

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2021 - 2022

President Rotary International: Shekhar Mehta Governor Rotary District 9685: Lindsay May OAM President Rotary Club of Berowra: Jeanette Bakker Rotary International Theme for 2021 - 2022: Serve to Change Lives

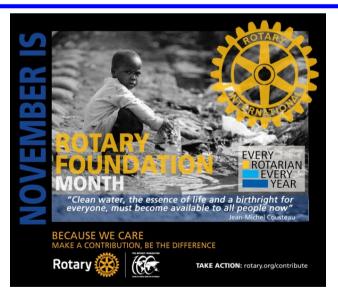


SERVE TO CHANGE LIVES

Vol 45 No 5 — November 2021

Wednesday 10: Stephanie Ho. Mountaineer and Aspiring Polar Adventurer 2022; and our RYLA Attendee Jack Dacey

Wednesday 24: Annual General Meeting



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The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW Website: <u>www.berowra.net/rotary</u> Facebook: Rotary Club of Berowra Email: <u>berowrarotary@gmail.com</u> Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

Rotary Year 20201-2022

November 2021

Wednesday 10,	Meeting — Stephanie Ho. Mountaineer and Aspiring Polar Adventurer 2022; RYLA Candidate Jack Dacey
Wednesday 24	Annual General Meeting and Club Forum
December 2021	
Wednesday 8	Book Launch — <i>Margaret Preston in Berowra</i> by Rhonda Davis
Wednesday 22	No meeting
January 2022	
Tuesday 11	RYLA Formal Event , Uniting Venues Conference Centre Elanora Heights.
Wednesday 12	No meeting
Wednesday 26	Australia Day — no meeting





https://www.shamidaethiopia.com/

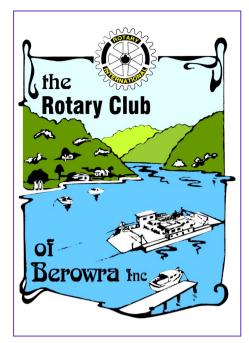


Attendance

For attendance at meetings, and bringing guests, please contact **Jan Childs** *Tel:* **9456 1482 or 0438 613 139**



The next Bulletin will be published for December 2021/January 2022. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 26 November 2021 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

BOARD 2021-2022

President: Jeanette Bakker 0421 958 841 Immediate Past President: Trevor Bailey President-Elect: Kathy Kendall Secretary: Kathy Kendall Treasurer: Trevor Bailey Club Administration: Peggy Sanders 0413 481 854

Directors:

Community Service: Jan Childs International: Mary Kendall Youth: Tom Borg Vocational: Gil Stokes Foundation: Rich Moore Public Image: Peggy Sanders Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders District Conference Coordinator: Peggy Sanders Public Officer: Trevor Bailey Welfare: Jan Childs Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Jan Childs 0438 613 139



FROM THE PRESIDENT

October was a fantastic month filled with meeting, information and making a difference. Despite being in lockdown we have being rather busy having meetings on Zoom and engaging with other Rotary clubs.

On Friday 1 October Tom Borg and I attended the Crows Nest Chinwag session via zoom. Their guest speaker was a member Angelo Raveane. Angelo spoke on the art of wine making in the Griffith region NSW during 1970s. He explained about all the chemicals and food colouring they used to make wine look and taste good. Rotarians from multiple clubs were present including PDG Harold Sharp and PDG Gina Growden. We had a fun night with lots of laughs.

On Friday 8 October was our Club's Zoom social night which was attend by Tom and Yvonne Borg, Trevor and Janette Bailey, Peggy Sanders, Nola Van Huissteden, Jan Childs, Jim and Susan Fairlie and me. It was a very caring and fun evening as we all shared personal stories and laughs.

On Monday 11 October Tom, Peggy, Rich and Mary attended Hornsby District online meeting where Robert (Bob) Sharfman gave a memorable presentation on Chicago.



