



Kalori: The Bulletin of Rotary Berowra

Rotary Year 2018 – 2019



President Rotary International: Barry Rassin
 Governor Rotary District 9685: Susan Wakefield OAM
 President Rotary Club of Berowra: Peggy Sanders
 Rotary International Theme for 2018 - 2019:
Be the Inspiration



Vol 42 No 2 — August 2018

Wednesday 8 — Dinner Meeting: District Governor Susan Wakefield OAM

**Wednesday 25 — Dinner Meeting: David McMonnies
 Building Code & Bushfire Hazard Reduction**

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The Rotary Club of Berowra Inc.

Chartered 10 May 1977 First Meeting 25 May 1977
 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
 Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
 Website: www.berowra.net/rotary Facebook: Rotary Club of Berowra
 Email: rotary@berowra.net Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the Meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

Rotary Year 2018—2019

August 2018

Wed 8	Dinner Meeting—Official Visit of DG Susan Wakefield OAM
Sun 12	Berowra Apex Woodchop Festival Village Tavern Carpark
Wed 22	Dinner Meeting—David McMonnies Building Code & Bushfire Hazard Reduction

September 2018

Sat 1	Fathers Day Spring Plant Sale
Wed 12	Dinner Meeting
Wed 26	Dinner Meeting

October 2018

Wed 10	Dinner Meeting
Wed 24	Dinner Meeting

Rotary Grace

For food, friendship and the opportunity to serve through Rotary, we give thanks.

Attendance Officer

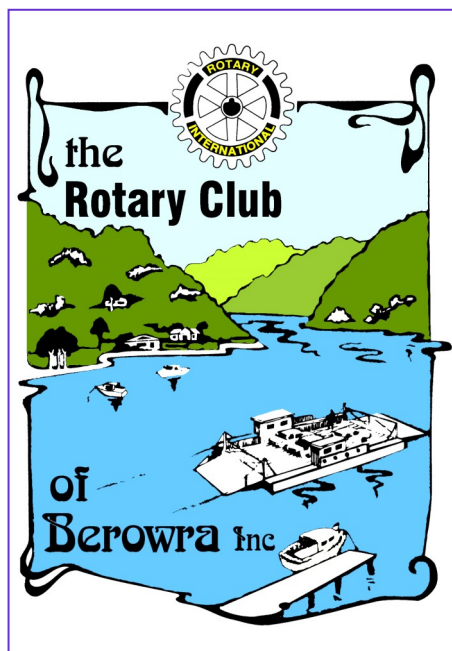
For attendance at meetings, and bringing guests, please contact

Jan Childs
Tel: 9456 1482



The next Bulletin will be published for September 2018.

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Wednesday 29 August 2018 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

BOARD 2018—2019

President: **Peggy Sanders** 0413 481 854

Secretary/Club Administration/Public Officer: **Trevor Bailey** 0400 999 226

Treasurer: **Jeanette Bakker**

Immediate Past Presidents: **Tom Borg, Rich Moore and Trevor Bailey**

President-Elect: **Trevor Bailey**

Director: **Jan Childs** (Projects)
9456 1482

Director: **Gil Stokes** (Vocational)

Director: **Richard Moore** (Foundation)
Deputy Director Foundation:
Jean-Philippe de Jong

Director: **Tom Borg** (Membership/Public Relations) 0407 274 757

AUGUST MEETING AND EVENTS

Wednesday 8 August

We welcome to our meeting **District Governor Susan Wakefield OAM** and **PDG John Wakefield OAM**.

DG Susan will be able to inspire us with her vision for 2018-2019, and PDG John with his partner's project.

Susan is a member of the Rotary Club of Lower Blue Mountains. A summary of her bio was in the July Bulletin on page 5.

Members and partners, Honorary members, and Associates are very welcome. Please come in time to order your meal before 7pm, so that the meals can be served together.



Wednesday 22 August

We look forward to hearing from **David McMonnies** on the Building Code and Bushfire Hazard Reduction.

David is well known to us through his association with the Rural Fire Service, and his assistance to our Club through the Art and Craft.

David's academic qualifications combined with over 43 years of practical fire fighting experience with NSW Rural Fire Service (much of which as an Officer) forms the basis of David's extensive fire service and fire systems understanding. This area is then supplemented by over 35 years extensive electrical / mechanical services experience culminating many years as a Buildings / Engineering Field Officer and later as a Principal Fire Safety Officer with Telstra being responsible for all types of building fire systems over two thirds of NSW. David was one of the first practitioners to instigate and complete the "Graduate Diploma – Design in Bushfire Prone Areas" at the University of Western Sydney. This is the first course specifically designed to meet the needs of the changing legislation in regard to developments within designated bushfire prone lands. <http://www.bushfirehazardsolutions.com.au/>

Saturday 11 August

Official **Station Opening ceremony** for the **Berowra Rural Fire Brigade**

Sunday 12 August

Berowra Village **Woodchop Festival**, Berowra Village Tavern Car Park

Friday 24 August

Daffodil Day — supporting the Cancer Council
Berowra Rail Station



President's Report

July 2018: Changeover Dinner - thank you to all who organised the evening and all who attended. We look forward to another year of working together and having fun together, and serving our community.

