

Rotary

Club of Berowra



Kalori: The Bulletin of the Rotary Club of Berowra Inc



SERVE TO CHANGE LIVES

Rotary Year 2021 – 2022

President Rotary International: Shekhar Mehta
Governor Rotary District 9685: Lindsay May OAM
President Rotary Club of Berowra: Jeanette Bakker
Rotary International Theme for 2021 - 2022:
Serve to Change Lives



Vol 45 No 4 — October 2021

Wednesday 13: Zoom Meeting 7.00pm — Dr Sarah Weaver
'RU OK? - What to say next'

Wednesday 27: Zoom Cluster Meeting 6.30pm — Dr James Muecke
'Harness your passion to change the world'



Inside this Bulletin

<i>Programme of the Club Board 2021—2022</i>	P 2
<i>From the President</i>	P 3, 4
<i>Community Service; Youth - RYLA</i>	P 5
<i>October Events</i>	P 6
<i>From Youth Director</i>	P 7
<i>Memories from Mary</i>	P 8
<i>Karen's turning 50</i>	P 9
<i>Members' Page</i>	P10

WORLD POLIO DAY — 24 OCTOBER

The Rotary Club of Berowra Inc.
Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: www.berowra.net/rotary Facebook: Rotary Club of Berowra
Email: berowrarotary@gmail.com Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

Rotary Year 20201— 2022

October 2021

Wednesday 13 Meeting - Hat Day, Dr Sarah Weaver
Zoom 7pm "R U OK? What do you say next?"

Wednesday 27 Joint Meeting with Cluster Clubs — Dr James
Zoom 6.30pm Muecke 'Harness your passion to change the world'

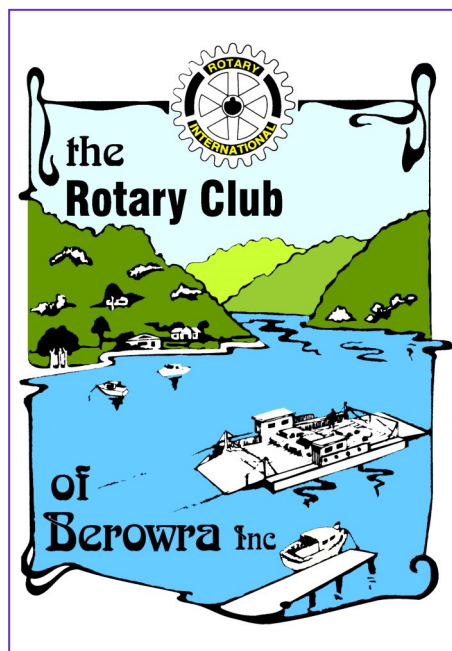
November 2021

Wednesday 10, Meeting — Stephanie Ho. Mountaineer and
Aspiring Polar Adventurer 2022

Wednesday 24 Meeting TBC

December 2021

Wednesday 8 Annual General Meeting and Club Forum



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters — one of Sydney's well known beauty spots — is depicted on our Club Banner.

SHAMIDA
ETHIOPIA



<https://www.shamidaethiopia.com/>

Attendance

For attendance at meetings, and bringing guests, please contact **Jan Childs**
Tel: 9456 1482 or 0438 613 139



The next Bulletin will be published for November 2021. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 29 October 2021 @ psanders@ozemail.com.au



BOARD 2021—2022

President: **Jeanette Bakker 0421 958 841**
Immediate Past President: **Trevor Bailey**
President-Elect: **Kathy Kendall**
Secretary: **Kathy Kendall**
Treasurer: **Trevor Bailey**
Club Administration: **Peggy Sanders 0413 481 854**

Directors:

Community Service: **Jan Childs**
International: **Mary Kendall**
Youth: **Tom Borg**
Vocational: **Gil Stokes**
Foundation: **Rich Moore**
Public Image: **Peggy Sanders**
Membership: **Trevor Bailey 0400 999 226**

Additional Roles:

Bulletin Editor: **Peggy Sanders**
District Conference Coordinator: **Peggy Sanders**
Public Officer: **Trevor Bailey**
Welfare: **Jan Childs**
Child Protection, Verification Officers: **Carolyn Higgs and Peggy Sanders**
Attendance: **Jan Childs 0438 613 139**



FROM THE PRESIDENT

We are still having our meetings via Zoom.