On 13 October we had our Zoom meeting, which was in the middle of World Mental Health Week. We were privileged to have Peggy introduce our quest RU©K? speaker Dr Sarah Weaver, and General Practitioner from West Ryde, who talk about RUOK Day and the history of the movement. Dr Sarah has provided ongoing care for people with Mental Health issues and has worked with the Black Dog Institute for the past 15 Years. Dr Sarah showed us a video on Donald Ritchie OAM (1926 - 2012) Australian Local Hero 2011, known as the "Angel of the Gap". The video was about Don who lived opposite the Gap for over 50 years. He would look out his window and if he would see anybody planning to jump, he wandered over to the Gap and give them a smile and start a conversation with them to change their mind. Don saved over 160 lives officially but close to 400 unofficially and putting his own life at risk going over the barrier to pull them back. This was inspiring to watch. Dr Sarah spoke of another hero Gavin Larkin who started RUOK?, she advised us to go onto the website ruok.org.au to learn mental health before reaching out to others. Thank you, Dr Sarah, for sharing your knowledge.

Also joining us on 13 October was Karen Kendall from Shamida. When we announced that the Rotary Club of Berowra is donating \$500 for her 50th birthday, to continue with her work, in helping the children of Shamida.



With much regret we had to cancel the Father's Day Plant Sale. With all the Covid rules in place it was to hard and stressful to manage. Our next plant sale will be Mother's Day 2022. We also had discussion for other fund raising actives and community projects.

Along with 44 others we joined St Ives Rotary online meeting on 27 October. Dr James Muecke AM was the guest speaker for the night. Dr James a leading researcher into eye surgery and blindness prevention. He is the 2020 Australian of the Year. He spoke about how diet impacts health, in particular type II Diabetes. After listening to Dr James, surely it made us more conscious of our diet.

Our RYLA candidate nomination for 2022 has been submitted.

President Jeanette Bakker





COMMUNITY SERVICE REPORT

Rotary Berowra Plant Sale: Our plans for another Plant Sale this year have been cancelled because the latest regulations proved impossible to implement. All the suppliers have been contacted — they are disappointed but understand.

Mothers Day Plant Sale 2022 will be wonderful!

Berowra Uniting Church Community Markets: Plans are in hand to have a sale of mixed goods (new and old) at the Community Markets on Saturday 5 February 2022.

Hunt Reserve, Cnr Pacific Highway and Beryl Avenue Mt Colah: I reported last month that Trevor Bailey and I had met with Hornsby Shire Council Landscape Architect /Trees and Recreation Project Manager Zoe Cooke at Hunt Reserve concerning the planned upgrade.

Council is proposing to undertake renewal works at Hunt Reserve, Mount Colah. The aim of the project is to provide a new off-leash dog park facility, new opportunities for play and improved park facilities for the community. Key elements of the Concept Plan include:

A new off-leash dog park in accordance with Council's Off-Leash Dog Park Strategy

• Inclusive playspace upgraded from Local Level to District Level in accordance with Council's Play Plan, including nature play, natural shade, and parkour elements.

- Improvements to the existing toilet block to provide an accessible toilet.
- Improve pathways through the park with seating and garden beds.
- Improvements to carparking within the site.

• Retained area for charity events including Rotary Club of Berowra Plant Sale and 1st Mount Colah/ Munt Kuring-gai Scout Group Christmas tree sales.

The Hunt Reserve Concept Plan is available to view on Council's website at https://www.hornsby.nsw.gov.au/council/noticeboard/your-say

PP Jan Childs PHF

APPLICATIONS FOR GRANTS

NSW Seniors Festival 2022

In August 2021 we applied for a NSW Government Grant to mount the 'Berowra Seniors Showcase 2022' during the NSW Seniors Festival at the end of March 2022. We applied for the grant to fund the cost of hiring the Berowra Community Cultural Centre and the advertising the Showcase.

We have just been advised that we were unsuccessful in our application for the grant. We will now have to meet shortly and determine whether or not we can continue with our plans to sponsor the Showcase.

Rotary Berowra Graffiti Removal Squad

We have received the initial payment from the District Grant which we have received for the establishment of the Graffiti Removal Squad, so we need to get this started. We also applied for a Commonwealth Grant to assist with the Graffiti Squad, for which we have not received a response as yet.

ADVERTISING

The Bush Tele Calendar 2022

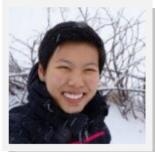
We have placed our Plant Sale dates in the Bush Tele Calendar 2022, and placed our information in the community directory.