I was pleased to attend the Changeover Dinner of the **Lions Club Berowra**, and to chat about our common interests in the community.

We were pleased to hear from **Mary Kendall** who with her daughter **Kathy Kendall** gave us a very good understanding of the wonderful work that her daughter Karen is doing in the organisation she founded as 'Shamida Ethiopia' in Ethiopia, where they care for orphans and vulnerable children (including children with special needs). Go to the website for more information.

"Shamida Ethiopia is a non-profit Ethiopian NGO that is working hand in hand with other NGOs in Ethiopia such as the Hamlin Fistula Hospital to complement their efforts and advance our projects." <http://shamidaethiopia.com/>

I attended a meeting of the presidents of our cluster with ADG Bruce, where we shared a few ideas from each of our Clubs.

At the end of the month of July Rich Moore and I will attend a special **community meeting** being hosted by **Julian Leeser MP Member for Berowra, in partnership with Lifeline**. This session will bring together each of the community organisations in Berowra. Lifeline will deliver its *Dare to Ask* program developed to equip individuals with the ability to recognise when it is necessary to ask whether someone is thinking about suicide; respond with the appropriate skills and refer to relevant help. I feel that it is worthwhile Rotary participating in this event, and Rich and I will report to you after the session.

August: We look forward to meeting with our **District Governor Susan** and **PDG John Wakefield** visiting us on Wednesday 8 August, which will provide an opportunity to discuss with her what we feel we will achieve this year.

We have been invited to the official **Station Opening ceremony** for the **Berowra Rural Fire Brigade**, followed by light refreshments, on Saturday 11 August 2018 at 14A Berowra Waters Road, Berowra. 2.30-4.00pm. Dress Code: Smart Attire. I have replied that Rich, Tom, Jan and Frank, Mary and I will be attending to represent Rotary.

On Sunday 12 August we will participate in the **Apex Woodchop Festival** at the Village Tavern Carpark, and share with our fellow service organisations in raising funds in **support of farmers in drought**.

While our District is developing projects for **drought relief**, on this occasion we will support the **Apex and Lions Clubs**, with the funds going to Apex for their road trip. See page 6 for the details. My thanks to Rich who is chasing up the ShelterBox that we hope to display again this year.

On 22 August we will hear from **David McMonnies** on Building Code and Bushfire Hazard Reduction; and on Friday 24 participate in **Daffodil Day** at Berowra Station.

Treasurer Jeanette has advised that **dues are now due** — look out for email, and transfer your funds as soon as possible.

A busy month ahead —and before we know it the **Fathers Day Plant Sale** on Saturday September 1.

Peggy Sanders





Projects Report

Sunday 12 August: Apex Woodchop --Berowra Community Event. Tavern Car Park **Setup from 6.0am**. Prominent use of Rotary Berowra Marquee and our gazebo for PR display and Information. **We will need at least two Rotarians on duty throughout the day.**

Friday 24 August: Daffodil Day
6.00am--9.00am Berowra Train Station.
 A new approach this year with the Sale of left over Merchandise and emphasis on bunches of Fresh Daffodils \$10.00. "These could save a Life" Receipt cards will be issued for taxation. Rich Moore, Gil Stokes, Frank Childs, Pat Smith and Jan Childs have registered.
Please talk to Jan if you wish to register to assist.



Saturday 1 September: Fathers Day Spring Plant Sale.
6.30am to 4.00pm. Hunt Reserve Mt. Colah

All plant suppliers have been contacted and responded with enthusiasm. With help from Berowra Rover Crew and our Associates and friends, this is always a pleasant opportunity of raising money to support our Youth Projects. Hopefully the weather will be kinder this time.

Please let me know now your availability to help on the day.

Jan Childs



ROTARY District 9685 Conference
 Newcastle 2019

ROCKS

NEX, Newcastle Exhibition & Convention Centre
 King Street, Newcastle
 March 29, 30 and 31, 2019

Friday - Inspiring Youth
Saturday - Inspiring Men
Saturday afternoon - Everyone WALKS to END POLIO NOW
Saturday night - Rotary Rocks Newcastle with prizes for best dressed!
Sunday - Inspiring Women

Major Speakers
 Confirmed speakers include:
 former Victorian Police Commissioner Christine Nixon;
 NSW PCYC CEO Dominic Teakle;
 acclaimed NZ Rotary leader PDG John Pendergast;
 Grace's Place CEO Martha Jabour;
 and young Rotary leader and Scholar to Germany Brittany Arthur.
 Watch this space for more big names...

