

## Kalori: The Bulletin of the Rotary Club of Berowra Inc



## Rotary Year 2021 - 2022

President Rotary International: Shekhar Mehta Governor Rotary District 9685: Lindsay May OAM President Rotary Club of Berowra: Jeanette Bakker Rotary International Theme for 2021 - 2022: Serve to Change Lives



**SERVE TO CHANGE LIVES** 

## Vol 45 No 9 — April 2022

Wednesday 13: Dinner Meeting — Shamida Report, Kathy Kendall Monday 25: Berowra Veterans ANZAC Day Ceremonies Wednesday 27: Dinner Meeting



## Lest We Forget

#### Inside this Bulletin

Programme of the Club Board 2021—2022	P 2
From the President	P 3, 4, 5
Community Service; Flood Appeal	P 5
April Events ShelterBox in Ukraine	P 6
Plant Sale	P 7
RAWCS Relief Appeals	P 8
More from Conference	P 9
Members' Page More from DG eNews	P 10

The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: <a href="www.berowra.net/rotary">www.berowra.net/rotary</a>
Facebook: Rotary Club of Berowra
Email: <a href="mailto:berowrarotary@gmail.com">berowra.net/rotary</a>
Facebook: Rotary Club of Berowra
Email: <a href="mailto:berowrarotary@gmail.com">berowra.net/rotary</a>
Postal Address: PO Box 30, Berowra, NSW 2081

# PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra.

Please call one of the members of Rotary Berowra listed below.

### **Rotary Year 2021—2022**

**April 2022** 

Wednesday 13 Dinner Meeting: Update on Shamida — Kathy

Kendall following her recent visit to Shamida

Wednesday 27 Dinner Meeting

May 2022 45th Anniversary of Berowra Rotary

Wednesday 11 Dinner Meeting

Wednesday 25 Dinner Meeting: Honorary Rotarian

Nola Van Huissteden will share her memories of

the very early days of Berowra Rotary

June 2022

Wednesday 8 Dinner Meeting Wednesday 22 Dinner Meeting





https://www.shamidaethiopia.com/

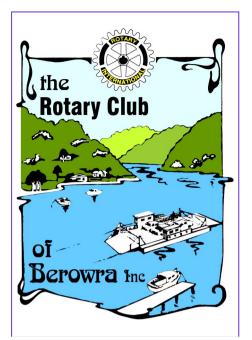


#### Attendance

For attendance at meetings, and bringing guests, please contact **Jan Childs** *Tel:* **9456 1482 or 0438 613 139** 



The next Bulletin will be published for May 2022. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Thursday 28 April 2022 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters — one of Sydney's well known beauty spots — is depicted on our historic Club Banner.

#### **BOARD 2021—2022**

President: Jeanette Bakker 0421 958 841 Immediate Past President: Trevor Bailey

President-Elect: *Kathy Kendall* Secretary: *Kathy Kendall* Treasurer: *Trevor Bailey* 

Club Administration: Peggy Sanders

0413 481 854

#### **Directors:**

Community Service: Jan Childs International: Mary Kendall

Youth: Tom Borg Vocational: Gil Stokes Foundation: Rich Moore Public Image: Peggy Sanders

Membership: Trevor Bailey 0400 999 226

#### **Additional Roles:**

**Bulletin Editor: Peggy Sanders** 

District Conference Coordinator: Peggy Sanders

Public Officer: Trevor Bailey

Welfare: Jan Childs

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Jan Childs 0438 613 139



## FROM THE PRESIDENT

March 2022: What a great month!

On 9 March we had a meeting at the Berowra RSL, our members shared Rotary facts and snippets of the history of Berowra.

On Saturday 12 March, Tom, Trevor, and I attended the PELD (President Elect Learning and Development). During the day we learnt about club members engagement ideas; how to run a meeting smoothly; how to resolve conflicts and what is happening with the Foundation. After the day, I felt inspired because of all the engaging speakers and conversations I had with people who were showing enthusiasm about Rotary.