Community Dates Page in The Bush Tele

Hornsby Rotary have ceased their sponsorship of the 'Community Diary Dates' page in *The Bush Tele*. We have approached the Lions Club and the APEX Club to see if they are interested in jointly sponsoring the 'Community Diary Dates' page with us.

PP Peggy Sanders PHF

November Events Rotary Foundation Month



Wednesday 10 November:

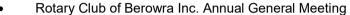
• We return to the **Berowra RSL Club** for our dinner meeting, 6.30pm for 7.00pm.

Guest Speaker: **Stephanie Ho**Mountaineer and Aspiring Polar Adventurer Greenland
Crossing 2023

• Introducing himself — Jack Dacey Our candidate for RYLA 2022. Dates: Saturday 9 – Sunday 15 January 2022

Venue: Uniting Venue Elanora Heights Tuesday 11 January — RYLA Formal Event

Wednesday 24 November:





ontribute to



NOTICE IS HEREBY GIVEN that the ANNUAL GENERAL MEETING of the ROTARY CLUB of BEROWRA INC. will be held on Wednesday 24 November, 2021 at Berowra RSL Club, 997 Pacific Highway, Berowra NSW commencing at 7.00pm

The business of the meeting includes: receive and approve the Annual Financial Return for the financial year 2020 - 2021; election of officers of the Club for the Rotary year 2022 - 2023.

Nominations are sought for the positions of President Elect (for President 2023—2023); for 2022—2023 Secretary; Club Administration Director, Treasurer, and Board members; General Business as advised prior to the commencement of the Annual General Meeting.

See page for the nomination form.

Kathy Kendall, Secretary







Raise funds and awareness for The Rotary Foundation this **#GivingTuesday, 30 November**.

This global day of giving is an opportunity for all Rotary members to make a big impact with a gift of any size to our Annual Fund-SHARE. Last year, we raised more than US\$800,000 — and we're asking to help raise even more this year!

Members are encouraged to donate online on 30 November. https://my.rotary.org/en/giving-Tuesday

Giving Tuesday happens once a year, but your gift of Rotary will make a difference for a lifetime. This Giving Tuesday, consider making a special gift to <u>The Rotary Foundation</u> and together we can continue Doing Good in the World.



FROM JAN CHILDS

Berowra Guide Hall

Berowra Girl Guides began in 1962 administered by Hornsby Girl Guides District Commissioner for approximately 3 years, when Mrs Eileen Rayner was appointed District Commissioner in 1964 for 5years.

My story began in 1964, soon after our arrival. I was invited to a Girl Guides Local Association Luncheon, and later the AGM, when I became a Member, learning the "ropes" by observation and participation in fundraising activities and one Training Day (pregnant with two under 5)! Megan became a Brownie in 1987. The girls were meeting in Mrs. James' Backyard and Garage at High Street (Rich Moore's swimming pool). They continued until the Guide Hall opened.

1969 I was appointed Berowra District Commissioner aware of the reluctance by some members of the LA to risk the saved bank balance. I called a Public Meeting, held in the Presbyterian Church (Salvation Army, now private home) which was well attended....State member John Madison, Councillor Eddie Parish, and RSL members. A Building Committee

was formed. Kathy Comb's uncle was Chairman, and fathers (Electrician, Plumber, Printer and Teacher) who organised the helpers for each stage of the building. One Dad worked for the Government Lands Department. The King Road Site was eventually granted. The original RSL Club Building was demolished and the materials used as form work for the foundations. RSL Member Wilfie Douglas (a bachelor) was a DMR Concreter, supervised and "finished" the floor in 3 slabs over 3 weekends.

Finance: Girl Guide HQ Grant and Loan. HSC Grant and Loan.

How the girls helped pay back the loans: Berowra District was divided into areas, The Supermarket (now BWS) used Weekly Specials flyers which were delivered to the Printer Dad, who divided them into bundles,

which were collected by parent representatives from each section and the girls did the rest!

The Guides and Brownies began meeting in the Hall in August 1972 bare floor, no eaves or ceiling, two tables, second-hand chairs, a donated cupboard, and patrol boxes.

