

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2022 - 2023

President Rotary International: Jennifer Jones Governor Rotary District 9685: Mina Howard Co-Presidents Rotary Club of Berowra: Trevor Bailey and Peggy Sanders Rotary International Theme for 2022 - 2023: *Imagine Rotary*



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Wednesday 8 February: Dinner Meeting — Jack Dacey, RYLA; Adnan Mohsen; Planning for 2023

Wednesday 22 February: Dinner Meeting - speaker TBA

Rotary's Vision

Together, we see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

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The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW Website: <u>www.berowra.net/rotary</u> Facebook: Rotary Club of Berowra Email: <u>berowrarotary@gmail.com</u> Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

Rotary Year 2022— 2023

February 2023

Wednesday 8 **Dinner Meeting: Jack Dacey RYLA** Wednesday 22 **Dinner Meeting: March 2023** Wednesday 8 **Dinner Meeting: DG Official Visit** Fri 17-Sun 19 District Conference — Cowra Wednesday 22 **Dinner Meeting: Reflections on the Conference** April 2023 Wednesday 12 **Dinner Meeting:** Wednesday 26 **Dinner Meeting:** May 2023 Wednesday 10 **Dinner Meeting: Sound Therapy** Wednesday 24 **Dinner Meeting: 46th Anniversary** June 2023 Wednesday 14 **Dinner Meeting:** Wednesday 28 **Dinner Meeting: Cangeover Dinner TBC**





https://www.shamidaethiopia.com/



Attendance

For attendance at meetings, and bringing guests, please contact **Peggy Sanders** 0413 481 854



The next Bulletin will be published for March 2023.

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 24 February 2023 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our historic Club Banner.

BOARD 2022-2023

Co-Presidents: *Trevor Bailey and Peggy Sanders* Immediate Past President: Jeanette Bakker (dec) Past President: *Trevor Bailey* President-Elect: *Trevor Bailey* Secretary/Club Administration: *Peggy Sanders* 0413 481 854 Treasurer: *Trevor Bailey*

Directors:

Community Service: Sivaraj Sagathavan International: Kathy Kendall Youth: Tom Borg Vocational: Gil Stokes Foundation: Rich Moore Public Image: Peggy Sanders Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders District Conference: Peggy Sanders Public Officer: Trevor Bailey Welfare: Jan Childs Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854

Co-Presidents' Report



At our **Annual General Meeting** (Wednesday 14 December 2022) the Club agreed that we should continue as **Co-Presidents** for the remainder of the Rotary year; and Trevor as President-Elect.

We followed the AGM with a **General Meeting** where we discussed our plans for the half year ahead. We agreed to continue at the **Community Markets** on the first Saturday of the month. With our regular Plant Sale venue of Hunt Reserve having been revamped by HSC and our traditional space having been turned into a dog park — we have agreed that the space around the corner fronting on to Beryl Avenue (rather than the Highway) should suit us well for the **Mothers Day Plant Sale**, to be held on Saturday 13 May 2023. We will need to update our signage and provide additional directions. It was agreed that we continue with the sponsorship of the **Bush Tele Diary Dates** page, with Apex and Lions until the end of this Rotary year.



At the end of 2022 we were able to make a donation to **Rotary Oceania Medical Aid for Children (ROMAC)**, honouring

Jeanette Bakker's efforts making and selling Rocky

Road for ROMAC. We also transferred the funds raised through 'Sunflowers for Ukraine', commenced by Jeanette, and continued with some generous supporters, to the **RAWCS Appeal for humanitarian aid within Ukraine**.



Thank you to the members who attended the Primary School Presentation Days from Brooklyn to Asquith, during December 2022 to

make presentations to the pupils selected by the schools to received the Rotary Citizenship Awards.



Tom Borg, Rich Moore and Trevor attended the **RYLA Dinner** Tuesday 17 January at the Pennant Hills Golf Club. A very up market location and dinner, and then so was the price. MC was one of the Facilitators, Sam Glazebrook, and our District Governor Mina Howard formally welcomed everyone. The guest speaker was Richard Stewart OAM a Partner at Price Waterhouse Cooper. His topic was his involvement with St Vincent De Paul Society over many years of which he is the Chairman. Other charity involvements include Director of Black Dog *Continued*

Co-Presidents' Report continued

Ride Australia and President of the Davidson RFS. Richard was introduced by another Facilitator, Deen Rad.

The RYLA Director Kiera Piper spoke about the camp progress and the involvement of the individual Facilitators and voiced her appreciation and thanks.

The evening was finished with the usual fine session in which Trevor got stung for not wearing a badge, and an auction of mostly wine. All in all quite a pleasant night.



We will be pleased to have **Jack Dacey** at our next meeting (8 February) to report on his RYLA experience.

