

# Rotary

## Club of Berowra



## Kalori: The Bulletin of the Rotary Club of Berowra



SERVE TO CHANGE LIVES

### Rotary Year 2021 – 2022

President Rotary International: Shekhar Mehta  
Governor Rotary District 9685: Lindsay May OAM  
President Rotary Club of Berowra: Jeanette Bakker  
Rotary International Theme for 2021 - 2022:  
*Serve to Change Lives*



### Vol 45 No 1 — July 2021

**Wednesday 14: Dinner Meeting — President Jeanette's Vision for the Year Ahead**

**Wednesday 28: Dinner Meeting — Official Visit DG Lindsay May OAM and Tania**



### Changeover 23 June 2021

*President Jeanette  
Bakker and  
Immediate Past  
President Trevor  
Bailey*

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The Rotary Club of Berowra Inc.

Chartered 10 May 1977 First Meeting 25 May 1977  
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm  
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW  
Website: [www.berowra.net/rotary](http://www.berowra.net/rotary) Facebook: Rotary Club of Berowra  
Email: [berowrarotary@gmail.com](mailto:berowrarotary@gmail.com) Postal Address: PO Box 30, Berowra, NSW 2081

## PROGRAMME, MEETINGS AND GUEST SPEAKERS

*The Rotary Club of Berowra meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the Meetings of the Rotary Club of Berowra.  
Please call one of the members of the Rotary Berowra listed below.*

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### Rotary Year 20201— 2022

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#### July 2021

- Wednesday 14 Dinner Meeting — President Jeanette's Vision for the Year Ahead  
Wednesday 28 Dinner Meeting — DG Lindsay May OAM and Tania official visit

#### August 2021

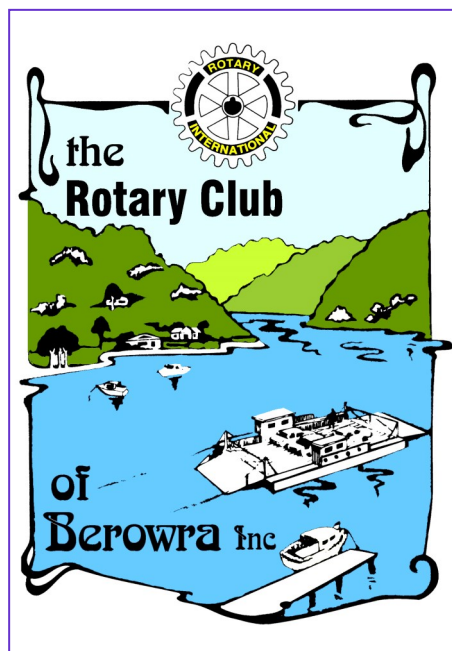
- Wednesday 11 Dinner Meeting - Stephanie Ho Mountaineer and Aspiring Polar Adventurer Greenland Crossing 2022  
Wednesday 25 Dinner Meeting

#### September 2021

- Wednesday 8 Dinner Meeting  
Wednesday 22 Dinner Meeting

#### October 2021

- Wednesday 13 Dinner Meeting
- 



*Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.*

#### BOARD 2021—2022

**President:** *Jeanette Bakker 0421 958 841*  
**Immediate Past President:** *Trevor Bailey*  
**President-Elect:** *Kathy Kendall*  
**Secretary:** *Kathy Kendall*  
**Treasurer:** *Trevor Bailey*  
**Club Administration:** *Peggy Sanders 0413 481 854*

#### Directors:

**Community Service:** *Jan Childs*  
**International:** *Mary Kendall*  
**Youth:** *Tom Borg*  
**Vocational:** *Gil Stokes*  
**Foundation:** *Rich Moore*  
**Public Image:** *Peggy Sanders*  
**Membership:** *Trevor Bailey 0400 999 226*

#### Additional Roles:

**Bulletin Editor:** *Peggy Sanders*  
**District Conference Coordinator:** *Peggy Sanders*  
**Public Officer:** *Trevor Bailey*  
**Welfare:** *Jan Childs*  
**Child Protection, Verification Officers:** *Carolyn Higgs and Peggy Sanders*  
**Attendance:** *Jan Childs 0438 613 139*



<https://www.shamidaethiopia.com/>

#### Rotary Grace

For food, friendship and the opportunity to serve through Rotary, we give thanks.



