

# Kalori: The Bulletin of the Rotary Club of Berowra Inc



### Rotary Year 2021 - 2022

President Rotary International: Shekhar Mehta Governor Rotary District 9685: Lindsay May OAM President Rotary Club of Berowra: Jeanette Bakker Rotary International Theme for 2021 - 2022: Serve to Change Lives



P 2

SERVE TO CHANGE LIVES

Vol 45 No 6 — December 2021 and January 2022

Wednesday 8 December: Berowra Rotary hosts the book launch Margaret Preston in Berowra by Rhonda Davis @ 6.30pm

Tuesday 11 January: RYLA Dinner (details to follow)

Wednesday 9 February: Dinner Meeting

*Happy* 

New Year!

MAY THIS YEAR BRING YOU LOVE, LAUGHTER, AND DELIGHT!

Rotarv



Merry Christmas

Inside this Bulletin Programme of the Club Board 2021 – 2022

Board 2021—2022	
From the President	P 3
Community Service; Grants, Advertising	P 4
December, January and February Events	P 5
District Conference; From Youth Director	P 6
From Gil Stokes	P 7
Members' Page	P 8

The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW Website: <u>www.berowra.net/rotary</u> Facebook: Rotary Club of Berowra Email: <u>berowrarotary@gmail.com</u> Postal Address: PO Box 30, Berowra, NSW 2081

## PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the meetings of the Rotary Berowra. Please call one of the members of the Rotary Berowra listed below.

#### **Rotary Year 2021—2022**

#### December 2021

Wednesday 8 @ 6.30pm	Book Launch — <i>Margaret Preston in Berowra</i> by Rhonda Davis
Wednesday 22	No meeting
January 2022	
Tuesday 11	RYLA Dinner
Wednesday 12	No meeting
Wednesday 26	Australia Day — no meeting
February 2022	
Wednesday 9	Dinner Meeting — Report on RYLA Experience
Wednesday 23	Dinner Meeting
March 2022	
Wednesday 9	Dinner Meeting
Wednesday 23	Dinner Meeting



#### https://www.shamidaethiopia.com/



Attendance

For attendance at meetings, and bringing guests, please contact **Jan Childs** *Tel:* **9456 1482 or 0438 613 139** 



The next Bulletin will be published for February 2022. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 28 January 2022 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our Club Banner.

#### BOARD 2021-2022

President: Jeanette Bakker 0421 958 841 Immediate Past President: Trevor Bailey President-Elect: Kathy Kendall Secretary: Kathy Kendall Treasurer: Trevor Bailey Club Administration: Peggy Sanders 0413 481 854

#### **Directors:**

Community Service: Jan Childs International: Mary Kendall Youth: Tom Borg Vocational: Gil Stokes Foundation: Rich Moore Public Image: Peggy Sanders Membership: Trevor Bailey 0400 999 226

**Additional Roles:** 

Bulletin Editor: Peggy Sanders District Conference Coordinator: Peggy Sanders Public Officer: Trevor Bailey Welfare: Jan Childs Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Jan Childs 0438 613 139



## **FROM THE PRESIDENT**

Zoom meetings has been very beneficial in enabling and given us the opportunity to engage with other Rotary Clubs in our District, Australia and internationally. This was one of the Presidents' Visions 2021-2022 to working with other Rotarians.

November was when we were able to start having meetings face –to-face which Rotarians value.

On Wednesday 10 November we had our first meeting back at the RSL Club Berowra, with members, partners, associates, and guests. Our guest speaker was **Stephanie Ho** a young second year university student; mountaineer and aspiring polar adventurer. At the age of 15 she started her first hiking and walking with a 10 kilo backpack, training with friends to

meet her goals and dreams. At 16 years of age she trained herself around the mountain hiking, in New Zealand. In January 2020 Stephanie flew to Nepal and climbed to the Mt Everest Base Camp. The Base Camp is 5364m above sea level, with a temperature of minus 25 degrees. In 2022 she in preparing for a mountaineering course so that she can go to Greenland 2023, for 30 days 540km with a 75kg sled. Her next track will raise funds for the Fred Hollows Foundation.

Also, our RYLArian **Jack Dacey** introduced himself to the Club - a local Berowra boy who has been involved with 1st Berowra Scout Club and is a currently Rover leader. We will see Jack at the RYLA Dinner on Tuesday 11 January 2022. We are all look forward to hearing from Jack after his RYLA experience, at our meeting on Wednesday 9 February 2022, our first meeting back at Berowra RSL for 2022.