We were back at Berowra RSL for our first meeting of the year on Wednesday 25 January, when **Ed Kirk** was our guest speaker. He outlined the purpose and organisation of the cycle ride '**Go for Broke'** - ride to beat depression. Organised and managed by volunteers, Ed is looking to see what the involvement of Berowra Rotary might be. 2023 Go For Broke will be on Saturday 16 September.



We had a visitor — **Adnan Mohsen**, visiting us again from Marmaris Rotary Club, Turkey. He will be with us again at our next meeting, when we will exchange Club flags/pennants.



We look forward to **DG Mina's visit to the Club**, we believe her last *Official Club Visit* of her term, on Wednesday 8 March 2023.

Once again we have enjoyed our **social** events — thanks to Yvonne for her organisation of the trip to Henry Kendall Cottage in November 2022, and to Trevor and Janette for hosting our Christmas function in December 2022. Yvonne is again 'on the job' and we have taken a table of 10 at the 'Wine, Women and Song' fundraiser on Saturday March 11, 2023 at Hornsby RSL.

Trevor Bailey and Peggy Sanders Co-Presidents 2022—2023



February Peace and Conflict Prevention and Resolution Month

Today, over 70 million people are displaced as a result of conflict, violence, persecution, and human rights violations. Half of them are children. We refuse to accept conflict as a way of life. Rotary projects provide training that fosters understanding and provides communities with the skills to resolve conflicts.



Rotary creates environments of peace As a humanitarian organisation, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect. By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Our commitment to peacebuilding today answers new challenges: how we can make the greatest possible impact and how we can achieve our vision of lasting change. We are approaching the concept of peace with greater cohesion and inclusivity, broadening the scope of what we mean by peacebuilding, and finding more ways for people to get involved. Rotary creates environments where peace can happen.

https://www.rotary.org/en/our-causes/promoting-peace

Saturday 4 February

Presidents' Zoom Meeting 8.30am - Peggy attending Community Market — fundraising for Shamida, Stall —Mary and Kathy

Wednesday 8 February

Dinner Meeting: Jack Dacey RYLA report; Adnan Mohsen Marmaris Rotary, Turkey

Wednesday 22 February

Dinner Meeting: Speaker TBA



From the Australian Embassy, Ethiopia Facebook

16 January 2023

"Caught up with dynamic Karen Kendall, founder and General Manager of Shamida Bright Vision Children's Welfare Association.

Karen's work strengthens protection and support for orphans and vulnerable kids in Ethiopia including those with disabilities.

An amazing Australian in Addis."



Centurion Appeal

Since it was founded more than 100 years ago, the Rotary Foundation has spent more than \$4 billion on life-changing, sustainable projects. With your help, we can make lives better in your community and around the world.

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for chidren

Membership costs only \$A100 which, depending on where you buy your coffee, is the cost of one coffee a fortnight. And for those of us who pay tax, it's a tax deduction.

Since we are now in 2023 that means half the Rotary year has gone so there's only 5 months left for our members to become Centurions and support our Rotary charity. Only six (6) of our Club members are currently Centurions.

There is a Membership Form which makes becoming a Centurion extremely easy and this will have been recently emailed to all of our members. If you require a hard copy, just let me know. (The form actually indicates that it is for the 2021-2022 Rotary year, but the form still works.)



Give the world hope Contribute to The Rotary Foundation

Rich Moore Director — Foundation

The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS). If you click the "Donate Now" button, you will be able to view the





COWRA BREAKOUT



District 9685 Annual Conference 17-19 March 2023



Relax. Refresh. Refocus.

District Conference Update

Registrations Close: 10 March 2023

DG Mina has been having ongoing discussions with people in Cowra to prepare for our Conference **17 to 19 March**.

Mina has organised wine tours at <u>Antonio's Wines</u>. **Antonio's Wines Tours** Friday pm and Sunday pm Normally \$25 pp. **Rotary Price \$10** (no redemption from cellar door purchases) Maximum 25 people per tour 1 hour duration with expert guide and sampling of at least 4 wines

Other exciting news includes some of the planned events for the Conference...

Friday 17 March - Evening: Easy live music, local historian; BBQ; and sheep dogs demonstration.

Saturday 18 March: Engaging sessions and speakers, and later in the evening, the Conference Dinner with Mr Stan Grant and 40's dance tunes.

Sunday 19 March: Brunch at Japanese Garden with Japanese Ambassador and live tenor performance.

https:// www.rotarydistrict9685annualconference2023.com.au/



RLI #73 24/25/26 February 2023: Register now to boost your Rotary knowledge and skills!

