

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2021 - 2022

President Rotary International: Shekhar Mehta Governor Rotary District 9685: Lindsay May OAM President Rotary Club of Berowra: Jeanette Bakker Rotary International Theme for 2021 - 2022: Serve to Change Lives



SERVE TO CHANGE LIVES

Vol 45 No 8 — March 2022

Wednesday 9: Dinner Meeting

Friday 18 — Saturday 19: District Conference

Wednesday 23: Dinner Meeting — What did we learn at Conference?

NAVIGATING CHANGE

ROTARY DISTRICT 9685 CONFERENCE 2022





See you at District Conference Friday 18 and Saturday 19 March

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The Rotary Club of Berowra Inc.

Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: www.berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

Rotary Year 2021— 2022

March 2022

Wednesday 9 Dinner Meeting
Fri, Sat 18 — 19 District Conference
Wednesday 23 Dinner Meeting

April 2022

Wednesday 13 Dinner Meeting Wednesday 27 Dinner Meeting

May 2022 45th Anniversary of Berowra Rotary

Wednesday 11 Dinner Meeting

Wednesday 25 Dinner Meeting: Honorary Rotarian

Nola Van Huissteden will share her memories of

the very early days of Berowra Rotary

June 2022

Wednesday 8 Dinner Meeting
Wednesday 22 Dinner Meeting



https://www.shamidaethiopia.com/

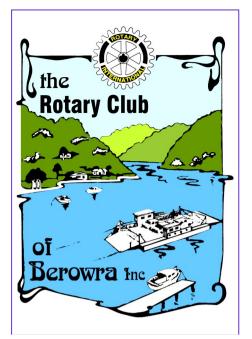


Attendance

For attendance at meetings, and bringing guests, please contact **Jan Childs** *Tel:* **9456 1482 or 0438 613 139**



The next Bulletin will be published for April 2022. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Thursday 31 March 2022 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters — one of Sydney's well known beauty spots — is depicted on our historic Club Banner.

BOARD 2021—2022

President: Jeanette Bakker 0421 958 841 Immediate Past President: Trevor Bailey

President-Elect: Kathy Kendall Secretary: Kathy Kendall Treasurer: Trevor Bailey

Club Administration: Peggy Sanders

0413 481 854

Directors:

Community Service: Jan Childs International: Mary Kendall

Youth: *Tom Borg*Vocational: *Gil Stokes*Foundation: *Rich Moore*Public Image: *Peggy Sanders*

Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders

District Conference Coordinator: Peggy Sanders

Public Officer: Trevor Bailey

Welfare: Jan Childs

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Jan Childs 0438 613 139



FROM THE PRESIDENT

My first Rotary meeting for 2022 was the District's Presidents' on the 9 February via Zoom. There was over 60 attended including Presidents, AGs. and District Team Chairs.

DG Lindsay May OAM gave an update on our District membership goals and DG's Official Visits. The Virtual Polio Train Ride was on 23 February. Some Clubs applied for Australia Day government grants giving them the funds for T-Shirts and Signage with Australia Day and Rotary together, as one. Reminder from the meeting: **David Hart** our District Treasurer Reported that Clubs will incur a penalty from NSW Fair Trading if A12-T2 Annual Return is not lodged within 30 days of the AGM, also asked us to check that our 'Authority to Fundraise' is up to date. The Guideline for Treasurer's December 2021 is on District website.

A draft program for our District Conference is on the 9685 District website that took me some navigating to find. If you are planning on attending, please register before the 10 March. https://navigatingchange2022.wordpress.com/

It was great to catch up with our District Rotary Clubs and hear about their ideas and what they did over the Christmas break.