#### Attendance Officer

For attendance at meetings, and bringing guests, please contact **Jan Childs** Tel: 9456 1482 or 0438 613 139



The next Bulletin will be published for August 2021. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 30 July 2021 @ [psanders@ozemail.com.au](mailto:psanders@ozemail.com.au)



## FROM THE PRESIDENT 2020—2021



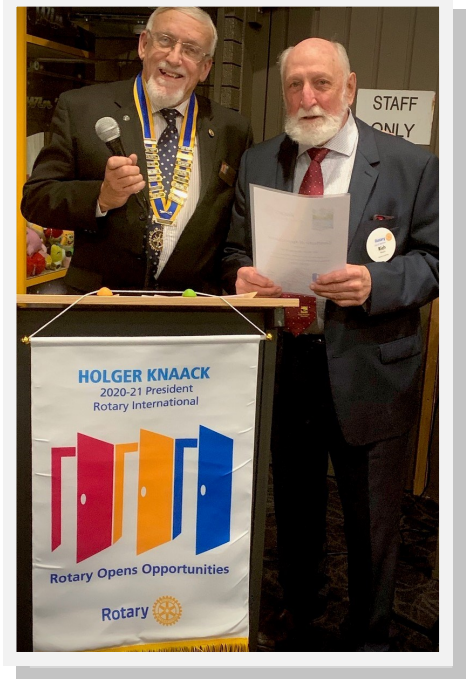
My very last report as a President and what a relief says everyone. Being a President can be a challenge sometimes but is made easier with everyone's help and support which is what I have enjoyed over the last two years.

Our two meetings this month has been me doing a year in review and our Changeover Dinner. I thought that we had a very enjoyable

Changeover and it was good to see so many people there supporting Jeanette in particular our District Governor Elect Lindsay May and Tania and Shane Fitzsimmons Commissioner of Resilience. There was a good representation of other local organisations as well as other Rotary Clubs, there was quite a list. Congratulations to PP Peggy Sanders on her sapphire PHF, something well earned and well overdue.

Wasn't it fortunate we were able to have our Changeover just in time. With the current lockdown, other clubs in our District have had to cancel their Changeovers, as well as the District Changeover now being held by Zoom, and of course it has affected many other organisations.

Our eldest granddaughter had a prominent part in the Hornsby Gang Show which was to be staged last weekend. They were informed of its cancellation at the Friday rehearsals. A big blow considering that they had been rehearsing for months, not to mention the efforts of the behind the scenes volunteers. But I'm sure they aren't the only ones affected.



We had our second combined Garage Sale with Hornsby District on 19 June another wet Saturday which was quite disappointing. In spite of a lot of time spent by Tom Bog, Rich Moore and myself collecting and unpacking, there was a poor turn up in relation to sales resulting in having to move on a lot of the goods on to the Salvation Army. There are no sales results at this stage, Simon Bryan has been selling some of the furniture through FaceBook Marketplace, and there are thoughts of a sale holding of toys. A big thank you to Tom Borg, Rich Moore, Peggy Sanders Mary Kendall, Jeanette Bakker and Jan Childs for your help on the day.



Thank you again everyone for your help and support over the last two years and congratulations to Jeanette as we look forward to the year ahead.

Trevor  
**Trevor Bailey PHF**





## FROM THE PRESIDENT 2021—2022

2020—2021 was an interesting year for all. As a Club we continued to run our regular meeting and even carried out a couple of projects. I am especially proud of the support from our members, associates and friends to make our activities possible.