Next program: February 24/25/26 by Zoom

Who: Current and incoming Board members, club membersWhy: To expand your Rotary knowledge and leadership skillsCost: \$30ppRegister: www.rli.rotarydistrict9685.org.au

Full details: as follows:

The next online Rotary Leadership Institute (RLI) course is scheduled for 24/25/26 February via Zoom. Join in from home! Only \$30! Great value! The course is conducted by RLI facilitators and consists of 3 parts:

- Day 1 Friday 24 February 6-7pm
- Day 2 Saturday 25 February 8am- 4pm 3 x 2hr sessions with breaks
- Day 3 Sunday 26 February 8am-4pm as above

This course is designed for Rotarians with at least 12 months Rotary membership and graduates have said: "*the best Rotary learning I have done*" and "*RLI opened my eyes to a much broader Rotary experience beyond my club*". This course is ideal for Presidents-Elect, new or existing Board members and anyone interested in furthering their Rotary knowledge, skills and leadership potential.

ACTION: Registrations close 17 February 2023.

Henry Kendall Cottage and Historical Museum, 25 Henry Kendall Street, West Gosford

The weather did not disappoint on Saturday 12 November as our happy little party of nine set out on a beautiful sunny day out to Gosford.

First stop a bit of historical knowledge at the Henry Kendall Cottage. He was born at Kirmington, Ulladulla, NSW, of Irish parents, his father dying of Tuberculosis leaving Henry to provide for the family. He took a short job in a confectionery factory and began to contribute verse to newspapers. Henry was a bit of a roamer never really settling into one job but whilst working for a solicitor who had an extensive library, who was also a poet, he found his feet as a poet . He married Charlotte Rutter in 1868 and soon after went to live in Melbourne where he worked as a journalist. They had seven children but tragically their eldest child, a daughter who died as an infant, inspired him to write his beautiful poem, Araluen. He arrived in



Gosford in late 1873 in very poor health and poor circumstances. Inspired by the beautiful scenery he resumed writing poetry and lived in the cottage for two years whilst separated from his family. In 1875 Sir Henry Parkes appointed him Inspector of Forests but being of a sickly disposition he died in 1882 at the age of 42 and is buried in Waverley Cemetery. By public subscription an imposing monument was afterwards erected on his grave.

Our tour guide, Don, was a very knowledgeable host who explained the history of the Gosford area which was once an Orange orchard. The cottage and museum housed many artefacts and photos from that bygone era giving us all a very deep appreciation of this relatively well known poet and the area of Gosford (named after the Earl of Gosford in England).



The Chocolate Factory, 6 Jusfrute Drive, West Gosford

After trying to retain all that history we gleefully headed around the corner to The Chocolate Factory where a little retail therapy and a well earned coffee was in order. The Strom's did well scoring a rather big cooler bag after ordering a mountain of chocolate for the Grandchildren...sure Ed and Nola!!!

Drifters Wharf, 12A Dane Drive, Gosford

After that it was time for lunch and we decided to head to Drifters Wharf and we were directed to a booth that housed all of us.....ummm as you can see from the photo"not so squeezy"!!



The weather was perfect and no one wanted to leave so we settled on a table outside for more drinks and coffee. 360 degree water views, delicious food, great company and a beautiful sunny, Spring dayJust perfect!

Nola V.H. You should have brought along your Driving Miss Daisy car. It would have saved you some



serious walking and could have earned you a front page pic in the Bush Tele.

Thanks to those who attended, Trevor and Janette, Sivaraj and Sue, Nola V.H., Ed and Nola and we Borgs.

Yvonne Borg Social Co-Ordinator

MEMBERS' PAGE

Rotary Year	2022—2023
	February 2023
Saturday 4	Community Market
	Presidents' Meeting
	March 2023
Saturday 4	Community Market
	President Elect Learning & Development (PELD)
Friday 10	Registrations close for District Conference
Saturday 11	Wine Women and Song
17/3—19/3	District Conference in Cowra
	April 2023
Saturday 1	Community Market
Tuesday 25	ANZAC Day
	May 2023
Saturday 6	Community Market
Saturday 13	Mothers Day Plant Sale
27/5 –31/5	Rotary International Convention in Melbourne

Birthdays, Anniversaries and Congratulations...... 1 February —28 February Happy Birthday to: Sivaraj Sagathavan (22/2); Shane Fitzsimmons (22/2) Happy Anniversary to:



Happy Anniversary of Induction to: Pat Smith (14/2)

Get well wishes to: Frank Childs

Safe Travels: Sivaraj Sagathavan; Kathy Kendall; Rich Moore

Congratulations to Kathie Comb awarded the Medal of the Order of Australia (OAM) in the Australia Day 2023 honours. Her award 'for service in the community of Hornsby Ku-ring-gai.

Berowra Rotary members and friends joined together at the home of Trevor and Janette Bailey for our Christmas Lunch on 10 December 2022.

