

Kalori: The Bulletin of Rotary Berowra



Rotary Year 2018 - 2019

President Rotary International: Barry Rassin Governor Rotary District 9685: Susan Wakefield OAM President Rotary Club of Berowra: Peggy Sanders Rotary International Theme for 2018 - 2019: Be the Inspiration



Vol 42 No 9 — April / May 2019

Wed 10 April — Shamida Ethiopia, Mary and Kathy Kendall Wed 24 April — Legacy, PP Steve Hopwood PHF Wed 8 May— Dinner Meeting Club Discussion Night Wed 22 May— Dinner Meeting



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The Rotary Club of Berowra Inc.

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: www.berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: rotary@berowra.net
Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, and at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the Meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

	Rotary Year 2018—2019
April 2019	
Wed 10	Dinner Meeting — Shamida. Ethiopia Mary and Kathy Kendall
Wed 24	Dinner Meeting — Legacy PP Steve Hopwood PHF
May 2019	
Wed 8	Dinner Meeting — Club Discussion Night
Sat 11	Mothers Day Plant Sale
Wed 22	Dinner Meeting
June 2019	
Wed 12	Dinner Meeting
Wed 26	Changeover Dinner

Cover Photograph

Start of the End Polio Walk, Newcastle Saturday 30 March 2019.

That's Yvonne bending down waving under the

banner!

Rotary Grace

For food, friendship and the opportunity to serve through Rotary, we give thanks.



Attendance Officer

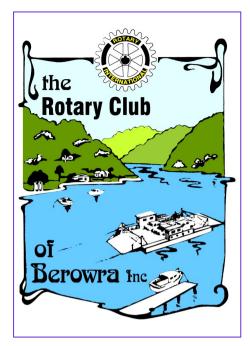
For attendance at meetings, and bringing guests, please contact

Jan Childs *Tel:* 9456 1482



The next Bulletin will be published for June 2019.

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Thursday 30 May 2019 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters—one of Sydney's well known beauty spots—is depicted on our Club Banner.

BOARD 2018—2019

President: Peggy Sanders 0413 481 854

Secretary/Club Administration/Public Officer: *Trevor Bailey* 0400 999 226

Treasurer: Jeanette Bakker

Immediate Past Presidents: Tom Borg, Rich Moore and Trevor Bailey

President-Elect: Trevor Bailey

Director: Jan Childs (Projects)

9456 1482

Director: Gil Stokes (Vocational)

Director: *Richard Moore* (Foundation)
Deputy Director Foundation:

Jean-Philippe de Jong

Director: *Tom Borg* (Membership/Public Relations) 0407 274 757

MAY MEETINGS AND EVENTS

Wednesday 8 May — Dinner Meeting and Club Discussion Night

Discussions have been taking place between the District 9685 and District 9675 about the concept of a 'One Sydney' District.; on March 13 our Club viewed the material provided by the Steering Committee and agreed to wait until after the District discussion on Saturday 27 April, 2019. Trevor, Tom, Jeanette and I attended that discussion. We will now vote on Wednesday night.

With the Plant Sale just three days later we will finalise matters.

There are a number of other issues to be discussed as we come to the end of the Rotary year.

It would be good to have as many members as possible in attendance.

Wednesday 22 May — Dinner Meeting

Trevor is still confirming our guest speaker for the evening.





FROM THE PRESIDENT

March 2019: We were pleased to sponsor another Probus Club in our area, our fifth. I was very grateful to have the support of Jeanette Bakker, Pat Smith and Jean-Philippe de Jong at the meeting of prospective members held on Tuesday 12 March 2019, 10am at Mount Colah Uniting Church. The new Club - Mount Kuring-Gai & District Probus Club — was formed on the day, and I inducted Colin Keating as President, along



with a Vice-President, Secretary, Treasurer, Membership, Speakers and Risk Management Team. We welcomed a total of 20 Foundation Members. Our gift to the Probus Club was the President's Collar and 4 Committee Lapel Pins.

On **Wednesday 13 March** we considered the discussions which have been taking place between District 9685 and District 9675 about the concept of a '**One Sydney' District**. We decided to wait until after the session at Hornsby RSL on Saturday 27 April, before voting within the Club. We will finalise our vote on 8 May, just ahead of the Presidents' voting (one vote per Club) on Saturday 11 May 2019.

Saturday 16 March: Trevor attended the **President-Elect Training Seminar** (PETS) in preparation for the forthcoming Rotary year 2019 – 2020.



Our thanks to Gil Stokes and Jan Childs for their participation in the **Science** and Engineering Challenge at Sydney Olympic Park in March.

Tom and Yvonne Borg attended the full day seminar 'Promoting Rotary Public Image' and presented to us on Wednesday 27 March bringing members up to date on the tools available to assist us in promoting our Club.

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At the end of March, **Friday 29 March — Sunday 31 March,** Tom and Yvonne Borg, Jean- Philippe de Jong, Kathy Kendall and I represented the Club in Newcastle at the 'Rotary Rocks' **District Conference**.

As usual we were treated to a number of inspiring speakers, a good social evening, and the opportunity to participate in the 'End Polio Walk' to the foreshore. (See cover, bottom left and page 7).

We thank Luiza for decorating our gnome "Rotary Down Under' under the sea! Next year it is in Wollongong.

Continued on page 5

challenge

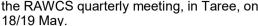




FROM THE PRESIDENT CONTINUED

April 2019: When Mary Kendall returned from her extended stay with Karen in Ethiopia it was good to hear more about Shamida Ethiopia in a very informative presentation from Kathy Kendall. Good to know that Kathy and Mary will be presenting to Epping Rotary on Monday 20 May; as well as attending

the RAWCS quarterly meeting, in Taree, on





Movie under the Stars evening hosted by Berowra Apex and Hornsby Shire Council as an opportunity to say thank you to all those volunteers who came to the aid of our community at the time of the hail storm immediately before Christmas 2018.