On Friday 18 March, the Rotary District Conference started off with a lovely dinner. At the dinner the guest speaker was Dr Daniel Nour, see images below. On the Saturday the Conference continued with motivational speakers and plenty of networking with Rotary members from multiple clubs.









## FROM THE PRESIDENT continued

It was good to have Shamida included in the Project Showcase, thanks to Kathy and Mary.

Shining Bright in

By Kathy Kendall, Rotary Club of Berowra, NSW

Supported by RAWCS

and the Rotary Club of

Berowra, NSW, Shamida

Ethiopia is empowering the women and children of Ethiopia. Home to more

than 30 children, almost half of whom

are severely disabled, Shamida Ethiopia

lives of vulnerable women and children.
The NGO provides housing and

was established to give hope to the

care for orphans, special needs and

vulnerable children, reunifies street children, sponsors children living at

home in impoverished circumstances,

and fees for children under 18, and is

educating, training, providing start-up funds and/or finding employment for

single mothers.

provides basic schooling materials

RDU April 2021 (page 36)

Shamida

On 23 March, at our meeting we congratulated Kathy Kendall for her article 'Shining Bright in Shamida' RDU April 2021, page 36 being 'Commended' (bronze) in the Ken Scheller Award 2021 which 'recognises story contributions

of outstanding merit, best exemplifying the principles of Rotary' which have been published in *Rotary Down* 

Under.

Local MP Matt Kean in a parliamentary speech

mentioned Shamida
Ethiopia and commended the work of one time local Karen Kendall, we were honoured and excited to receive a recognition.

See photo right

In March our Uniting Church Markets Stall was rained out, so we had to delay to another day; in April we decided we did not have sufficient members to set up and run the stall—so now we look forward to June!

Moving on to April we are looking forward to celebrating Youth Week,

Easter, and commemorating our veterans on ANZAC Day.

Looking forward being involved in future celebration over the next 3 months:

PCYC NSW 85 year Birthday: The Police and Community Youth Club have provided life-changing support to vulnerable and disadvantaged young people across New South Wales for more than 8 decades. They are celebrating their 85th birthday. CEO of the Police and Community Youth Club Dominic Teakle said the key thing is maintaining the foundation with the Police. "It's been a really good time to reflect on what's been achieved over our great legacy."

As we know PCYC was established in 1937 by Police Commissioner William John MacKay. It was a partnership forged with the community via Rotary to provide young people with a safe and positive alternative to the streets. (pcycnsw.org.au)

**Youth Week** runs from the 4 April to the 14 April to find out what's happening visit nsw.gov.au/youthweek

Easter — Holy Week and new life.

**Jeanette's Rocky Road** — I am planning on making Rocky Road ..... If you would like some please let me know.









## FROM THE PRESIDENT continued

**Anzac Day** — I will participate in local commemoration.

Mothers Day Plant Sale - Saturday 7 May 2022.

**Australia's Biggest Morning Tea** — Thursday 26 May 2022 organised by the Cancer Council to raise money for cancer research and support.

**Novus Foundation Gala Dinner** — **Friday 27 May 2022** supported by Wahroonga Rotary (see attachment)





Rotary in Berowra for 45 years, May 2022

60th Birthday celebration for **Epping Rotary** Friday 24 June 2022. Register your interest now. *See flyer for details*.

ENJOY life and have FUN.

President Jeanette Bakker



## **COMMUNITY SERVICE REPORT**

**Mothers Day Plant Sale:** Saturday 7 May Hunt Reserve Mount Colah The wholesale suppliers, including two new companies have been contacted (not Princetons this time — they have moved to new premises and only have tubestock).

Fliers have been updated and printed, an electronic copy is attached for members to share with family and friends. Advertisement will be in the *Bush Tele*, banners to be hung the week before and all equipment checked ready for a fine sunny profitable day.

**Berowra Has Talent Concert:** Saturday 20 August @ Club Berowra There are about ten local performers so far and help with Ihave been ogistics offered. One, a Tap Dancer will be back in Paris next week, but will send a "clip" of her performance and some of her Travel Guide Books for sale.

Interesting times ahead.