On Wednesday 1 September, I attended a Northlakes Toukley Rotary Club meeting via Zoom. Sue Liptrott from the “**Iris Foundation**” (fostering hope, resilience and connections to reduce the risk of suicide) established in 2016, spoke about the cottage which was found for Sue and her colleagues to work from. Local schools have reached out to Sue and her colleagues when local kids that are not connecting with their peers and wanting to end their life as young as Year 3 students.



Northlakes Rotary does a lot of corporate fundraising to help the Iris Foundation, and they also assist with the ‘Because We care Boutique’ which has business clothes to help women dress appropriately for job interviews and appointments.

At our meeting on Wednesday 8 September PP Trevor Bailey PHF our **Membership** Director gave a fantastic presentation on membership and included a video from Michael Angelo Caruso, a Rotarian and highly engaging motivational speaker — looking at ‘13 Ways the Kill Your Rotary Club’!! We also formed a sub – committee (Trevor Bailey, Peggy Sanders, Rich Moore, and Kathy Kendall) to discuss how we can inform our community from Asquith to Brooklyn about Berowra Rotary. I look forward to their report at our next meeting.

Thursday 9 September was “**R U OK? Day**”. So, I rang Members who weren’t at the meeting to see if they were OK. I also contacted family and friends. Thursday was a very busy day. We will be following up on R U OK? Day at our first meeting in October with Dr Sarah Weaver, on our ‘Hat Day’, discussing with us ‘**RU OK? - What to say next**’.

RU OK?

Wednesday 15 September we joined another meeting with Northlakes Toukley Rotary Club. Several of our members attended in addition to myself (Peggy Sanders, Tom and Yvonne Borg) their guest speaker, Jennifer Taaffe, is Chair of the **Camp Breakaway** Board. Jenny reminded us that Camp Breakaway is not funded by the Government, although it is a registered service provider for participants in the NDIS. Camps are costly, and while they have been unable to have camps they have been looking again at their business model. They rely on sponsors and volunteers. She spoke of their dedicated volunteers from the Central Coast Ladies Auxiliary who donate approximately \$60—\$70 thousand per year. Comprised mostly of retirees, this active and committed group of volunteers, is truly the backbone of Camp Breakaway. They raise money via many innovative and traditional ways, including; coffee mornings, fetes, raffles, street stalls, workshop courses and by any other worthwhile means. All money raised is spent on Camp Breakaway’s camps, facilities and the purchase of much-needed equipment. For Camps they have volunteer carers. Jenny’s wish list included: for the 16 cabins to be sponsored for \$5,000 per year each cabin — which will allow the cabins to be maintained and improved as required; and to modify the amenities block and the BBQ. Above all Jenny and the Board want the facilities to be used — hirers can have weddings, parties, functions, and other events.

Saturday 25 September AG PP Tom Borg and I attended **District Presidents’ Meeting**. Just a few highlights:

- The Big Red Bus has been sold to western NSW.
- The Train Ride to End Polio has been transferred to February 23, 2022.
- DG Lindsay Membership Report
 - 1701 Active members @ 24 September in 67 clubs
 - 30 inducted 5 Deceased 3 Resignations
 - up net 22 since 1 July 2021.
- The Rotary Foundation: Please donate to the Annual Fund and/or Polio online.

Go to: my.rotary.org

Click on: Donate

Select Annual Fund or Polio Fund

Enter amount in \$AUD

Enter credit/debit card details

Consider Regular Giving

DONE!

FROM THE PRESIDENT continued



District Presidents' Meeting continued:

- We are closing in on Polio:
 - RI this week we have “never been more confident of the imminent success of our campaign!”
 - only 2 cases of wild polio virus so far in 2021 (last in January 21)! Total 13 wpv cases Afghanistan and Pakistan Sept 20 – Sept 21
- Afghanistan
 - Positive signs campaign is still on track in Afghanistan – only ONE environmental (sewage) sample from testing sites; WHO and UNICEF staff have been allowed to stay and continue operations; Vaccination days are continuing in Afghanistan; Polio teams are optimistic about working with Taliban Government.
- World Polio Month October
 - World Polio Day October 24
 - Polio Chair PRIP John Germ, says ONE DAY, ONE FOCUS, ENDING POLIO endpolionow.org
Encourage each club member to donate \$10 to End Polio Now in October!
- Empowering Girls
PDG Susan Wakefield OAM is Zone 8 Empowering Girls Ambassador. Watch this short but powerful YouTube message from RI President Shekhar Mehta

https://cdn2.webdamdb.com/md_YUvMKq9Ue3l02AmL.mp4?162793%202013

Through the Empowering Girl's Initiative Rotary members worldwide can enhance girl's safety, health, education and well-being.