The following meeting on Wednesday 24 November was our AMG followed by a Club Forum, it was great to have chat and make decisions over a lovely meal purchased from the Berowra Club's Bistro. We spoke about:

- Our upcoming Book Launch for the title *Margaret Preston in Berowra* by Rhonda Davis. The book launch will be on Wednesday 8 December 2021. We will need helpers on the night.
- Our club is doing a joint publicity sponsorship of the Community Diary in *The Bush Tele* with local Lions and Apex.
- From February 2022 we are having a monthly stall at the **Community Markets** in the Uniting Church grounds. We have booked a stall space for February and we can see how it goes. We need to consider what we can sell on the Stall new and used.
- The primary public schools from Asquith to Brooklyn **Citizenship Awards** monies has been processed.. Once again this year (under the current restrictions) we are not able to attend the schools to make the Awards.
- In light of not receiving a NSW Government grant to support for the planned Berowra Seniors Showcase 2022 we determined that we will not proceed with staging the Showcase.
- Next time we meet we will cover the establishment of the Berowra Rotary Graffiti Removal Squad, school debating, sale of honey, sale of lamingtons, and a 'welcome to your new home' for new homeowners.

On Saturday 27 November, another day of pouring rain when PP Tom Borg AG and I travelled to Hornsby RSL, to attend the District AGM and Presidents' Meeting. Some of the key element that where discussed:

- DG Designate 24-25 Selection Committee: AG Tom Borg was excited to be involved in selecting a DG for 2024-2025.
- A polio update: 2 new cases in October that is now 4 this year.
- Newsletters; DG eNews Thursday 2 December (20 Jan.2022.). eNews Thursday 16 Dec 2021 (20 Jan.2022.). Send News to Marilyn Kenney 3 days before.
- Learning & Development Courses on My Rotary, all Rotarians are encouraged to do, as they are free.
- The Insurance for Markets & Fairs Stallholders 1 day 'addon' PL for \$6. (We may need to keep this in mind when we have our Market Days and Plant Sales.)
- Financials to be signed off by Past President and Treasurer.
- The District Conference at West HQ, Rooty Hill on March 18-19, 2022. Early Bird special rates have been extended until 31/12/2021. The conference chair is Bob Kaye-Smith.

Stay safe, have a Merry Christmas and Happy New Year.

President Jeanette Bakker



# **COMMUNITY SERVICE REPORT**

**School Awards:** although we cannot be present in the schools to make the Awards, Berowra Rotary is pleased to continue its support of the young as they develop their ability to be good citizens

**Berowra Uniting Church Community Markets:** Plans are in hand to have a sale of mixed goods (new and old) at the Community Markets on Saturday 5 February 2022. This will come around quickly in the new year — please give thought to what you might contribute to sell.

Rotary Berowra Plant Sale: Mothers Day Plant Sale 2022 — Saturday 7 May.

PP Jan Childs PHF

#### GRANTS

#### **NSW Seniors Festival 2022**

As advised in August 2021 we applied for a NSW Government Grant to mount the 'Berowra Seniors Showcase 2022' during the NSW Seniors Festival at the end of March 2022. We applied for the grant to fund the cost of hiring the Berowra Community Cultural Centre and the advertising the Showcase. We were **unsuccessful** in our application for the grant. **As a result the Club determined that we would not proceed with our plans to sponsor the Showcase as we do not have the funds.** 

#### **Rotary Berowra Graffiti Removal Squad**

We have received the initial payment from the **Rotary District Grant** towards the establishment of the Graffiti Removal Squad, a grant that we need to match.



We also applied for a **Commonwealth Grant** to assist with the Graffiti Removal Squad — on Friday 3 December, I received a telephone call from Julian Leeser MP informing me that **we are successful**. This is great news and will allow us to purchase the equipment that we require to get his project going.

#### **ADVERTISING**

#### The Bush Tele Calendar 2022

We have placed our Plant Sale dates in the Bush Tele Calendar 2022, and placed our information in the community directory. It's out now—pick one up in the Village or at The Bush Tele Office.

**Sponsorship of the Community Dates Page in** *The Bush Tele* Berowra Rotary, Berowra Lions and Berowra APEX have jointly sponsored of the 'Community Diary Dates' page in *The Bush Tele* in December 2021; and expect that we will continue in January 2022.



#### **PP Peggy Sanders PHF**

November was Rotary Foundation Month, every month is Rotary Foundation Month.!!

Consider making a special gift to <u>The Rotary Foundation</u> and together we can continue *Doing Good in the World*.

https://my.rotary.org/en/donate and donate to the 'Annual Fund'



The

## December



### Wednesday 8 December:

Berowra Rotary is hosting the book launch *Margaret Preston in Berowra* by Rhonda Davis. 6.30pm @ Berowra RSL. Finger food; drinks to be purchased from the bar; presentation by Rhonda; books for sale.