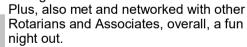
Our first Club meeting for 2022 was face to face at Berowra RSL, on 9 February. Our guest was **Sivaraj Sagathavan**, we had positive reports **PP Rich Moore** in Chicago and **Susan Hunter** in Queensland. I am pleased that **Karen Kendall** is safely back in Ethiopia and working at Shamida. **Mary Kendall** is arriving back to Australia early March after some time in Chicago with family. The night was very productive with Graffiti Removal full steam ahead after receiving grant monies from District and the Federal Government. Uniting Church stallholders Monthly Markets all booked and paid for 5 March 2022. Mother's Day Plant Sale

for 7 May is well into planning. Other fundraising actives and Community Ser-

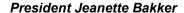
vice activities are in planning process.



On Wednesday 23 February AG Tom Borg, PP Peggy Sanders, PP Jan Childs, John Bakker and I attended a combined dinner meeting hosted by St. Ives Club at Avondale Golf Club. We celebrated Rotary's 117 year birthday, DG Elect Mina Howard spoke about the history of Rotary starting with Paul Harris having business fellowship meetings in 1905. By 1925 there were 200 clubs today we have over 37,000 clubs in 220 countries around the world. Today, we have just over the 1.2 million mark and if we add in our Interactors and Rotaractors and junior Rotarians we actually have 1.4 million members, so 117 years later we are going pretty well. We all then toasted too Rotary International. DGE Mina Howard with Special Guest Speaker Shane Fitzsimmons AO AFSM PHF cut the birthday cake, it was also Shane's birthday on the previous day. I attended the event at the Golf Club to not only hear our Berowra Rotary Honorary member since 2009 Shane Fitzsimmons AO AFSM Commissioner of Resilience NSW speak. Which was inspirational. But also enjoyed great company, a nice night out with dinner and drinks.



Until we meet again stay safe and well. Be happy and enjoy each day as it comes.



From the Editor: President Jeanette will attend President –Elect Learning and Development (PELD) on Saturday March 12, as PE Kathy Kendall is in Ethiopia attending Shamida's Board Meeting.





COMMUNITY SERVICE REPORT

Request from District for an outline of our involvement with Probus and Community/International Service — completed.

Graffiti Removal update: Tom Borg and Trevor Bailey to check a trailer supplier re suitability/availability on Saturday.

Uniting Church Markets: Saturday 5 March - early set up 7am to 8am.Gazebo/ tables, bring own chair. Plants and Bric-a-Brac — glassware, china, books, CDs etc. Pack up: all unsold items to be removed by owner! End:3pm.

Bring old "Rotary Down Under" magazines to give away.

[Editor's Note: although the Markets were going ahead, because of the weather, Berowra Rotary decided to defer our stall until **Saturday 2 April 2022**.]

Plant Sales: Hunt Reserve application for Mothers Day and Fathers Day Plant Sales is almost complete.

Berowra Has Talent Variety Concert Saturday 20 August 2022 7pm, Club Berowra
At this early stage there are ten different types of "Music based" performers, all ages on the list .None have been contacted yet. Proceeds (less expenses) to be donated to the NSW Cancer Council to coincide with Daffodil Day on Friday 26 August. There will be updates to come. We will be having busy days ahead.

End of an Era is complete: after 35 continuous years, the successful Berowra Rotary Art and Craft Exhibition was permanently discontinued with immediate loss of income. All the display boards and related equipment was dispersed. However the many boxes of calico and coloured display fabrics continued to be stored at the Resource Centre. I was asked to get rid of it! After several weeks, my lounge room is cleared! Hornsby Gang Show is the beneficiary, to be used for costumes, "props" etc.

They have just had the first rehearsal for the next series of performances in the July School Holidays. WE SHOULD GO

PP Jan Childs PHF

From DG Lindsay: as you can imagine I have received many requests about the floods, "How can we help"?

Rotary is not a first responder. We don't have the expertise, training or organisation to be so. Rotary comes in afterwards and assists people to get back on their feet.

