



It was also great to have our newish member Jean- Philippe and our newest member Pat with us as full members. They both look as though they are part of the furniture already.

Our next meeting (14 March) we will be hearing from Joseph Tokic speaking on railway signalling then and now.



Joe is a project manager with State Rail and has been with the railways for 21 years. He won't be representing the railways, just himself. I know I am a railway buff, but I think everyone will find this interesting — after all we all use trains.

Catherine Hamlin
Fistula Foundation



On the 28 March we look forward to welcoming Lynne Acworth from The Catherine Hamlin Fistula Foundation speaking on childbirth injury called Obstetric Fistula.

As always visitors are welcome at our meetings. If you wish to bring a visitor, either to hear a speaker, or as a prospective member—remember to let Jan know.

On Wednesday 21 March there is a Board meeting at PP/PE Peggy's home at 7.30pm. Everyone is welcome as most of the Club is on the Board. It would be good to plan forward as we are heading towards the end of this year, and the beginning of the next.

Several of us, will be attending the District Conference over the weekend Saturday 10 and Sunday 11 March, and will report back at the next meeting.

In the last Bulletin PP Rich mentioned a donation of \$500 for the PCYC Hub, I am happy to say that this has now been processed, and we are pleased to be part of the provision of this facility.

Trevor Bailey, President, March—June, 2018



VOLUNTEERS NEEDED

Rotarians across Sydney are needed to support this exciting youth program. Year 10 students compete in teams to solve science and engineering puzzles. Your role would be to supervise them as they work. A science/technology background is useful but not vital. More important is a willingness to engage with intelligent and highly motivated students.



Challenges this year are at:

- *Sydney Olympic Park: 19-23 March*
- *Blue Mountains Grammar, Wentworth Falls: 4 May*
- *Galstaun College, Ingleside: 8 May.*

If you are interested in being involved email PP David Ellyard on david@davidellyard.com or text to 0402243300.

*Members of this Club have been involved over many years. **Please discuss with Jan Childs.** Frank and Jan should be able to go to Sydney Olympic Park on 22 March and also Ingleside on 8 May, 2018.*

MORE VOLUNTEERS REQUIRED.



Each year, the Berowra Rotary participates in the **BowelCare Program** aimed at the early detection of bowel cancer. BowelCare is a not-for-profit Rotary community service which commenced in 1990 with the view of providing the general public in Rotary District 9680 (now 9685) with an affordable **annual bowel screening program**. After 25 years of service in the

community, BowelCare has introduced a new bowel screening test kit.

The inexpensive home test kits are on sale at local pharmacies.

Object of BowelCare:

1. Increase community awareness of the nature of bowel cancer and the importance of bowel screening for both men and women over 40.
2. Earlier detection of potential or actual bowel cancer.

Program Dates: **1st April 2018 to 31st May 2018** (8 weeks)

Cost of Kit: BowelCare kits will be sold for \$15.00 each. This price covers pathology testing and notification of results to both the participant and their nominated Doctor.



Mothers Day Plant Sale

Saturday 12 May 2018

Hunt Reserve.

MEMBERS' PAGE

March 2018	
Sat 10 Sun 11	District Conference—Fairmont Resort, Leura
19 – 23 8am—2.30pm	Science and Engineering Challenge, Sydney Olympic Park
Wed 21 7.30pm	Board Meeting Peggy's Home
April 2018	
Sat 7 8am—4.30	Presidents Elect Training Seminar
Sun 29 8am—4.00	District Assembly Kings School
May 2018	
Tues 8 8am—2.30pm	Science and Engineering Challenge, Galstaun College, Ingleside
Sat 12	Mothers Day Plant Sale
Sat 26	District Presidents Meeting and Awards, Hornsby RSL
June 2018	
July 2018	
Sat 7 6pm—11pm	District Changeover TBA

Birthdays, Anniversaries and Congratulations.....

1—31 March

Happy Birthday to: Albert Van Huissteden (11/3); Hugh Thomas (16/3); Trevor Bailey (29/3);

Happy Anniversary to: Jeanette and John Bakker (30/3);

Happy Anniversary of Induction to: Jan Childs (8/3); Tom Borg (14/3):

Bon Voyage to: Rich Moore—hoping he and Kathy have great travels



Guest Speakers for 2018

Who would you like to see as a Guest Speaker at one of our Dinner Meetings?
Please give it some thought and let Trevor Bailey know.
He is putting together a program.

Editor



DISTRICT ASSEMBLY

2018-19 Board Members, please be aware of the following 2018-19 District training:

District Assembly
Sunday 29 April 2018
The Kings School
Pennant Hills Road, Parramatta

It will begin with registrations at 8.30am and formal start at 9.00am, finishing at 4.30pm.

The training content will be informative and entertaining.
It is a Rotary International requirement that each club is represented at PETS and District Assembly.

REGISTRATIONS CLOSE ON 24 APRIL - [PLEASE REGISTER ASAP](#)



“A hand up for people in need!”

Venue: Hornsby Youth & Family Community Centre corner Muriel & Burdett Streets, Hornsby
(entry via Burdett Street gate)
New hours: Every Wednesday between 2 – 3.30pm