The legacy of empowering girls:

The Empowering Girls initiative should be the start of Rotary making a lasting impact on a generation of girls.

We can make a difference in girls' lives by:

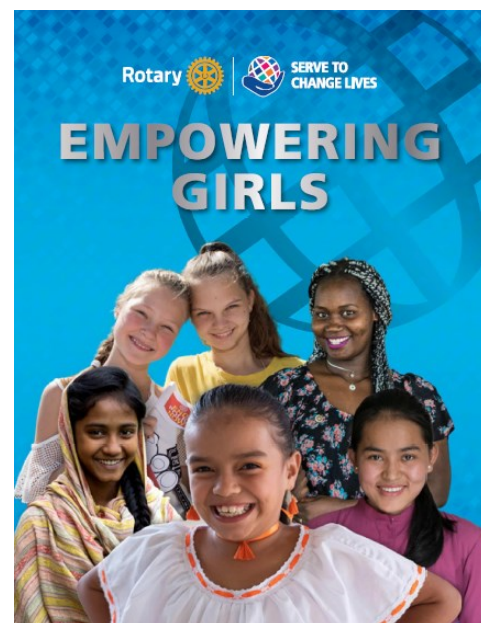
- Advocating for the public and private sectors to support girls
- Raising awareness of girls' needs in our communities, our social networks, and our partnerships — as we've done with our polio eradication work.

On Sunday 26 September Jennah Bakker, Peggy Sanders, Kathy Kendall and I attended a Zone 8 presentation by Sarita McLean, Zone 8 **Rotary Public Image** Coordinator. This was an introduction to Clubs having the right branding and colour on logos. We broke up into discussion group of 6 districts, in my group there were representatives from North Territory, Western Queensland, Melbourne East, Fiji Islands and Inner west Sydney so there was a great diversity of culture.

On Monday 27 September we were invited to join Hornsby District Rotary Club to hear Dr Judy Hopwood speak on **Homelessness** - so I with Peggy Sanders, Jan Childs, Rich Moore, Tom Borg and Nola Van Huissteden we heard Judy talk about her study of homelessness in our area, and to hear some of the plans of the Hornsby Club considering how they than can provide for some of the needy in their area.

On Wednesday 29 September we attended the Cluster Meeting hosted on Zoom by St Ives Rotary Club — although there was a change of speaker to Senator Andrew Bragg, I was joined by AG Tom Borg, Trevor Bailey, Rich Moore and Gil Stokes.

St Ives Rotary will again host a Zoom cluster meeting on Wednesday 27 October when they expect to have the 2020 Australian of the Year **Dr James Muecke**.



President Jeanette Bakker



COMMUNITY SERVICE REPORT

Hunt Reserve, Cnr Pacific Highway and Beryl Avenue Mt Colah

We received an email from Hornsby Shire Council, Landscape Architect /Trees and Recreation Project Manager Zoe Cooke, stating that Hunt Reserve is to be upgraded — improved play equipment and a new 'Off leash enclosed Dog Park' bordering Pacific Highway, south to boundary.

As we are regular users of Hunt Reserve for our Plant Sales we were invited to meet to ascertain our requirements. The old Sign Board will be replaced and our new brand logo will be included. Otherwise 'Status Quo'. Trevor Bailey and I met her on site at 8.30am on Thursday 16 September ... a very satisfactory outcome!

Rotary Berowra Plant Sale - we are still very hopeful of being able to have a Plant Sale (at Hunt Reserve) as restrictions ease — possibly 30 October 2021.

St John's First Aid Certificate Course — I had hoped that Rotary sponsoring a local St John's First Aid course would be a good opportunity to provide a community service, however after receiving additional information the pricing structure makes it unlikely that we would have sufficient takers.

Berowra Seniors Showcase 2022

Sometime in October we will hear about whether we have received a NSW Government Grant to be used to fund the cost of hiring the Berowra Community Cultural Centre and the advertising for us to mount the 'Berowra Seniors Showcase 2022' during the NSW Seniors Festival at the end of March 2022. We will have to do some more work on this project during October and November.

Rotary Berowra Graffiti Removal Squad

We have received the initial payment from the District Grant which we have received for the establishment of the Graffiti Removal Squad, so as we come out of restrictions we will need to get this project started.