Report on the Science and Engineering Challenge: Sydney Olympic Park 25 March 2022 The last day of this series, only six High Schools participated, 2 Public and 4 Catholic. Rtn. Gil Stokes assisted with 'TURBINE'. PDG David Rands and I supervised 'The Bridge'. David was wonderful sliding his wheelchair back and forth between the tables, with careful guidance to some very novice students. All bridges survived the first four "ingots" - much stronger than they looked! Many paddle pop sticks, 2 sheets of reinforced cardboard. 2 lengths of balsa sticks, metres of masking tape and paper clips. It is fascinating observing the students' thought process, trial and error, and peer leadership. My role was recording, with a very disinterested Commbank employee, who measured and cut the masking tape as required. She showed no interest in the students progress or offered advice — probably the worst "helper" in 20 years! Sad.

PP Jan Childs PHF

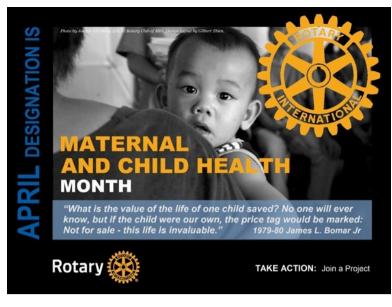
## April

Wednesday 13 April: Dinner Meeting Kathy Kendall will report on her recent visit to **Shamida** and attendance at the Board Meeting.

Monday 25 April: ANZAC Day

Jeanette, Jan and Frank will represent the Club at the Berowra Veterans ANZAC Day Ceremonies at Berowra Community Hall, Gully Road, commencing at 7.30am. The march will assemble at 7.15am.

Wednesday 27 April: Dinner Meeting





World Immunisation Week - Join with Rotary to promote the power of vaccines to protect children and save lives

During World Immunization Week, 24-30 April, let's advocate for polio eradication and the importance of vaccines to the health and well-being of our communities.

We need to continue vaccinating children against polio, because as long as the poliovirus circulates anywhere, it is a threat everywhere.

(From DG's eNews)



### ShelterBox Aid Arrives in Ukraine

Friday 1 April 2022

Thanks to your generous donations, the first shipments of ShelterBox aid have

arrived in Ukraine. Thousands of our mattresses have arrived in Ukraine, they will be distributed to collective centres in Lviv this week, offering people somewhere to sleep and keep warm at night. Bales of thermal blankets, pallets of Shelter Kits, solar lights and other essential items are on their way.

But our work doesn't stop there. We also have a team working in Moldova, where many people are

fleeing from Ukraine. The team have been visiting collective centres and working to understand what people need.

POLAND

Kylv

Contested regions

LUMANSE of Lubansk and
Donetsk

NGARY

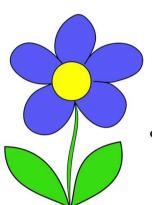
MOLDOVA

ROMANIA

Your continuing support is helping us reach people who urgently need shelter and support - both within Ukraine and in neighbouring countries. Watch our latest video update from Martin in Moldova https://www.shelterboxaustralia.org.au/the-ukraine-crisis-explained/

Mike Greenslade CEO ShelterBox Australia





## **MOTHERS DAY PLANT SALE**

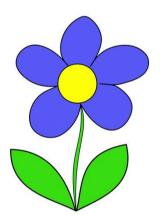
Saturday 7 May 2022 8.30am - 4.00pm

**HUNT RESERVE** 

cnr PACIFIC HIGHWAY and BERYL AVENUE, MOUNT COLAH

Camellias, Azaleas, Australian Natives, Assorted Shrubs and Hedging Plants, Hanging Baskets, Cottage Garden Perennials, Potted Colour (Annuals)

Suitable for gifts and for freshening up the garden



#### **ENJOY A SAUSAGE SIZZLE AS YOU BROWSE**



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the RAWCS form.

http://shamidaethiopia.com/donate









## RAWCS fund raising appeal Ukraine Humanitarian Relief Fund

Rotarians are readying themselves to support the long term needs for aid as refugees are resettled.