I have been in touch with all Australian district governors including three from Brisbane, Southern Queensland and Northern New South Wales and all request that **donations are made to RAWCS national flood appeal.** (Ref 47-2021-22) https://directory.rawcs.com.au/47-2021-22

RAWCS provides tax-deductibility for personal donations, good governance and a robust process in allocating funds.





If your club conducts public appeals (bucket collections) be very clear that if you say you are collecting for a specific geographical location (town) then under your NSW Authority to Fundraise you are required to direct those funds to that specific destination. You cannot send those funds to RAWCS or split them across multiple projects. It may be that the location you have identified does not have a specific appeal, although I expect many towns will have a mayoral appeal or similar. Unless specifically requested, collections of food, clothing, furniture, etc are usually more trouble than worth. The quality of goods is variable and they need to be stored, transported and distributed. Most welfare relief charities prefer cash so they can buy locally, as needed and distributed accordingly.

Once in cleanup phase it may be that your club will become involved with a local organisation. Please consider the public liability implications and ensure that volunteers are covered by the insurance of the organisation managing the cleanup.

A number of districts have already received a **Rotary Foundation Disaster Response Grant** of US \$25,000. People can donate to The Rotary Foundation and direct funds to Disaster Response. Disaster Response Grants are directly linked to the funds specified for that purpose.

March

Wednesday 9 March: Dinner Meeting

Friday March 18 – Saturday March 19: District Conference

Wednesday 23 March: Dinner Meeting - Conference Report

If you haven't already done so book your place at District Conference

March 18 – 19 2022, West HQ This is the first time in 3 years we can come together. Register Now!

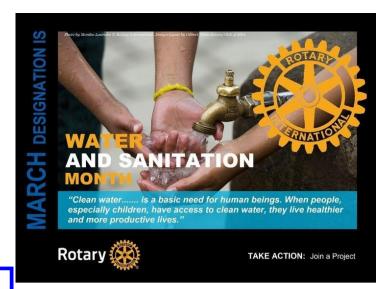
Conference Dinner is **Friday evening March 18** and **Saturday 19** will be an action-packed full day commencing with the NSW Police Band at 8.30am, finishing with relaxing Sundowners after 4.30pm.

Visit the Friendship Circle to see Club Projects in action!

Stay at the Novotel West HQ, Friday and Saturday and enjoy a weekend staycation at Rooty Hill.

Scan QR Code or https:// navigatingchange2022.wordpress.com/

We have a number of Berowra Rotarians attending the Conference; and excitingly Kathy Kendall has been allocated a space to showcase Shamida.





November was Rotary Foundation Month, every month is Rotary Foundation Month.........



Consider making a special gift to The Rotary Foundation and together we can continue *Doing Good in the World*.

https://my.rotary.org/en/donate and donate to the 'Annual Fund'

The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the RAWCS form.

http://shamidaethiopia.com/donate







MEDIA RELEASE National Flood Relief Appeal 28 February 2022

Australian charity, Rotary Australia World Community Service, today announced the creation of a national Flood Relief Appeal for people impacted by the current floods in Queensland and Northern NSW.

Australians impacted by the recent floods will be the beneficiaries of money raised by Flood Appeal and will be able to liaise with their local Rotary Club to advise of their needs.

The fundraising campaign was launched today to support the communities in need after yet another disaster impacting Australians.

"The money raised from the Appeal will go directly and quickly to support those impacted, providing essential items and financial support where Disaster relief and Insurance claims won't stretch," said Rotary Australia World Community Service Ltd CEO Andrew Woodward.

"The number of disasters Australians have endured in the last few years in addition to the pandemic have been significant and left a lot of people in very difficult financial positions," Mr Woodward said.

Rotary Australia World Community Service has previously raised money for Bushfire and Drought affected areas and sees this disaster as just another where the network of Rotarians can step in to assist.

Mr Woodward said that he expects the money to help people with the things that insurance or disaster relief funds cannot replace. Whether it be helping farmers build new fences or providing food and clothing to those that have lost everything, the money raised will be crucial in helping families get back on their feet as soon as possible.