Official Opening 4 November 1972 by Lady Margaret Wyndham NSW State Commissioner.

During the afternoon tea, a fellow colleague asked. "Do you feel like the Mother of the Bride?!

The receipts for the final payments of both Loans were framed and displayed until the latest renovation.

Jan Childs



Commissioner for Gu shown third from left. Also shown are Mrs. J. Flint, Division Commissioner for Mirrabooka, Mrs. W. Childs, District Commissioner for Berowra, Mrs. R. Williams, President of the Berowra Girl Guides Local Association, and Mr. W. Childs (partly obscured) representing the Building Committee. At the rear of Lady Wyndham is a colour party of guides bearing the State Standard. The following is from an address given by Mr. W. Childs, representing the Hall Building Committee.





FROM TREVOR BAILEY

BUS DRIVING

Since retiring from my previous industry / occupation, but not wanting to retire completely, I decided to do something that I wanted to do instead of having to do what other people wanted me to do. Mind you, I was sixty at the time and had enough.

Ever since I was a lad I wanted to drive a bus, so I decided to have a crack at it. I was inspired during the Svdney Olympics. On route to one of the events. I

was talking to the bus driver who happened to be a high school teacher and like me wanted to drive buses. He decided to take advantage of the Olympics when they were looking for bus drivers and train up.

So I upgraded my drivers' licence and did the bus driver training and commenced bus driving at Hills Buses, Dural ten years ago and have loved every minute. The only problem I found was the split shift arrangement creating long days and causing me to lose sleep during the week and spending Saturday mornings trying to catch up. The odd thing now is that the company is introducing monitors on the buses that will pick up if the driver is drowsy or micro sleeping. A very good safety factor but I don't know if the shifts have been changed to accommodate as yet. Being a relief casual during the mornings only it doesn't affect me, but I dare say I will hear about it. The interesting thing about bus driving from the Dural base at the time I commenced was that I had to be able to drive manual buses. The Dural depot was considered as the country depot where all the old manual buses were sent to. They were primarily used by the part timers, mostly old blokes doing school runs, two hours in the mornings and two hours in the afternoons. The part timers have now all gone, along with the manual buses.

The one thing I have noticed with retirement, you need that contact with other people. With bus driving there is the contact with the public and the camaraderie with other drivers and management. Every day is different with always something to shake your head at or give yourself a laugh.

Only the other day I was doing a bus run that went from Castle Hill to Beecroft via Cherrybrook Shops. At one point the trip travels down a street called High Street at West Pennant Hills where it does a u turn at a roundabout at the end and returns the same way. An elderly well spoken gentleman got on my bus in High Street and got off at the termination Beecroft Railway Station. He then promptly got back on for the return journey which is only a half trip terminating at Cherrybrook Railway Station. It wasn't till then that I found out that he wanted to go to Cherrybrook Shops. Normally, if he got on the right bus, the trip would have taken the poor fellow fifteen minutes. Instead, he had spent one hour on my bus then still had to catch what would have been the right one.

Beecroft Railway used to feature with another customer years ago. An elderly Chinese lady who had no

command of the English language but had the fortitude to get around by recognizing the number of the bus she had to catch. The trip was a service from Castle Hill to Macquarie Centre via Beecroft where the coming and going trips would come in the same direction. If you were doing the trip to Macquarie Centre and she got on your bus, you knew exactly what would happen as soon as you turned left in to Beecroft Road. The buzzer would ring, you then stop the bus at the next stop which was just around the corner and she would get off and high tail it back to the Railway Station to try her luck on another bus with the same number. If she was around today she would be right as that service terminates at Beecroft.



BUS DRIVING CONTINUED

Imagine a quiet Sunday during a leisurely run from Pennant Hills Railway Station to Parramatta Railway Station along Pennant Hills Road with four people on board, a middle age man using a walking stick, a young mum with a toddler and a chap in his thirties and obviously missing one of his sheep in his top paddock. I would lower the bus for people whenever required which I did for the young mum and the gent with the walking stick when they got on and off. At the end of the journey I didn't lower the bus for the able bodied chap and as he got off he said "You didn't lower the bus for me" to which I replied "Well get back on and I'll lower it for you". He got back on, I lowered the bus, he walked off happy. We do aim to please.

