



Kalori: The Bulletin of Rotary Berowra



Rotary Year 2018 – 2019

President Rotary International: Barry Rassin
 Governor Rotary District 9685: Susan Wakefield OAM
 President Rotary Club of Berowra: Peggy Sanders
 Rotary International Theme for 2018 - 2019:
Be the Inspiration



Vol 42 No 1 — July 2018

Wednesday 11 — Changeover Dinner: District Governor Susan Wakefield OAM

Wednesday 25 — Dinner Meeting: Mary Kendall



RI President Barry Rassin's theme for 2018-19, *Be the Inspiration*, asks Rotarians to inspire change in the world and in each other.
"I ask all of you to Be the Inspiration to help Rotary move from reaction to action — to take a hard look at the environmental issues that affect health and welfare around the world and do what we can to help."

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The Rotary Club of Berowra Inc.

Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary Facebook: Rotary Club of Berowra
 Email: rotary@berowra.net Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the Meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

Rotary Year 2018—2019

July 2018

Wed 11 Berowra Rotary Changeover Dinner
DG Susan Wakefield OAM

Wed 25 Dinner Meeting—Mary Kendall

August 2018

Wed 8 Dinner Meeting—Official Visit of DG Susan

Sun 12 Berowra Apex Woodchop Festival
Village Tavern Carpark

Wed 22 Dinner Meeting—David McMonnies
Bushfire Code & Bushfire Hazard
Reduction

September 2018

Sat 1 Fathers Day Spring Plant Sale

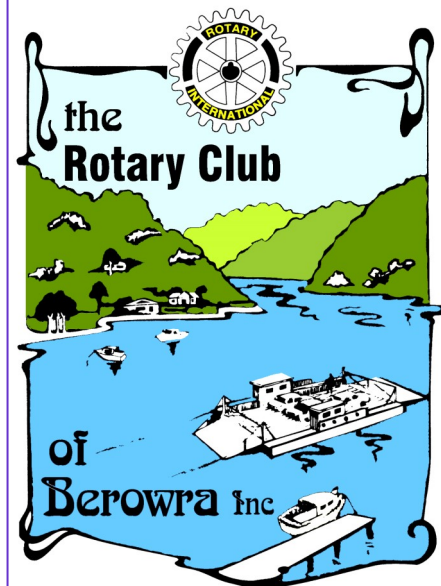
Wed 12 Dinner Meeting

Wed 26 Dinner Meeting

October 2018

Wed 10 Dinner Meeting

Wed 24 Dinner Meeting



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

BOARD 2018—2019

President: *Peggy Sanders* 0413481854

Secretary/Club Administration/Public
Officer: *Trevor Bailey* 0400999226

Treasurer: *Jeanette Bakker*

Immediate Past Presidents: *Tom Borg,
Rich Moore and Trevor Bailey*

President-Elect: *Trevor Bailey*

Director: *Jan Childs* (Projects)
94561482

Director: *Gil Stokes* (Vocational)

Director: *Richard Moore* (Foundation)
Deputy Director Foundation:
Jean-Philippe de Jong

Director: *Tom Borg* (Membership/Public
Relations) 0407274757



Attendance Officer

For attendance at meetings please contact
Jan Childs
Tel: 9456 1482

Website: Please check out our new-look website www.berowra.net/rotary Thank you to our Honorary Rotarian **Hugh Thomas** for his work on the site, and for giving us the use of his own photograph as our new header banner for website, bulletin and letterhead. **Peggy**



The next Bulletin will be published for August 2018. Please submit your contributions to the Editor, Peggy Sanders, by Friday 29 June 2018 @ 5pm psanders@ozemail.com.au



Presidents' Reports

Last meeting we had Bruce Robinson telling us the latest on ROMAC [Rotary Oceania Medical Aid for Children], a very worthy project always in need of financial support. Bruce was the ROMAC treasurer but now has taken on the role of getting the ROMAC message out.



It was good to see Mary and Kathy Kendell with us again.

Our involvement with the BowelCare program 2018 has concluded thanks to PP Jan, with only 19 kits not sold,. Big thank you to PP Tom and PP Jan.



Earlier in June I attended the last President's Meeting for the year. It was mostly an awards event with up and coming District event announcements. Berowra missed out on any awards mostly because we didn't nominate for any. It is a shame they don't have 'small club' awards any more, it makes it a bit difficult to compete against the larger clubs. None the less the awards were very deserving in all cases.

A big welcome back to PP Gil from his Tasmanian travels, PP Rich from his extensive overseas travelling with Kathy, and PP Tom and Yvonne from their European adventures.

Our up and coming big events will be the our Changeover in July where we are looking forward to PP Peggy in the hot seat; followed by the DG's Visit and the Woodchop in August.

Trev.

Trevor Bailey, President, March—June, 2018



July: We look forward to following the **Changeover Dinner** (11 July) with hearing from **Mary Kendall** who has been attending our meetings recently — she will introduce herself, and tell us about the work of her daughter, Karen, in Ethiopia (25 July). We have also been invited to join the **Rotary Club of Woy Woy** in their Christmas in July at Diggers, Ettalong.

August: We look forward to meeting with our **District Governor Susan** (8 August); participate in the **Apex Woodchop Festival** on Sunday 12 August at the Village Tavern Carpark, and hear from **David McMonnies** on Bushfire Code and Bushfire Hazard Reduction (22/8); and Friday 24 **Daffodil Day**.



I have received an invitations to represent the Club at the **Lions Club Changeover** on Thursday 19 July.

We have been invited to have a representative at a special **community meeting being hosted by Julian Leeser MP Member for Berowra, in partnership with Lifeline**. This session will bring together each of the community organisations in Berowra, including sports clubs, schools, churches and civic groups on Tuesday, 31 July 2018. At this session, Lifeline will deliver its *Dare to Ask* program. *Dare to Ask* has been developed to equip individuals with the ability to recognise when it is necessary to ask whether someone is thinking about suicide; respond with the appropriate skills and refer to relevant help. Julian has invited the leaders of every organisation in our Berowra community to be a part of this event. In recent years, more than 100 people have died by suicide in the Berowra electorate. Many more friends, family and neighbours have been deeply affected by the death of someone they love. You may remember that in his maiden speech, Julian spoke about his father's death by suicide. He has placed the issue of mental health and suicide prevention at the front and centre of what I hope to achieve as a Parliamentarian. I feel that it is worthwhile Rotary participating in this event, and I will report to you after the session.

Peggy Sanders, President 2018—2019



Report from Jan Childs

- Apply for Certificate of Currency / Permission to Fundraise

Diary Dates for new Rotary Year:

- July 2nd: RYLA 2019 applications open
- The ConocoPhillips Science Experience for Year 9 and 10 students. Venues: UTS 3rd to 5th October 2018; Sydney University 15th to 17th January 2019. \$190 Non-selective
- August 12th: Apex Woodchop. PR and Shelter Box display
- August 24th: Daffodil Day. Berowra Train Station. 6am to 9 am
- September 1st: Fathers Day Spring Plant Sale
- December 9th: Roar & Soar. Venue: Pie in the Sky. 6am for 2 /3 hours. Bike Start—Registration /Marshalling / BBQ Breakfast (?) in conjunction with Woy Woy Rotary Club. This is part of a Sydney wide project to give Special Need Children the opportunity to experience a ride in/on a Vintage Car /Motor Bike. (Full details to come.)



Jan Childs, Projects Director



DG Peter and DGE Susan warmly invite you to

ROTARY DISTRICT 9685 CHANGEOVER

Saturday 7 July 2018
6.00pm for 6.30pm

Hornsby RSL Club, 4 High St, Hornsby

\$55 per person
incl. 2 course dinner

Register at changeover.rotarydistrict9685.org.au

RSVP Friday 29 June 2018
Enquiries: changeoverregistrations@rotarydistrict9685.org.au

ROTARY District 9685 Conference
Newcastle 2019

ROCKS

NEX, Newcastle Exhibition & Convention Centre
King Street, Newcastle
March 29, 30 and 31, 2019

Friday - Inspiring Youth
Saturday - Inspiring Men
Saturday afternoon - Everyone WALKS to END POLIO NOW
Saturday night - Rotary Rocks Newcastle with prizes for best dressed!
Sunday - Inspiring Women

Major Speakers
Confirmed speakers include:
former Victorian Police Commissioner Christine Nixon;
NSW PCYC CEO Dominic Teakle;
acclaimed NZ Rotary leader PDG John Prendergast;
Greece's Place CEO Maritza Jabour;
and young Rotary leader and Scholar to Germany Brittany Arthur.
Watch this space for more big names...

Note the bargain registration fees below and you will really 'rock' -

- Full Conference - \$280
- Early Bird Full Conference - March 12 to June 30 - \$200
- Early Bird Full Conference - July 1 to November 30 - \$250
- New Rotarians (joined on or after March 12, 2018) - \$200
- All Youth attendees - \$200

... AND we understand some people cannot attend for the full weekend - Saturday day only \$100; Saturday night only \$100; Sunday day only \$50

conference2019.rotarydistrict9685.org.au

WE WILL ROCK YOU!!!

Peggy will attend the District Changeover on Saturday 7 July, 2018.