**Saturday 11 December:** Rotary Christmas Function (see page .....)

## January



#### Saturday 9 – Sunday 15 January:

Venue: Uniting Venue Elanora Heights - Jack Dacey - our candidate for RYLA 2022. We trust that Jack will have a an inspirational week.

**Tuesday 11 January:** RYLA Formal Event for Rotarians. Details will be circulated.

### • February

**Saturday 5 February:** At Berowra Community Markets, Uniting Church 4 – 6 Alan Road, Berowra Heights we will take our first stall.

**Wednesday 9 February:** First meeting back at Berowra RSL— hear from **Jack Dacey** of his RYLA Experience.



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the RAWCS form.









### NAVIGATING CHANGE ROTARY DISTRICT 9685 CONFERENCE 2022







#### It's time to book your place at District Conference March 18 – 19 2022, West HQ

Early Bird discounted bookings end 31 Dec 2021. Early Birds are in the draw to win A Haier 121L Bar fridge, donated by Fisher & Paykel

This is the first time in 3 years we can come together. Please support your District and **Register Now!** 

Conference Dinner is **Friday evening March 18** and **Saturday 19** will be an action-packed full day commencing with the NSW Police Band at 8.30am, finishing with relaxing Sundowners after 4.30pm. Visit the *Friendship Circle* to see Club Projects in action! Speakers: https://navigatingchange2022.wordpress.com/speakers/

Stay at the Novotel West HQ, Friday and Saturday and enjoy a weekend staycation at Rooty Hill.

Scan QR Code or https://navigatingchange2022.wordpress.com/

#### **REPORT FROM YOUTH DIRECTOR and AG TOM BORG PHF**

The 2021-2022 Rotary Youth Leadership Awards Program is only about five weeks away now. I'm glad to say that most clubs in our area have all got their RYLA Candidates selected and registered. There are a few prospective candidates waiting for placements by Clubs who may not have a candidate yet or maybe in a position to take on extra. I spoke to all the Presidents in our area at the Presidents' Meeting and asked if they can take on some of these young people who are keen to be involved with RYLA.

Every candidate is a possible future leader as well as a possible Rotarian, as many Rotary leaders in the past have come through RYLA and Rotaract. One in particular is a man called **Steve Widders** who became one of the first Indigenous Club Presidents and is at the forefront of Rotary's commitment to diversity, equity and inclusion. The proud Kamilaroi and Anaiwan man, now 65, grew up in Armidale with 12 siblings.

Steve attended one of the biggest schools in NSW where positions as a school representative council member and house captain led to his RYLA nomination. Later while completing a teaching degree he saw an invitation to join Rotaract. Steve wanted to know more about leadership and being active in your



community and thought it would be a good start. He was the only indigenous person in a group of about 15 at the time. In 1987 at the age of 31 he became the first aboriginal person to travel to India on a "life changing" Rotary sponsored group study Exchange (GSE).

Steve paved the way for five more indigenous people from his district to participate in the initiative. In 1994 he was selected for a Rotary sponsored Ambassadorial Scholarship to the University of Alaska. Steve spent two semesters undertaking a comparative study between Australian Aboriginal Communities and Alaska's Inuit people specifically exploring the impact of colonisation and displacement. At age 35 Steve's life was thrown into upheaval when the father of four was suddenly declared medically blind by Professor Fred Hollows. Determined to focus on the positivity at this time, Steve became a mentor for an indigenous youth leadership program, and as part of leadership development, in 2010 embarked on a trek of the 96km Kokoda Track in Papua New Guinea. When asthma prevented him from completing the trek, he went back the following year to tick it off the list.

Steve joined the Rotary Club of Armidale in 2004 and has been a continuing member of the Rotary Foundation and community service since 2007. He first served as the Club's President in 2013-14 and is now undertaking a second stint in the role for 2021-22. Steve says that losing his sight, gave Him Vision.

# **FROM GIL STOKES**

Each of us has been given a unique personality or personal style. It is the way we relate to, and deal with the world around us. For example, we can be extroverts or introverts. Extroverts get their energy from social

contact. Introverts get their energy from being alone and find too much time

with people draining. Some people are more intuitive, focusing on hunches, perceptions and the big picture. Other people are more analytical and need the facts. Some personality tests define people on the basis being primary thinkers or feelers.

Other factors that contribute to style include family, education, work, even the painful ones. Perhaps the experiences that you have regretted most in life — the ones you have wanted to hide and forget - are the experiences we need to help others.

Your passion directs you to where you will serve; gifts and abilities point you toward what you will do. Your personality helps you know HOW to serve. When we know our personal style we can seek out opportunities for service where we are most likely to experience a good 'fit'. This does not mean that we neglect other areas of service just because it is not our primary 'fit'. Sometimes there are jobs around that just need doing and require our heart.