Note the bargain registration fees below and you will really 'rock' -

- Full Conference - \$280
- Early Bird Full Conference - March 12 to June 30 - \$200
- Early Bird Full Conference - July 1 to November 30 - \$250
- New Rotarians (joined on or after March 12, 2018) - \$200
- All Youth attendees - \$200

... AND we understand some people cannot attend for the full weekend
 - Saturday day only \$100; Saturday night only \$100; Sunday day only \$50

conference2019.rotarydistrict9685.org.au

WE WILL ROCK YOU!!!



The Special Olympics Australia Soar & Roar Festival is a **FULL THROTTLE ACCELEBRATION.** It is an unique event providing people with an intellectual disability the opportunity to experience the thrill of a Dream Ride in a luxury car.

On **Sunday 9 December 2018**, luxury car brands and motorbikes from around NSW will make their way to Sydney Motorsport Park to celebrate Special Olympics Australia Athletes, their families, support networks and importantly to raise much needed funds.

One of the Bike Rides (#4) commences at **Pie in the Sky, Cowan.** Rotary Berowra and Rotary Woy Woy will jointly participate in Soar and Roar

<https://www.soarandroar.com.au/>

So far the following have registered for the District Conference in Newcastle in March 2019: Tom and Yvonne Borg; Jan Childs; Jean-Philippe de Jong and Luiza; and Peggy Sanders. The more the merrier if others can consider joining us. We need to think about accommodation too.

MEMBERS' PAGE

August 2018	
Saturday 11 2.30pm—4pm	Berowra Rural Fire Brigade Opening
Sunday 12	Berowra Woodchop Festival
Friday 24 6am—9am	Cancer Council Daffodil Day— Rotary Berowra at Hornsby Station
September 2018	
Saturday 1	Fathers Day Plant Sale
Friday 28	Ride the Train to End Polio
December 2018	
Sunday 9 6am	Soar and Roar—Pie in the Sky

Birthdays, Anniversaries and Congratulations.....

1— 31 August

Happy Birthday to: Nil

Happy Anniversary to: Stan and Lilah Redden (18/8)

Happy Anniversary of Induction to: Gil Stokes (16/8); Rich Moore (26/8)

Welcome back to: Nil

Bon Voyage to: Jean-Philippe and Luiza



Berowra Apex is Going on a Road Trip to Support Farmers in Drought

Berowra Apex members and some mates from Sydney District 4x4 have organised a convoy of 9 4WDs, plus trailers, with 6 tonne of high nutrient cattle feed, 1 tonne of dog food and, hopefully, plenty of drought relief packages for farmers. This will be kindly distributed through the fantastic network of the local CWA branches west of Cobar. We will be leaving on the weekend following the Berowra Woodchop Festival, August 17, 18 and 19 (Friday to Sunday).



If the local community would like to support Berowra Apex with the drought relief project there are several ways to help. Berowra Apex is the event organiser of the annual **Berowra Woodchop Festival**; we will have our own 'Drought Relief' stall set up, next to the Berowra Lions stall, where we would like to encourage community members to bring '**Relief Packages**' for the farming families. Alternately there will be a collection point at the stall for **financial donations**; every dollar will be delivered to the farmers.

If you would like to contribute, and it is not practical to attend the Woodchop Festival, please feel free to drop any 'Relief Package' items to 9 Clinton Close Berowra Heights (leave on the porch please). If you have any questions please feel free to contact *Nathan Gilbert on 0415 159 139*. To make a financial contribution to the Drought Relief project, Berowra Apex had set up a designated 'Drought Relief' account: Drought Relief (Apex Club of Berowra) BSB: 633000 Acc. No. 150542819

With regards to the 'Relief Packages' we, including input from the CWA, would like to ask that the dignity of the proud Aussie farmers be respected; please do not include any form of clothing or bedding, perishable foods, used or opened items and please ensure all items are of a reputable brand.

Some '**Relief Package**' suggestions could include, but not limited to:

Family Pack: Bulk loo paper, cleaning products, nappies, baby wipes, baby formula, coffee, tea, large rice and pastas, sunscreen, toothbrush and toothpaste, first aid products, and a large Milo for the kids

Ladies Pack: Perfumes, anti-perspirant, moisturisers, sanitary items, make-up kits, water-free hair products and a box of chocolates

Men's Pack: Deodorant, razors, shaving cream, nail clippers and a quality packet of biscuits

Berowra Apex <https://berowraapex.org.au>

Berowra Rotary will collect for drought relief at the Woodchop and present to Apex for the distribution on the Road Trip.