So far the following have registered for the District Conference in Newcastle in March 2019: Tom and Yvonne Borg; Jan Childs; Jean-Philippe de Jong and Luiza; and Peggy Sanders. The more the merrier if others can consider joining us. We need to think about accommodation too.

Peggy



Barry Rassin RI President 2018-19

Barry Rassin is a member of the Rotary Club of East Nassau, New Providence, Bahamas.

Barry Rassin earned an MBA in health and hospital administration from the University of Florida, and is the first fellow of the American College of Healthcare Executives in the Bahamas. He recently retired after 37 years as president of Doctors Hospital Health System and continues as an adviser. He is a lifetime member of the American Hospital Association and has served on several boards, including the Quality Council of the Bahamas, Health Education Council, and Employer's Confederation.



*I ask all of you to **Be the Inspiration** to help Rotary move from reaction, to action — to take a hard look at the environmental issues that affect health and welfare around the world, and do what we can to help. Truly sustainable service has to mean looking at everything we do as part of a larger system, a larger global ecology. It means helping to build communities that are stronger and more resilient to the changes ahead. It means doing everything we can to make sure the good we do now is still leading to better lives tomorrow, and beyond. I am asking you to Be the Inspiration for that to happen. Be the Inspiration, to your clubs and your districts. Show them what we can do in Rotary, and what we can be. Be the Inspiration, to your countries and your communities — by coming together and taking action to create lasting change. Be the Inspiration — and together, we can, and we will, inspire the world.*

Susan Wakefield OAM District Governor 2018—2019

Susan is a member of the Rotary Club of Lower Blue Mountains.

Susan has held positions as club President and both club and District roles as District chairman of the Australian Rotary Health Fund in D9690 as well as the District Community Service Chair in D9690 and the District international Service chair in both D9690 and D9685.

In her business life she has been a Plainclothes Policewoman, Department manager in a retail Store and the Financial Officer for a Foster Care Organisation. Susan has been a senior Girl Guide Leader with over 35 years of leading young women and adults. She has been the international advisor at State Level and the Australian International Commissioner for Girl Guides Australia.

Susan was awarded the medal of the Order of Australia (OAM) for her services to the Girl Guide movement in Australia. She has also received the Jean Harris award and is a Paul Harris Fellow (3 Sapphires).

Susan enjoys international travel and has taken groups of Girl Guides to guiding events in Finland and India. She has also taken a group of guiding adults to visit the Girl Guide World centres in Mexico, Switzerland, United Kingdom and India. She has also taken part in a Friendship exchange to Brazil and attended the Polio national immunisation Day in India with her husband PDG John Wakefield OAM and five members of the Rotary Club of Lower Blue mountains. Susan has attended rotary international conventions in Australia and overseas.



MEMBERS' PAGE

July 2018	
Saturday 7 6pm	District Changeover, Hornsby RSL
Tuesday 17	Christmas in July Woy Woy Club
August 2018	
Sunday 12	Berowra Woodchop Festival
Friday 24 6am—9am	Cancer Council Daffodil Day— Rotary Berowra at Hornsby Station
September 2018	
Saturday 1	Fathers Day Plant Sale
December 2018	
Sunday 9 6am	Soar and Roar—Pie in the Sky

Birthdays, Anniversaries and Congratulations.....

1—31 July

Happy Birthday to: Jan (1/7);
Pat (2/7); Frank (6/7)

Happy Anniversary to: Nil

**Happy Anniversary of Induction
to:** Stan Redden (1/7)

Welcome back to: Tom

Bon Voyage to: Nil



Spotted in The Bush
Telegraph Weekly 28 June,
2018 'Spotlight on Mount
Colah' page 10 Love your
local park—Hunt Reserve by
Mariko Smith describing the
Plants Sales and calling them
the 'highlight in Mount Colah'
and featuring this photo taken
by Jennah Bakker.



The Special Olympics Australia Soar & Roar
Festival is a
FULL THROTTLE ACCELEBRATION.

It is an unique event providing people with an
intellectual disability the opportunity to
experience the thrill of a Dream Ride in a luxury
car.

On **Sunday 9 December 2018**, luxury car
brands and motorbikes from around NSW will
make their way to Sydney Motorsport Park to
celebrate Special Olympics Australia Athletes,
their families, support networks and importantly
to raise much needed funds.

One of the Bike Rides (#4) commences at Pie
in the Sky, Cowan.

<https://www.soarandroar.com.au/>



ShelterBox has been nominated for this year's **Nobel Peace Prize!** It is a great honour to be nominated and that honour is shared with all our supporters and volunteers around the world; for we are all part of the same global movement, building peace one family at a time.

With an estimated 85 million people currently made homeless by conflict and disaster, we can't afford to rest on our laurels.

Mike Greenslade
CEO ShelterBox Australia