To support the RAWCS fund raising appeal,

https://directory.rawcs.com.au/83-2014-15



#### **Tonga Tsunami Appeal**

D9685 has made a direct contribution of AUD \$10,000 to purchase 5 SkyHydrant water filters being shipped free of charge.

Each unit can produce 500 litres per hour, are gravity fed and require no chemicals. Requested by Her Majesty the Queen of Tonga via the Hon Consul in NSW they will be delivered to Rotary District 9920 that includes Tonga.

District 9685 urgently needs an additional \$4,500 to cover the full purchase cost. If your club held a Tonga Tsunami Appeal, please consider contributing to this project by contacting DG Lindsay.

RAWCS has a Tonga Appeal currently at \$140,000 of a \$1 million target.

https://directory.rawcs.com.au/42-2021-22





Significant aid to Tonga has been generously supplied by the NZ and Australian governments via their military and Rotarians in Tonga are most grateful.

## SkyHydrant MAX Nominal 10,000 ltrs/day

Nominal 10,000 ltrs/day Weight: 13 kg

**ShelterBox** was not required to supply boxes to Tonga because RNZWCS already had 540 of their Emergency Response Kits (ERKs) in country and these were delivered to outlying islands in days.



## More from Conference.....

### Louise Sauvage OAM

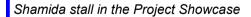
Louise was interviewed during the Conference, always inspirational.

Louise received a Vocational Excellence Award (nominated by Berowra) in 2003/2004 for her contribution to paralympic sports in Australia and the world. And her devotion to the cause of physically challenged persons.

The successful nomination was organised by the late Allan Smith.



West HQ



Meal break — finding a place to sit!

## **MEMBERS' PAGE**

Rotary Year	2021—2022	
	April 2022	
Monday 25	ANZAC Day	
	May 2022	
Saturday 7	Mothers Day Plant Sale	
Wednesday 25	Berowra Rotary 45th Anniversary	
	June 2022	
Saturday 4	Community Market	
	July 2022	
Saturday 2	Community Market	
Saturday 2	District Changeover	

Birthdays, Anniversaries and Congratulations........... 1 April — 30 April

Happy Birthday to: Carolyn Higgs (24/4) Happy Anniversary to: Nil Happy Anniversary of Induction to: Shane Fitzsimmons (8/4)



Rotary Matters
On air
Friday 3pm—4pm



#### From the DG's eNews:

#### **Disaster Response Grant Update**

In early March, District 9685 received a **Rotary Foundation Disaster Response Grant** of \$34,500 to assist flood victims in the Greater Sydney area. Thanks to the hard work of Rotarians in the Rotary Clubs of The Ponds, Windsor, Kariong/Somersby, Northern Beaches, Richmond, and The Hills/Kellyville, we have already distributed assistance to 144 people. This has taken the form of Woolworths or Bunnings vouchers worth \$250 each.

If you get your calculator out and multiply the number of vouchers by the dollar value, you should see that the assistance amounts to \$36,000 instead of \$34,500. Thanks to the efforts of Rotary Club of Richmond's President, Tim Bickford, who works at Woolworths, we were able to qualify for a 5% discount on the Woolworths vouchers to stretch the assistance further.

#### **DISTRICT 9685 YOUTH EXCHANGE IS BACK!!!!!!**

The District Youth Exchange Committee is over the moon to announce that our program is back on track. All be it looking a little different than before the pandemic.

We hope to send out our first 6 students in January 2023 to Japan, Chile and Brazil. We will receive students from these countries in January 2023. Outbounds to Europe will not occur until January 2024. European Inbounds will be welcomed into our district from July 2023. We are obliged to accept students from Europe in exchange for the Outbounds we sent in 2020.

Please be assured we and Rotary International will be monitoring the situation in Europe very carefully.

Rotary International reacted quickly to the COVID threat around the world to ensure the safety of all Youth Exchange participants and will do so again if necessary.



Consider making a special gift to The Rotary Foundation and together we can continue *Doing Good in the World*.

https://my.rotary.org/en/donate and donate to the 'Annual Fund'