Rotary Australia World Community Service is a not-for-profit charity that aims to be the leading Australian charitable organization for people's wellbeing, supporting Rotarians and Rotary Clubs undertaking humanitarian projects in Australia and overseas.

Tax Deductible Donations to the appeal can be made on the Rotary Australia World Community Service website at https://rawcs.org.au

Rotary International statement on Ukraine conflict

It is a tragic and sad time for the people of Ukraine and the world.

At Rotary, we are deeply concerned by the deteriorating situation in Ukraine and the escalating loss of life and humanitarian hardship there. Continued military action against Ukraine will not only devastate the region, but also risk spreading tragic consequences across Europe and the world.

As one of the world's largest humanitarian organizations, we have made peace the cornerstone of our global mission. We join the international community in calling for an immediate cease fire, withdrawal of Russian forces, and a restoration of diplomatic efforts to resolve this conflict through dialogue.

In the past decade, Rotary clubs in Ukraine, Russia and nearby countries have transcended national differences and have actively engaged in peace-building projects to promote goodwill and to marshal assistance for the victims of war and violence. Today, our thoughts are with our fellow Rotary members and others in Ukraine coping with these tragic events. Rotary International will do everything in its power to bring aid, support and peace to the region.

Rotary International 25-Feb-2022





RAWCS fund raising appeal Ukraine Humanitarian Relief Fund

Rotarians are readying themselves to support the long term needs for aid as refugees are resettled.

To support the RAWCS fund raising appeal,

https://directory.rawcs.com.au/83-2014-15



Tonga Tsunami Appeal

D9685 has made a direct contribution of AUD \$10,000 to purchase 5 SkyHydrant water filters being shipped free of charge.

Each unit can produce 500 litres per hour, are gravity fed and require no chemicals. Requested by Her Majesty the Queen of Tonga via the Hon Consul in NSW they will be delivered to Rotary District 9920 that includes Tonga.

District 9685 urgently needs an additional \$4,500 to cover the full purchase cost. If your club held a Tonga Tsunami Appeal, please consider contributing to this project by contacting DG Lindsay.

RAWCS has a Tonga Appeal currently at \$140,000 of a \$1 million target.

https://directory.rawcs.com.au/42-2021-22





Significant aid to Tonga has been generously supplied by the NZ and Australian governments via their military and Rotarians in Tonga are most grateful.

SkyHydrant MAX Nominal 10,000 ltrs/day

Nominal 10,000 ltrs/day Weight: 13 kg

ShelterBox was not required to supply boxes to Tonga because RNZWCS already had 540 of their Emergency Response Kits (ERKs) in country and these were delivered to outlying islands in days.



From Jan Childs: Memories of our **Youth Exchange Student Yoshiko Fugita** and her family's close association with Darwin were reignited with the recent anniversary remembrances in Darwin. Here is part of the story below.

Youth Exchange Student 1984—1985: Yoshiko Fugita, Matsumoto West Japan **Host Families**: Duncan, Childs, Van Huissteden, Ringrose

After some initial difficulties settling in, mainly adjusting to our food, Yoshiko enjoyed the Youth Exchange experience. She regularly attended Rotary meetings and activities, and visited local schools to share her culture. Yoshiko disliked lamb and sausages so when invited out (often) she would say to us, "you can have lamb tonight". We substituted frankfurts (American sausages) for BBQs.

After her return home circumstances caused a loss of contact. However, in February 2016 she, her father and stepmother returned to Darwin for special Celebrations there. They flew to Sydney to have lunch with Nola, Frank and me.

Association with Darwin: Yoshiko's family and their company the 'Fujita Salvaging Company' has had a long association with Darwin since 1958, and their involvement and generosity in kind and spirit is outlined here in one of the speeches given on 19 February 2022.

Speech by Mr Kevin Davis: Response to Receiving a Certificate of Appreciation from the Japanese Government by the Japanese Consul of Sydney Mr. Kiya Masahiko 19th February 2022

Pastor Lauren Merritt and I as Chairman of the Darwin Memorial Uniting Church Congregation gratefully and humbly accept this Certificate of Appreciation. This act is very symbolic and is a reaffirmation of the continuing act of peace and reconciliation between our nations started by Mr. Ryugo Fujita at the opening of this Church on 23rd July 1960.

Most people here today know the story of the Fujita gift of 77 crosses. For those who are not let me briefly remind you of the story.

The Fujita Salvaging Company commenced clearing the Darwin harbour of eight sunken ships in 1958. At the same time this church building had just commenced.

At the time of the salvage operations, Detective Sergeant Barry Tiernan was responsible as a member of the Police Special Branch for ensuring the safety of the movements of the Fujita Company workers. Mr Tiernan was a member of this church.

Since this church building was under construction at the time, it seems that Mr Tiernan and Mr Fujita were also thinking about some way for him to become involved in this new church. From this connection grew the idea of a metal cross which consequently became 77 bronze crosses. The metal came from the sunken vessel Zealandia.

One of the questions that has puzzled us for some time is, why there were that specific number of crosses. Because of those who were involved in the decision we believe the answer is found in Matthew's Gospel Chapter 18 verses 21 and 22: Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times? — ((Peter was being generous. Jewish law at that time required a person to forgive a person three times before taking a person to court.)) Jesus answered, "I tell you, not seven times, but seventy-seven times."

In 2010 Mr Senichiro Fujita and his daughter Yoshiko visited for the 50th anniversary of the opening of the church. Senichiro worked with his father during the salvage. His job was to produce oxygen for the divers. He had visited Darwin a number of times. On his visit in 2010 he donated to the NT Library all his father salvaging documents and many photographs. He also gave our church a substantial donation.

As a good church we formed a committee to decide what to do with the money.

In 2013 Senichiro and Yoshiko returned. They spoke at a public meeting in the church which generated a great deal of community interest and a large number of people assembled

Continued page 9

As a result the committee decided that we should do more to promote the story and so engaged a number of local design experts who kindly donated generously of their time to plan the exhibition. At the same time our young people decided to build a peace garden. This enabled us to design a Peace and Reconciliation Exhibit. Funds were raised to put story boards in the garden.

In 2016 the Northern Territory Government started a program called the Territory Remembers which was to commemorate the 75th Anniversary of the bombing of Darwin. They were looking for new stories and unique projects. We applied for a grant to build a memorial reflect pool which was successful.

The Government also decided that our story was worth their own presentation and asked if they could use our hall. Their very impressive display is in this room. After the 75th anniversary celebrations the Government donated the display to us. We treasure the display as it encapsulates the essence of the story we are promoting.

One of our designers Trish Brick saw in the NT Library a photo of Ryugo Fujita's grave in Japan which has a blade of the Meigs propeller on it and suggested we should build a replica of it in the garden. We contacted Yoshiko and asked if the family was interested in donating a replica of the propeller blade. After a while she responded and said, "we will do better than a replica, we will send the original back to you as we believe this move will be the best memorial for my grandfather."

We decided to place the blade out the front of the church so everyone can see it and read the story. Fortunately for us Mr Michael Sitzler and his company erected the blade for us. Members of the Fujita family came to Darwin for the 75th Anniversary and the unveiling of the propeller blade. They had planned to be here today but were unable to travel.



There one other story connected to our exhibition. Professor Takanaka visited our church when it was being built. His church in Kyoto donated pulpit and lectern frontals. That story is displayed on the windows in the link between the foyer and the chapel. The window display was paid for by Inpex for which are eternally grateful. We decided that the exhibition was to be a valuable resource to promote this wonderful story.

https://dmuc.unitingchurch.org.au/fujita-peace-displays/

From the Editor: Mr Davis' speech which I found in the report of the presentations at the church on 19 February 2022 included photographs of Yoshiko and her family — unfortunately I couldn't extract them from the speech, However I have sourced these other photographs from the recent presentation clearly showing the display boards in the background.