I had an occasion to do an afternoon school run picking up from Marian College Kenthurst, a very crowded bus load. The last lass to get on had a very large bunch of flowers. I said "I take it that it is your birthday" she said it was so I wished her a happy birthday and told her that it was mine the next day. The next day I'm during a different afternoon school run this time picking up from Northholm Grammar School Arcadia. Not long into the trip a young man of high school age came up to me and asked me if it was my birthday. I said it was and inquired as to how on earth did he know. He said that I spoke to his sister yesterday and told her. I was then treated to a rendition of 'Happy Birthday to You" from the back of the bus. I thought he'll go a long way. Goes to show how much they talk about their bus drivers, a bit daunting.

I could go on for ages with stories, like I said, every day is different every day is entertaining, I still enjoy it.

Trevor Bailey



Klumph on the cover of the September 1916 issue of The Rotarian

Who was Arch Klumph?

Arch Klumph was born in the small town of Conneautville, Pennsylvania, USA in 1869. When he was a child, his family moved to Cleveland, Ohio, where he would become a founding member of the Rotary Club of Cleveland in 1911 (at age 42). As club president in 1913, he advocated for the club to build a reserve that would ensure its means to do future good work.

Five years after he became a Rotarian, at age 48, Klumph was elected to serve as otary's president for 1916-17. Near the end of his term, at the 1917 Rotary Convention in Atlanta, Georgia, USA, he reminded Rotarians that "Rotary is at the present time entering a new era, demanding improved methods in administrative machinery, with which to carry out the splendid principles which have been laid down heretofore".

One of those improvements was to become The Rotary Foundation, which became a way for Rotarians around the world to pool their resources to tackle projects that were bigger than a single Rotary Club could handle. Its first major charitable project was an award of \$500 to the International Society for Crippled Children in 1930.

Klumph remained an active supporter of The Rotary Foundation until his death in 1951, setting the groundwork for its long-term future.

Since 1965, the Foundation has been pooling contributions from Rotarians around the world to support club and district projects with various types of matching grants. A portion of your personal and club contributions to the Foundation's Annual Fund are returned to our District to magnify the size of projects that our clubs are carrying out here in Australia and around the world.

November is Rotary Foundation Month, which makes it a great time to recognise the leadership of Arch Klumph in planting the seeds for our Foundation. Please consider planting your own seeds by way of becoming a Centurion with a donation of \$100 to the Annual Fund this month.

PP David Dean District 9685 Rotary Foundation Chair

MEMBERS' PAGE

Rotary Year	2021—2022
	November 2021
Saturday 27	Presidents' Meeting
Wednesday 24	Annual General Meeting
Tuesday 30	The Rotary Foundation Giving Tuesday
	December 2021
Wednesday 8	Book Launch—invite friends
	Primary School Citizenship Awards
Saturday 11 @ 12noon	Berowra Rotary Christmas Social @ home of Trevor and Janette
	January 2022
Sunday 9 — Saturday 15	Rotary Youth Leadership Awards
Tuesday 11	RYLA Formal Event

Berowra Rotary Christmas Lunch

Saturday 11 December @ 12noon

Social Director Yvonne will

Looking forward to some social time of

their home

celebration together!

Hosts—Trevor and Janette Bailey @

circulate information about contributions to catering and attendance and visitors.

Birthdays, Anniversaries and Congratulations...... 1 — 30 November Happy Birthday to: Karen Kendall (12/11); Jennah Bakker (18/11); Tom Borg (27/11); Gil Stokes (28/11) Happy Anniversary to: Trevor and Janette Bailey(29/11)

Happy Anniversary of Induction to: Nil





Happy Birthday Karen

NAVIGATING CHANGE ROTARY DISTRICT 9685 CONFERENCE 2022





Gala Dinner – Friday 18 March 2022 Plenary Sessions – Saturday 19 March 2022





Nomination Form

Position: (Secretary; Club Administration Director; Treasurer; Director/Board Member; President – Elect (for President 2023—2024)

Nominated by:

Seconded by:

Agreed to nomination: