

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2022 - 2023

President Rotary International: Jennifer Jones Governor Rotary District 9685: Mina Howard Acting Presidents Rotary Club of Berowra: Trevor Bailey and Peggy Sanders Rotary International Theme for 2022 - 2023: Imagine Rotary



Vol 46 No 05 — November, December 2022, January 2023

Wednesday 9 November: Dinner Meeting

Wednesday 23 November: Dinner Meeting — Update on Shamida

Wednesday 14 December: Dinner Meeting, Annual General Meeting (Downstairs)

Tuesday 17 January: RYLA Dinner, Pennant Hills Golf Club

Wednesday 25 January: Dinner Meeting; Jack Dacey, RYLA; Ed Kirk, Go for Broke; Planning for 2023





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The Rotary Club of Berowra Inc.

Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: www.berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra.

Please call one of the members of Rotary Berowra listed below.

Rotary Year 2022— 2023

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November 2022	
Wednesday 9	Dinner Meeting: Jack Dacey RYLA
Wednesday 23	Dinner Meeting: Mary Kendall Shamida update
December 2022	
Wednesday 14	Annual General Meeting (final meeting for 2022)
January 2023	
Tuesday 17	RYLA Dinner @ Pennant Hills Golf Club
Wednesday 25	Dinner Meeting: RYLA Report—Jack Dacey; Ed Kirk—Go for Broke; forward planning for Club
February 2023	
Wednesday 8	Dinner Meeting:
Wednesday 22	Dinner Meeting
March 2023	

Dinner Meeting: DG Official Visit



Wednesday 8

Wednesday 22



https://www.shamidaethiopia.com/

Dinner Meeting:



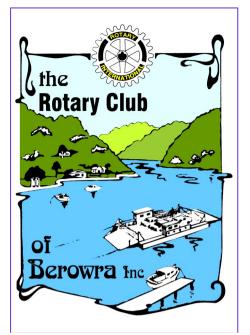
Attendance

For attendance at meetings, and bringing guests, please contact **Peggy Sanders 0413 481 854**



The next Bulletin will be published for February

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 27 January 2023 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters—one of Sydney's well known beauty spots—is depicted on our historic Club Banner.

BOARD 2022—2023

Acting Presidents: Trevor Bailey and Peggy

Sanders

Immediate Past President: Trevor Bailey

President-Elect: Vacant

Secretary/Club Administration: Peggy Sanders

0413 481 854

Treasurer: Trevor Bailey

Directors:

Community Service: Sivaraj Sagathavan

International: Kathy Kendall

Youth: *Tom Borg* Vocational: *Gil Stokes* Foundation: *Rich Moore* Public Image: *Peggy Sanders*

Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders

District Conference Coordinator: Peggy Sanders

Public Officer: Trevor Bailey

Welfare: Jan Childs

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854



Acting Presidents' Report

We (Trevor Bailey and Peggy Sanders) and Tom Borg attended the **District 9685 AGM and Presidents' Meeting** on Saturday 26 November at Norwest, and on the way back we dropped off the ute load of items donated by members of the Club for the **flood relief appeal**. Thank you all.

We have participated in two **Community Market Days**, Saturday 5 November and Saturday 3 December, the last for 2022. Thanks to all who assisted.

We welcomed back Mary Kendall after several months in Ethiopia working with Karen at **Shamida**, and we were very attentive to the details of what is happening for Karen and the additional responsibilities she has taken on!

We were pleased to have **Jack Dacey** pop in to bring us up to date on what he has been doing in the previous twelve months, and to express his enthusiasm to attend **RYLA** in January 2023, Sunday 15 to Saturday 21 January at Knox Grammar School, Wahroonga. We are hoping that a number of members will attend the **RYLA Dinner** on Tuesday 17 January 2023.

The Primary School Presentation Day season is upon us, and we are delighted to be invited back to the seven local state primary schools, from Brooklyn to Asquith, to make presentations to the pupils selected by the schools to received the **Rotary Citizenship Awards**.

Wednesday 14 December we will close off the year with our **Annual General Meeting** as our final meeting of the year. We will follow the AGM with some discussion ahead of a **future planning meeting** when we return in the new year. With our regular Plant Sale venue of Hunt Reserve having been revamped by HSC and our traditional space having been seriously curtailed we need to consider the future of our plant sales.

It has been a sad time for us with Jeanette's passing just two months ago. It was good to have both John and Jennah with us for the Christmas function, on Saturday 10 December. On the other hand, sadly Jan and Frank were not able to join us with Frank in hospital. They were sorely missed and we do keep them both in our thoughts.

Once again we have enjoyed our **social** events—thanks to Yvonne for her organisation.

Whatever we plan to do in the next half of the 2022—2023 Rotary year, we need to approach it with some imagination (that is the current theme, after all), fresh ideas and enthusiasm.