We were pleased to have a presence, and to have the opportunity to advertise the Plant Sale. Thank you to Tom and Trevor, Jan Childs and Jeanette Bakker who were present with me.



On Sunday 14 April Trevor Bailey and Jan Childs attended the District Assembly: and Gil Stokes represented the Club at the Multi Club Meeting hosted by the West Pennant Hills and Cheerybrook Club.



FRIDAY 12 APRIL

Wednesday 24 April — it was very good to have PP Steve Hopwood PHF back with us, this time to talk about an organisation with which he has been involved for many years — Legacy Australia, caring for families of those who served their country. He described some of the cases that he deals with in the Hornsby Division of Sydney Legacy. Steve was accompanied at the meeting by Lynnette Ivimey.

ANZAC Day — and our sincere thanks to Jan Childs for once again making a beautiful wreath, and attending the Berowra ANZAC Service to lay the wreath.

My sincere thanks to Social Director Yvonne Borg for organising yet another very successful social function on Saturday 23 March at A Chef's Secret at Berowra Waters (see page 8); and now she is planning for us to have a Christmas in July on Saturday 27 July (see page 7).

Now to May, and the Mothers Day Plant Sale!









The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the RAWCS form.

http://shamidaethiopia.com/donate



FROM THE PROJECTS DIRECTOR

BowelCare is underway thanks to PP Tom Borg ,who collected the kits and distributed them to the 7 local Pharmacies.



Rotary

Saturday before Mothers' Day

Plant Sale

Pacific Hwy, Mt Colah

Hunt Reserve

Youth: **Science and Engineering Challenge** organised by the University of Newcastle and supported by Rotary at Sydney Olympic Park. Gilbert Stokes (2days)and Jan Childs (1day) enjoyed the day again. Asquith Girls High School were participants.

Tuesday 7 May at Galstaun College, Ingleside.

Friday 28 June at Ravenswood School, Gordon (First time at this venue).

Plant Sale: Saturday 11 May The preparation is well underway:

- 1. **Flyers** have been distributed (some at the Movie under the Stars evening, some have been dropped in letterboxes or at local businesses thanks to PP Keith Carson; Mary Kendall; Jeanette Bakker; Trevor Bailey and Jan Childs. Advertising in The Bush Telegraph; members have all been sent an electronic copy of the flyer that they can share with family, friends and acquaintances. The flyer is on Facebook, and on our website.
- 2. **Banners** have been erected.
- 3. Secure extra helpers—past RYLArians, Rovers, Family and Friends.
- 4. Purchase **BBQ** supplies / Meat Tray.
- 5. Pick up Marquee, Gazebo, BBQ and equipment boxes.

On Saturday 11 May:

- 6.30am Hunt Reserve erect marquee and gazebo with HELPERS please.
- 7.00am Plant Suppliers arrive—unload plants, arrange, price signs. Set up BBQ. Sales tables and equipment.
- 8.30 SALES BEGIN and continue throughout the day always pleasant interaction with our local friends and new faces.
- 4.00pm SALES END return of Rovers Crew and other "strong helpers"; load unsold plants. Pull
 down marquee etc. and pack away all equipment.
- 5.00pm Leave Hunt Reserve after another successful day!!

Jan Childs, Projects Director



Jan Childs laying the wreath at the Berowra ANZAC Day Service

MEMBERS' PAGE

	MEMBER
April 2019	
1 April—31 May	BowelCare
Monday 15	Multi-Club Meeting hosted by West Pennant Hills & Cherrybrook Club @ Dural
Sunday 14	District Assembly—Training for all 2019-2020 Board members
Thursday 25	ANZAC Day
Saturday 27 @ 9am	District discussion on new districting @ Hornsby RSL
<u>May 2019</u>	
1 April—31 May	BowelCare
Tuesday 7	Science and Engineering Challenge
Saturday 11	Mothers Day Plant Sale
<u>June 2019</u>	
Wednesday 26	Berowra Changeover Dinner
Friday 28	Science and Engineering Challenge
<u>July 2019</u> Saturday 6	District Changeover Dinner
	1

The Novus Foundation is delighted to announce that our annual fundraising dinner is to be held at Miramare Gardens, Terrey Hills, on the 25 May 2019.



Website https://www.novusfoundation.org.au/
Facebook page @NovusFoundation (click on the event or Book now button). OR go directly to the Trybooking link for The Novus Foundation: https://www.trybooking.com/BAPKR

Birthdays, Anniversaries and Congratulations......

1— 30 April, 1—31 May

Happy Birthday to: Luiza Milewicz (12/4); Carolyn Higgs (24/4); Alice Lovegrove (26/4)

Happy Anniversary to: Jean-Philippe and Luiza (17/4)

Happy Anniversary of Induction to: Shane Fitzsimmons (8/4); Jeanette Bakker (8/5);

Bon Voyage to: Rich Moore

Welfare Report:

Max Lovegrove is now back at home. Please keep Max and Alice in your thoughts.

Social Function: From Yvonne Borg



Club Christmas in July Social Function to be held at Linton Gardens, Somersby **Saturday 27 July**. Time TBA but around 12.30pm. Cost \$47.50/person for a 3 course meal.

Please let Yvonne know as soon as possible if you would like to attend as a deposit has to be paid to secure a table. tyvborg@bigpond.net.au

The more the merrier so feel free to ask friends.



MEMBERS' PAGE CONTINUED



Social—A Chef's Secret, Berowra Waters



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Snippets from Rotary Conference in Newcastle



Kathy — the Rock and Roll Dinner