#### Your Passion

The term 'heart' describes the bundle of desires, hopes, interests, ambitions, dreams and affections you have. Your heart represents the source of your motivations — what you love to do and what you care about most. We have each been given a unique 'emotional heartbeat' that races when we think about the subjects, activities or circumstances that interest us. We instinctively care about some things and not others.

These things provide the clues that indicate where we should serve.

#### **Gil Stokes**



Comedy for a Cause Magpies Waitara Wahroonga Rotary Friday 4 February

Club of Wahroonga

Please book to come to the Magpies for an enjoyable evening of laughter. It will be a fun filled event at this pleasant local venue which will raise

funds for the International Committee to donate to the Nepal Or-

phanage and the India Covid relief fund.

Tickets are \$35 for adults and \$20 for children over 15. Please book your tickets using the "Comedy for a Cause" website <u>https://comedyforacause.net/rcw</u>. and invite your family, friends and social contacts to book.

The Magpies seats up to 186 guests. There will be three stand-up comedians. The club will set up a room adjacent to the venue for guests to eat at the club prior to the event. The show will start at 8pm and finish at 10.15pm with an interval at 9 m and the bar will be open before the show and during the interval.

Raffle tickets will be available in January with many excellent prizes which already include: Kieser Pymble, a sports Physio, offering a gift voucher for 3 months free membership, a 1 hour Physiotherapy assessment prior to the treatment and a follow-up assessment after completion. (Valued at \$796)

Noyce Brothers, a boutique winery in Wollombi in the Hunter 12 bottles wine (\$420)

Briar Ridge, a five star winery in the Hunter 6 bottles of wine (\$240)

Bai Yok, a leading Thai restaurant in Castlecrag \$100 gift voucher

Hasbro Board Games packaged for a Family Games Night donated by Sallianne McClelland Wahroonga Florist, a \$100 gift voucher for flowers Novella Books Wahroonga, gift voucher for \$40 for books

For further details or questions please contact Peter Lorschy at peterlorschy12@bigpond.com





# **MEMBERS' PAGE**

Rotary Year	2021—2022
	December 2021
Wednesday 8	Book Launch
	Primary School Citizenship Awards
Saturday 11 @ 12.30pm	Berowra Rotary Christmas Social @ home of Trevor and Janette
	January 2022
Sunday 9 — Saturday 15	Rotary Youth Leadership Awards
Tuesday 11	RYLA Formal Event for Rotarians
	February 2022
Saturday 5	Community Market — Rotary Stall

Lunch

12.30pm

Social Director Yvonne Borg has circulated an email with information about contributions to catering and attendance and visitors. Please ensure that you

have made contact with Yvonne re both: 0421 638

Looking forward to some social time of

**Berowra Rotary Christmas** 

Saturday 11 December @

Hosts — Trevor and Janette Bailey @ their home



Rotary Matters On air Friday 3pm—4pm





# At ShelterBox, we believe that shelter is a basic human right.

10 December is World Human Rights Day and to mark the occasion, we'll be holding our second annual Giving Day. With over 113 million people made homeless by disaster and conflict, we will continue to raise awareness of the issue with our **#ShelterIsAHumanRight** campaign.



celebration together!

727 tyvborg@bigpond.net.au

Every year the **Rotary Club of St lves** conducts fundraising to support our many Youth and Community projects. The proceeds from this raffle will help St lves Rotary continue supporting local projects.

Thanks to our wonderful Sponsors and Supporters we have been able to collect SIX wonderful prizes

totalling \$3,391 and RaffleLink will be drawing the 6 Winners at 9AM on Christmas Eve, 24 December 2021.

We have the prizes and can deliver on Christmas Eve (if not too far away!!!)

- 1. \$1,000 Harvey Norman Gift Card
- 2. \$712 Keiser Strength & Conditioning Program -3 month membership.
- 3. \$620 Pymble Golf Club—Game of Golf for four people plus two carts
- 4. \$500 Five Bunnings \$100 Gift Cards
- 5. \$360 Nightingale Estate Wines Mixed Dozen of Premium Wines
- 6. \$199 Elegance Oven Cleaning One BBQ/Oven clean

Only 3,000 tickets are available (so get in quickly) and the ticket prices are:

\$5 for 1 Ticket; \$12 for 3 Tickets; \$20 for 5 Tickets; \$30 for 8 Tickets; \$50 for 15 Tickets; \$75 for 25 Tickets \$100 for 35 Tickets or only \$2.86 each!

To buy tickets, please go to RaffleLink's secure Website <u>https://rafflelink.com.au/stivesrc2021</u> for our Raffle