PP Jan Childs PHF

YOUTH REPORT



Rotary Youth Leadership Awards - District 9685



RYLA 2022

Dates: Saturday 9 – Sunday 15 January 2022

Venue: Uniting Venue Elanora Heights

Applicants must be permanent residents of Australia residing in New South Wales. Applicants must be between 18 – 30 years of age at the commencement of the program and have left school for at least one year.

All applicants are endorsed and sponsored by a Rotary Club. Applications must be submitted by 30 November 2021, however we need to consider applicants, and carry out interviews well before that time.

Club Youth Directors have been invited to an Information Session on RYLA 2022 on Monday 4 October 2021 by Zoom at 7.30pm.

See further Youth Director's Report page 7

PP Tom Borg PHF

October Events

Economic and Community Development Month

Monday 11 October: Hornsby and District Rotary Club have invited us to their meeting by Zoom at 6.30pm for their special guest speaker from Chicago, Bob Sharfman, Attorney at Law. Their meetings commence at 6.30pm with their speaker, although Zoom is open from about 6.00pm. Zoom details will be distributed when available.



Saturday 9 — Sunday 17 October is World Mental Health Week.



Sunday 10 October: Hat Day

Hat Day is part of Australian Rotary Health's Lift the Lid on Mental Illness campaign to raise vital funds for mental health research and create awareness about a topic that is not often talked about.



Wednesday 13 October:

Meeting of the Club by Zoom. The Zoom invitation will be sent on Tuesday 12 October. Zoom will be open from 6.45pm to join and chat and **we will commence our meeting with our speaker at 7.00pm**. Visitors are welcome, and they will be able to leave after the speaker if they wish.

Our guest will be **Dr Sarah Weaver** and her topic will be 'RU OK? - What to say next'. Dr Weaver is a General Practitioner with a particular interest in mental health and a masters degree in Psychological Medicine. She has also worked with the Black Dog Institute for over 15years.

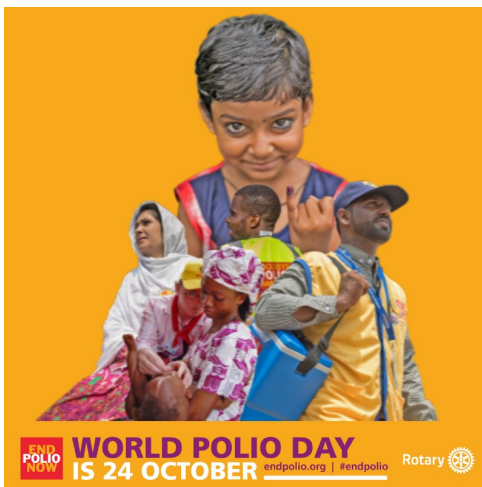
Sunday 24 October: World Polio Day

ONE DAY, ONE FOCUS, ENDING POLIO
Encouraging each club member to donate \$10 to End Polio Now in October!
See *President's Report* page 4.

Wednesday 27 October:

Cluster Meeting We have been invited again to the Clubs Cluster Meeting hosted by St Ives Club on Zoom for the event with **Dr James Muecke**, eye surgeon, blindness prevention pioneer and 2020 Australian of the Year.

He will discuss the topic, '**Harness your passion to change the world**' at 6:30pm. We will need to register for this meeting.





FROM THE YOUTH DIRECTOR

Rotary has a great involvement in youth all over the world with many youth services programs such as:

Rotary Youth Exchange (RYEP), Rotary Youth Leadership Awards (RYLA), Rotary Youth Program of Enrichment (RYPEN), Rotary gets young people involved with Science Forums, Engineering Challenges and even the world political stage through the Model United Nations Assembly. (MUNA).

These are all very good venues for young people of today to get involved in but all this extra involvement in special services with Rotary or any other organisation does not mean anything to those young people without a formal education. So it was interesting to read in the September copy of *Rotary Down Under* that Rotary is committed to ending educational inequality and illiteracy throughout the world.

Illiteracy not only exists in developing countries, such as Kenya, Papua New Guinea, Timor Leste, Niger, Chad, Liberia and Philippines where poverty remains the primary cause of illiteracy but even in developed countries such as the United States and Australia. In 1985 Rotary declared basic Literacy a pre-condition to the development of peace. Rotary supports education for all children and literacy for children and adults.