Where are they now?

Recently Peggy Sanders was delighted to receive an email from 'JP' Jean-Philippe de Jong

I hope you are doing well and that Covid was not too much of a hassle for you during the last two years......

It is now more than 2 years that we have moved to the 'Shire' and we absolutely love it. As you know, I was always a water person, and the proximity of the beach gives me energy and happiness.

I have been energetic on a specific front, namely, in raising 2 children

Yes, little Jérôme has joined our family 18 months ago and apart from waking us up a bit too often he is a wonderful little boy. Aleksandra, now 4 years already, absolutely loves him.

I am thinking a lot about you and my former Club colleagues, particularly when we drive past Berowra on the way to our river home which we still have for our weekends and holidays.

I have joined the Cronulla Rotary Club for which I have become the new Foundation Director. I have been asked to be Club President for 2023-2024, which I have gladly accepted. So exciting times ahead.

Please pass on my regards to all the members of the Berowra Rotary Club.

Kind regards,

JP alias Hawkesbury River Cave Man



From Peggy: So nice to hear from JP, and great news that he is continuing in Rotary and involvement in his Club. Pity Cronulla is in the other District and we won't bump into him at Conferences!

MEMBERS' PAGE

Rotary Year	2021—2022
	March 2022
Saturday 12	President Elect Learning and Development 22-23; 8am— 4pm
Friday 18 and Saturday 19	District Conference
	April 2022
Saturday 2	Community Market — Rotary Stall
Monday 25	ANZAC Day
	May 2022
Saturday 7	Mothers Day Plant Sale
	July 2022
Saturday 2	District Changeover

Birthdays, Anniversaries and Congratulations..... 1 March — 31 March

Happy Birthday to: Hugh Thomas (16/3): Trevor Bailey (29/3)

Happy Anniversary to: Carolyn Higgs and Fred O'Connor (18/3); Jeanette and John Bakker (30/3)

Happy Anniversary of Induction to: Jan Childs (8/3); Tom Borg (14/3); Karen

Kendall (24/3)



Rotary Matters Friday 3pm—4pm



President-Elect Learning and Development (PELD)

For anyone interested in learning more about what is discussed at PELD the presentations from 2021 are here:

https://landd.rotarydistrict9685.org.au/index.php/peld/peld-current-resources

I imagine that 2022 presentations will be posted after PELD too.





The PCYC StarJump Challenge is back this April raising vital funds for a new mental resilience program for teenagers, GRIT.

From PCYC: PCYC sees tens of thousands of young people in our 66 NSW clubs every week of the year. We have seen first-hand that mental health issues amongst young people

are on the rise. We believe that prevention is better than a cure, and see an urgent and growing need to develop mental resilience skills for all young people.

PCYC's new preventative program, GRIT (Growth-mindset Resilience Intervention for Teenagers) builds mental resilience, by combining physical well-being and nutrition, with emotional and social intelligence skills. We have piloted this program in five NSW locations with a huge amount of success. Our goal is to roll this program out across the State.

That's why we are running a fun, easy and interactive fundraiser this Youth Week 2022 (April 3-10). All you have to do to help is commit to doing Star Jumps each day. Encourage your friends and family to sponsor you and you will become a valuable fundraiser, helping PCYC raise money for youth mental https://www.pcycstarjumpchallenge.org.au/

Editor's Note: We well recall our President Jeanette doing her star jumps in 2021.

FROM THE TREASURER Its that time of the year again when our half yearly fees are due. For this six months it is \$170.00 again.

If you are paying electronically, the account is BSB 633108 Account No. is 137328183 Bendigo Bank.

Trevor Bailey PHF, Treasurer