Trevor Bailey and Peggy Sanders
Acting Presidents' from October 2022

SUNFLOWERS FOR UKRAINE

We joined the RAWCS Project of **Sunflowers for Ukraine**, as seen on page 10 RDU, August 2022. Thanks to PDG Susan Wakefield and PDG John Glassford for sending us seeds and the information. Thanks to Jeanette for her enthusiasm for this project. Following her example I have taken the seeds to other organisations and have received a number of donations.

Peggy Sanders

November

Rotary Foundation Month

Every Rotarian Every Year. Because we care, make a contribution, be the difference.





THANK YOU FOR YOUR DONATION

December

Disease Prevention and Treatment Month

Wednesday 14 December Annual General Meeting. (Last meeting for 2022.)

January Vocational Service Month

Rotary Youth Leadership Awards (RYLA) will be held from Sunday 15 to Saturday 21 January 2023 at Knox Grammar School, Wahroonga.

RYLA Dinner

Venue: Pennant Hills Golf Club, Burns Road South,

Beecroft

When: Tuesday 17 January 2023 at 6.30pm for 7.00pm \$75.00 per person Dress: Formal

RSVP: Tuesday 10 January 2023 We need to book

personally.

First meeting @ Berowra RSL: January 25, 2023



COMMUNITY SERVICE REPORT

Written by Sivaraj, Saturday 5 November 2022

After a break in October 2022 we restarted showing our presence at the **Community Markets** organised by the Uniting Church at Berowra on 5 November 2022 by putting up our Gazebo there.

We had more items this time, especially books that included a good collection of novels, clothes, souvenirs and many more items that had been lying in our garage for a

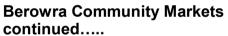
while, or had been donated to our Club for the Stall.

It was a beautiful spring day with such a lovely weather that we 'workers' also had our usual social with coffee, braided fruit loaf and sausage sizzle. It was another fun day for making our presence felt and also provided an excellent opportunity for old friendships to be renewed and new ones made. Beside the fun we also added some funds into our coffers.

Those of you who have got similar items in your storeroom, garage and shelves that are collecting dust but could be of greater use to someone else please bring them to our stall at the Community Markets at the Uniting Church of Berowra.

I would like to thank Trevor Bailey, Rich Moore, Peggy Sanders, Yvonne and Tom Borg for the assistance provided in setting up, manning and disassembling the stall. My thanks also go to Suchada Boden for providing us braided fruit loaf during our coffee breaks.

Sivaraj Sagathavan Community Service Director



We were also there at the Markets on Saturday 3 December, and it was great to have Mary back raising funds for Shamida.

It was another warm day, although the crowds seemed to be down a little — despite there being Christmas music to entertain us!

Nam made banana bread and sold it by the slice with help from Sivaraj. Thanks again to the usual crew for setting up, manning, and packing up again.

Next Markets will be Saturday 4 February 2023.

Please keep collecting items to sell, and see if you can be available for some of the time to assist.

Peggy Sanders Club Administration













How you can help ROMAC?

Every day Rotarian and Friends are raising funds to cover travel, accommodation and treatment for children and their carers.

If every Rotarian in Australia and New Zealand donated \$20 and every club matched with \$20 for everyone of their members, we could cover the costs of all the children referred to us annually.

If every Friend donated \$20 we could help even more children.

https://www.romac.org.au/donate/



Shelter is a basic human right — but right now over 100 million people affected by disaster and conflict are left without.

By providing emergency shelter and tools for families robbed of their homes by disaster, we're transforming despair into hope.

We are impatient to see a world where no family is left without shelter.

https://www.shelterboxaustralia.org.au/

Our sturdy green ShelterBoxes are designed to help people who have lost everything. They are filled with practical tools and utensils that help to create the framework for everyday life.

Each contains a family-sized tent that protects people from the elements and provides a safe space in which people can start to recover from physical and emotional trauma.

The contents differ depending on the disaster and the climate, but items such as solar lights, water storage and purification equipment, thermal blankets and cooking utensils help start the process of creating a home.



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the

RAWCS form.

http://shamidaethiopia.com/donate

Find out how you can help us help the kids:

https://shamidaethiopia.com.









Rotary Club of Berowra Inc.

Notice of Annual General Meeting

Date: Wednesday 14 December 2022

Venue: Club Berowra (Berowra RSL) 997 Pacific Highway, Berowra NSW

Time: 7.00pm

Order of Business:

- Adoption of Report of Annual General Meeting 24 November 2021
- Business arising
- Half Yearly Report
- Financial Report 2021/2022
- Adoption of Financial Report
- RAWCS Project Report Shamida Bright Vision
- Appointment of Public Officer for 2023-24 (Dept. of Fair Trading)
- Elections
- The year ahead 2023
- General Business
- Close of Annual General Meeting

Nominations called for the following positions:

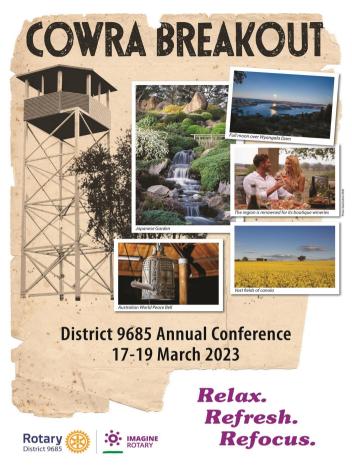
- 1. President : Balance of 2022 –2023, January 2023—June 2023
- 2. President –Elect:: 2023—2024
- 3. President—Elect: 2024—2025
- **4.** Treasurer: 2023–2024
- 5. Secretary/Club Administration: 2023—2024
- 6. Directors: 2023—2024

Peg	gy	Sa	nd	ers
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Seconded by:
Agreed to nomination:



District Conference Update

Reminder: Early Bird fees end on 31.12.22. It is going to be a great Conference.

DG Mina has been having ongoing discussions with people in Cowra to prepare for our Conference **17 to 19 March**.

Mina has organised wine tours at <u>Antonio's Wines</u>. **Antonio's Wines Tours**

Friday pm and Sunday pm Normally \$25 pp.

Rotary Price \$10 (no redemption from cellar door purchases) Maximum 25 people per tour

1 hour duration with expert guide and sampling of at least 4 wines

Other exciting news includes some of the planned events for the Conference...

Friday 17 March - Evening: Easy live music, local historian; BBQ; and sheep dogs demonstration.

Saturday 18 March: Engaging sessions and speakers, and later in the evening, the Conference Dinner with Mr Stan Grant and 40's dance tunes.

Sunday 19 March: Brunch at Japanese Garden with Japanese Ambassador and live tenor performance.

https://

www.rotarydistrict9685annualconference2023.com.au/

The Joys of the Rotary Youth Exchange Program

The first Youth Exchange Student to stay with The Rotary Club of Berowra was **Debby Knoblock** (USA) a very new learning experience for all! Frank and I were her Counsellors as we had already reared teenagers! I spent more time "Counselling" the host parents whose children were younger. One Rotary father questioned her request to phone us (believing it was only for problems). Overall a successful time for most. Just before her departure, after almost twelve months, I asked Debby for any advice for the next student.. "Please stay with the Counsellors first to establish a rapport with each other to sustain the whole year" and the rest of the Club members accepted this.

Nur Kasman (Indonesia) was much older so enrolled at TAFE ... Business Studies.. and spent one day a week as a "teachers aid". She celebrated her 21st Birthday here. Contact was lost, but found again for a short time.

Forty-one years ago **Yuka Shimizu** (Japan) and Nur were here together for a short time. We were Yuka's first host family. She was very serious about the "rules" and rejected our offer to phone her parents before the Official Group Camping Trip. We have maintained constant contact throughout these years in a delightful way, with several visits, letters, and many random gift parcels. She was here in October to celebrate a Host Mother's 93rd Birthday.

Berowra Rotary has hosted18 Students from12 countries and sent 14 students to 10 countries. Other families may have similar experiences. An enriching time in our lives with happy memories.

Frank has reminded me — originally Youth Exchange was part of International Service. He was on the District Committee and suggested it should have its own identity as a separate Avenue of Service, which was adopted. Hence all aspects of Youth are now grouped together.

PP Jan Childs PHF

MEMBERS' PAGE

Rotary Year	2022—2023
	November 2022
Saturday 5	Community Market
	December 2022
Saturday 3	Community Market
Saturday 10	Christmas Social Function
Before 31/12	Register for District Conference at lower rate
	January 2023
15/1—21/1	RYLA
Tuesday 17	RYLA Dinner (see page 4) book in by 10/1
	February 2023
	March 2023
10/3	Registrations close for District Conference
17/3—19/3	District Conference in Cowra
	May 2023
27/5 –31/5	Rotary International Convention in Melbourne



Tom Borg and Peggy Sanders represented Rotary at an APEX Club of Berowra function conferring life membership on Geoff 'Sharky' Harris honouring his contribution to APEX and the community.

What's the difference between a hippo and a zippo? One is really heavy and the other is a little lighter.

When does a joke become a 'dad' joke? When it becomes apparent.



Happy Anniversary to: Trevor and Janette (29/11); Jan and Frank (9/1): Tom and Yvonne (20/1)

Happy Anniversary of Induction to: Nil

Get well wishes to: Frank Childs

(27/1); Yvonne Borg (28/1)

Nam finally receives her dinner badge!



Rich's jokes....

There's a fine line between a numerator and a denominator. (...Only a fraction of people will get this clean joke.)

What do dentists call their x-rays? Tooth pics!

Did you hear about the first restaurant to open on the moon?

It had great food, but no atmosphere.

What did one ocean say to the other ocean? Nothing, it just waved.

Do you want to hear a construction joke? Sorry, I'm still working on it.

Did you hear about the fire at the circus? It was in tents!