In 1995 Dolly Parton launched a program called 'Imagination Library' that gifts high-quality books to children all over the world. Dolly's Imagination Library expanded to Australia in 2013. Since then towns like Doomadgee in remote Queensland are seeing marked improvements in school readiness among children who have received the Imagination Library books. In addition to Queensland, the program coverage extends to communities in New South Wales, South Australia, Victoria and Western Australia. Dolly has donated over 100 million books through her program. When you teach somebody how to read, they have that for a lifetime, it ripples through the community, one by one.

<https://imaginationlibrary.com/about-us/>



Rotary has a Literacy Rotary Action Group (LitRAG), which is a committed network of Rotarians who provide resources and support for literacy and education projects. <https://www.litrag.org/join-litrag>

What is Rotary's impact on education? The Rotary Foundation supports education through scholarships, donations and service projects around the world. <https://www.rotary.org/en/our-causes/supporting-education>



PP Tom Borg PHF



MEMORIES AND THOUGHTS FROM MARY

Hard to believe it's been twenty years since the world changed forever on 9th September 2001.

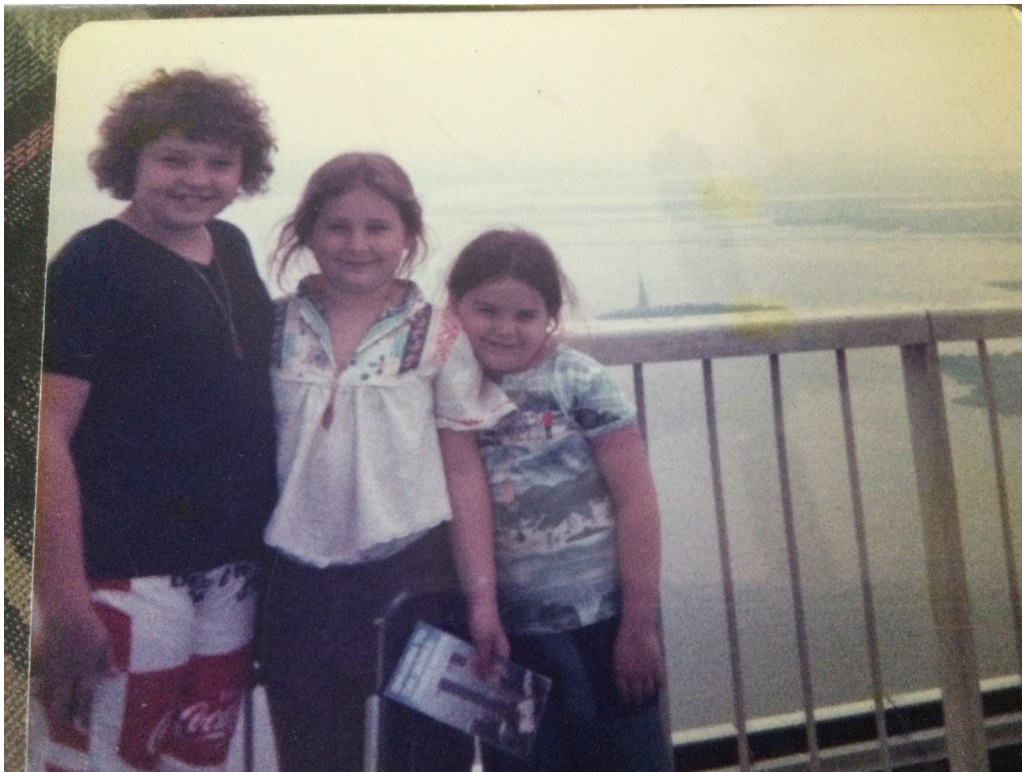
The anniversary of 9 -11 brought back many memories lost in the shadows of my past.

One memory is a picture of my three young daughters that is hanging on my refrigerator taken while we were visiting friends in New York many years ago. The husband of the couple we were staying with worked in Tower 1 of the World Trade Centre and invited us to come into the city and view New York from the top of the tower. Never in my wildest imagination would I have thought that one day the building we stood at the top of would be taken down by terrorists.

Did any of the more than 3,000 people who went to work at the World Trade Centre that day think "this could be my last day"? What memories do their families have of the last goodbyes that morning.

The present day has been a couple of years of 'lasts' – last times of freely mixing with family and friends, last time of moving around and traveling. Every year I receive a birthday card from my sister in the USA and I sit it on my table. The card I received from her in December 2020 is still sitting on my table. In it she says she loves me. It is the last card I will ever receive from her as she died in March.

If we learn nothing else from these times, I hope we will think carefully of all our deeds and words – they may be our last.



L to R: Kathy, Kirsten and Karen — and the little thing in the distance beside Karen's head is the Statue of Liberty

Mary Kendall



Karen's #50for50 Birthday Fundraiser

Karen is turning 50

Happy Birthday
Karen



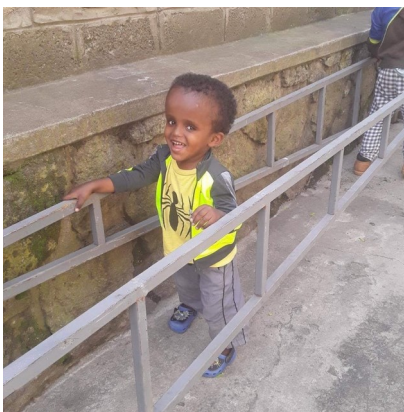
Shamida's supporters are raising \$50,000 in 50 days for Karen's 50th.

<https://shamidaethiopia.com/50for50>

Ten years ago Berowra resident, Karen Kendall, sold everything of material value (including her Sydney apartment) and soon afterwards moved to Ethiopia permanently where she started Shamida Ethiopia to give disadvantaged women and children a safe home, an education and a hope for a better life for their future. In November Karen turns 50 years old and she's looking for 1,000 people worldwide to donate \$50 - raising \$50,000 for her 50th! Karen has chosen this life, working closely and making sure that she empowers the staff to run Shamida on a daily basis. In true Karen style, she doesn't want birthday cards or presents. She'd love to use this opportunity to help the kids!

Let's celebrate Karen together and make a difference to the lives of women and children in Ethiopia.

Shamida Ethiopia was established to give hope to the lives of women and children in Ethiopia. If you haven't looked at Shamida website for a while — check it out again as see what's new.



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form.

<http://shamidaethiopia.com/donate>



ROTARY AUSTRALIA
WORLD COMMUNITY
SERVICE

MEMBERS' PAGE



Rotary Year	2021—2022
	October 2021
Month	Economic and Community Development
Monday 4 7.30pm Zoom	RYLA 2022 Committee Information Session
Saturday 9 — Sunday 17	World Mental Health Week
Sunday 10	Mental Health Day (Hat Day)
Monday 11 6.30pm	Hornsby District Rotary
Sunday 24	World Polio Day
Saturday 30	Plant Sale TBC
	November 2021
Saturday 27	Presidents' Meeting
	December 2021
Wednesday 8	Annual General Meeting
	Primary School Citizenship Awards
	January 2022
Sunday 9 — Saturday 15	Rotary Youth Leadership Awards
Tuesday 11	RYLA Formal Event Uniting Venues Conference Centre Elanora Heights.

Birthdays, Anniversaries and Congratulations.....
1 — 31 October
Happy Birthday to: Nil
Happy Anniversary to: Nil
Happy Anniversary of Induction to: Nil



I have been advised that the Camp Breakaway fundraiser, the Gala, has been postponed until October 2022.

NAVIGATING CHANGE ROTARY DISTRICT 9685 CONFERENCE 2022



Gala Dinner – Friday 18 March 2022
 Plenary Sessions – Saturday 19 March 2022

Hornsby Ku-ring-gai Radio
TRIPLE 100.1 FM
 LIVE & LOCAL

Rotary Matters
 On air
 Friday 3pm—4pm

“
 Today Rotary is pledging
\$97 Million
 in grant funding during
 2022 for sustainable,
 member-led projects.
 — JENNIFER JONES
PRESIDENT-ELECT, ROTARY INTERNATIONAL

GLOBAL CITIZEN Rotary

**SHOW YOUR SUPPORT
 END POLIO NOW**

RDU SUPPLIES
Licensed Rotary Brand Distributor.

1. Apron \$26.50 2. Balloons (25 pack) \$16.50 AU
 3. Cap \$17.00 AU 4. Shirt \$20.00 5. Pull-up Banner \$145.00 AU

Rotary

**OCTOBER IS
 COMMUNITY
 ECONOMIC
 DEVELOPMENT MONTH**

SERVE TO CHANGE LIVES

Rotary members train people to become resources for their community, offering networking activities, advice on new business development, and mathematics and financial management training.