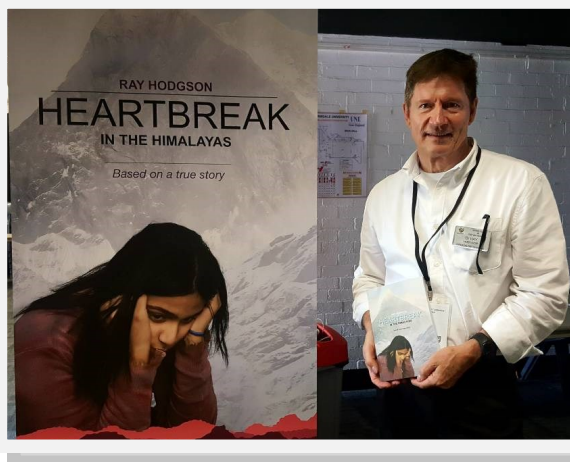
Reflecting on 2021 being the Centenary year for Rotary in Australia and New Zealand. 2022 it is 45 years since Berowra Club was chartered in 1977.



2021 began with updating the My Rotary Website, with details of Rotary Club of

Berowra Board members 2021-2022, thanks for help PP Peggy Sanders.

Then in late February Past District Governor Kalma McLellan sent me an invitation to attend PELD (President Elect Learning Development). I completed the pre-PELD learning courses via My Rotary and gained an improved understanding of The Rotary Foundation, processes, organisation structure and history. Overall, I found the experience remarkably interesting!



2021 ROCK THE BOAT Virtual Conference by Rotary District 9685 was held on the weekend 13 to 14 March. DG David Clark had a great line-up of guest speakers, music, and jokes. A standout speaker was Dr Ray Hodgson, a specialist gynaecologist, who is promoting women's health in remote Nepal. Dr Ray is working with the community in Nepal, to build a hospital and medical facilities.

The main face to face course for PELD was held on 20 March. I would like to thank, AG Tom Borg for being my chauffeur and driving in the pouring rain, to St Joseph's College Baulkham Hills. On the day we met Past Direct Governors, AGs, Presidents-Elect and Rotaractors, in addition to my meeting DGE Lindsay and Tania May, who were all friendly and informative. Overall, a great day to start my President-Elect activities. A highlight of the day was discovering

that Rotary makes Christmas Cakes, which I purchased for Christmas in July.

District Assembly was held via Zoom for the first time. Overall, there were around 6 sessions for about 4 hours each – I zoomed into these with enthusiasm and was pleasantly surprised. For a Sunday, I found it was informative to know more about the roles of your incoming board. They always encouraged us to take a break after the sessions. This was a big achievement for the District to hold to entire assembly online.



On a personal achievement level, I am amazed at myself for completing the 500 star jumps challenge, with the encouragement of my family and friends. Thank you to all the Rotarians who supported me with PCYC Star Jump Challenge, through Youth Week for mental health awareness in youth. I managed to raise \$2556, reaching my fundraising goal.

To start the new Rotary year the Club celebrated our Changeover at Club Berowra on Wednesday 23 June. I would like to say an incredibly special thank you to all who attended and supported the event. An extra special thanks of gratitude to everyone involved in the organisation planning and execution of the event.

Now on to the future: my aim as President is to

Continue to work with my Members, Board, District and International

Continue to be involved in our community

Improve awareness of Rotary in Berowra

Encourage people to help with our projects Internationally, Nationally, and Locally.

**Serve to change lives**

**Jeanette Bakker**



# COMMUNITY SERVICE REPORT

A new Rotary year...

Following our attendance at the Fundraising Luncheon at Wyong Hotel last month, I would like to re-engage our involvement with Camp Breakaway. There are several avenues I will pursue.

We will be continuing our usual activities:

(1) Sunday 22 August — Apex Wood Chop @ Warrina Street Oval, 10am — 4.00pm

(2) Friday 27 August. Daffodil Day



- (3) Saturday 4 September. Fathers Day Plant Sale.
- (4) Preparation for School Citizenship Awards, which take place in December.

*PP Jan Childs PHF*



## 2021-2022 Rotary International Theme

Serve to Change Lives. **Rotary International** President Shekhar Mehta urged members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.

### SERVE TO CHANGE LIVES

#### Focusing on diversity, membership

For the 2021-22 Rotary year, Mehta wants members to focus their efforts on empowering girls and ensuring their access to education, resources, services, and opportunities so that future generations of women leaders will have the tools they need to succeed. Mehta asked members to use Rotary's belief that diversity, equity, and inclusion is critical in all we do as a compass to guide this work.

"There are many issues that girls face in different parts of the world, and you as leaders will ensure that we try and mitigate the disadvantage of the girl that they may have," he said.

To be able to do more through service, Rotary needs to increase membership, Mehta said. Membership has hovered around 1.2 million for the past two decades. He challenged the incoming governors to be catalysts in their districts to help increase membership to 1.3 million by 1 July 2022. Mehta's 'Each One, Bring One' initiative asks every member to bring one person to join Rotary within the next 12 months.

**Increasing membership while also continuing our commitment to eradicating polio, fighting COVID-19, and serving our communities is an ambitious goal. "And that should excite you," Mehta said. "Rotarians love challenges."**



## July Events

### New Leadership Month

#### Sunday 4 July 12 noon - District Changeover online

The Changeover will be held on Zoom.

What is the same?

- The date and time: Sunday 4 July 12.00pm
- The program, although slightly modified.
- What we wear - of course you can all dress up in your most colourful clothes to meet the theme of Colourful Changeover. For the Zoom, the sillier the better.
- What we eat - well almost. Why not prepare a few nibbles and your favourite beverage to enjoy during the Zoom Changeover.
- You can chat with others, although it will be in writing in the Chat section.
- A party atmosphere. Let's enjoy the event, and celebrate what has been, and continues to be, a most extraordinary year.
- A thank you and farewell to District Governor David Clark as he has completed this year with flair and dedication.

A welcome to our incoming District Governor Lindsay May as he embarks on his journey through whatever lays ahead.

What is different? No travel required; No raffles; No meal provided; No registration required  
No registration fees (although some of you may wish to make a small donation to The Rotary Foundation in lieu of fees.)

#### Wednesday 14 July - President Jeanette will present her vision for the year ahead.



#### Wednesday 28 July - Official Visit DG Lindsay May OAM and Tania





## District Governor 2021- 2022 Lindsay May OAM and Tania

*We are pleased that Lindsay and Tania were able to attend our Changeover Dinner, and now we look forward to our 'official visit'.*

Lindsay's introduction to Rotary was in 1977 on Group Study Exchange to Canada. He joined Lane Cove club in 1978 and has served in all club roles. He has been Assistant Governor for 3 terms, Club Service Advisor, District Training Chair, Membership Chair, Rotary Foundation Chair 2009-12 and appointed to the 2014 Sydney Host Organising Committee.

A Paul Harris Society member and Major Donor, Lindsay is committed to supporting The Rotary Foundation, recently appointed to the TRF Fund Development Committee 2018-21, committed to raise US\$2.025 billion by 2025 for the Endowment Fund.

A 10-year Fundraising Institute Australia director, he is a Fellow and Certified Fundraising Executive and served as Director, Prostate Cancer Foundation Australia (founded by Lane Cove Rotary), receiving their inaugural PCFA Award for service to the organisation. He has numerous recognitions from community and vocational groups for his leadership roles.

Lindsay grew up in the idyllic surroundings of Wollongong surf and pool, competed successfully to national levels, attended Wollongong High, was then employed at ER&S copper refinery. In 1969 he moved to Sydney as a computer programmer to set up the first in-house computer system for an Australian mailing house.



Lindsay and Jenny have 3 children who participated in Youth Exchange; Erica 42, Andrew 35 (Germany), David 40 (Indonesia). The family have hosted many YE and GSE participants. Jenny is Past President Lane Cove.

Best known for his yachting exploits, Lindsay has represented Australia at the Admirals and Clipper Cup, navigated 46 consecutive Sydney Hobart Yacht Races, winning 4; including as skipper in 2006 of *Love & War*. He has spoken to most clubs in D9685 and beyond, on yachting and his 2017 Kokoda Track crossing with sons David and Andrew, raising \$28,000 for The Salvation Army.

In 2019 Lindsay and Tania married. Tania is also a Past President Lane Cove. Together, their blended family of 5 children and 6 grandchildren actively support Lane Cove Club activities.

Lindsay and Tania are well known as people of action and encourage Rotarians to each share their passion for service to lift Rotary's profile in their communities.



District Conference 2022:  
Gala Dinner Friday 18 March  
Plenary Sessions Saturday 19 March

## NAVIGATING CHANGE ROTARY DISTRICT 9685 CONFERENCE 2022





**Rotary Matters**  
On air  
Friday 3pm—4pm



[Helping Sick Children Maintain Their Education. Janine Rogers. Catch The Clouds by Rotary Matters \(soundcloud.com\)](#)

60,000 sick children miss out on school each year. These are children with serious medical conditions who must remain at home or in hospital. Janine Rogers from Catch the Clouds places volunteer teachers with these children to ensure they remain up to date and able to continue their education when their health has improved. [www.catchtheclouds.org](http://www.catchtheclouds.org)

[Supporting Children And Young Adults With Autism Mp3 by Rotary Matters | Free Listening on SoundCloud](#)

About one in a hundred people have an autism spectrum disorder with varying degrees of severity. Symptoms may include over or under sensitivity to sight, touch, smell, sound, temperature and pain often resulting in overwhelming anxiety, frustration and confusion when faced with the demands of everyday life. Jenny Loughnan explains the condition and the skilled and empathetic services of specialist school Giant Steps where she is Head of Primary. Click on the link above and visit [www.giantsteps.net.au](http://www.giantsteps.net.au)

**Update from Shamida:**

Karen arrived in Seattle at the end of June for a fundraising trip across the USA.

She has now been completely vaccinated having received both her shots in Dubai (not available in Ethiopia). She does not have to quarantine in the USA or UAE now with the two shots, and can quarantine at home for one week only when she returns to Ethiopia.



I will keep you updated with her travels.

**PE Kathy Kendall**



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form.

<http://shamidaethiopia.com/donate>



**ROTARY AUSTRALIA  
WORLD COMMUNITY  
SERVICE**



# MEMBERS' PAGE

Rotary Year	2021—2022
	July 2021
Month	New Leadership
Sunday 4 12.00pm	<b>By Zoom</b> District Changeover from this Rotary Year (2020-2021 DG David Clark) to the next (2021-2022 DGE Lindsay May OAM) Attire: Colourful
	August 2021
Month	Membership and New Club Development
Sunday 22	Apex Woodchop
Friday 27	Daffodil Day
	September 2021
Month	Basic Education and Literacy
Saturday 4	Fathers Day Plant Sale
	October 2021
Month	Economic and Community Development
Friday 8	Breakaway Charity Ball

## Birthdays, Anniversaries and Congratulations.....

1 — 31 July

**Happy Birthday to:** Jan Childs (1/7); Pat Smith (2/7); Frank Childs (6/7); Kathy Kendall (16/7)

**Happy Anniversary to:** Nil

**Happy Anniversary of Induction to:** Nil



## Spotted in

Julian Leeser's Berowra Electorate Community e-News of Friday 26 June, 2021 his report that he had spoken in Parliament about Pride of Workmanship:

### Rotary Club of Pennant Hills' Pride of Workmanship Awards

*The Rotary Club of Pennant Hills started the Pride of Workmanship awards back in 1976 to recognise people in our community who perform their daily occupations in a conscientious and dedicated manner. The awards have been held every year since, except for last year due to COVID.*



***It will come as no surprise that our planned social outing is 'on hold' for the present. I'll keep you posted when conditions allow!***

**Yvonne Borg**

Hi Peggy and Berowra Rotarians,

Could you please convey to your members our thanks for having us at your Changeover Dinner last Wednesday.

Nola and I always enjoy the company of Berowra RC, Wednesday night was no exception and you are certainly a Club which punches far above it's weight.

Good luck for 2021-2022 and we look forward to joining you on future social occasions.

Cheers and thanks,  
**Ed and Nola Strom**



**LIFT THE LID**  
*on mental illness*

Rotary  
Districts of Australia



***Thank you all very much for the most unexpected and totally surprising award of the Sapphire Pin.***

***I do appreciate it very much.***

**Peggy Sanders**