

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2023 - 2024

President Rotary International: R. Gordon R. McInally Governor Rotary District 9685: Christine Owen Presidents Rotary Club of Berowra: Trevor Bailey Rotary International Theme for 2023 - 2024: *Create Hope in the World*



Vol 47 No 01 — July 2023

Wednesday 12 July: Changeover Dinner

Wednesday 26 July: Dinner Meeting — Trivia Quiz



The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977 Meets Second and Fourth Wednesdays 6:30pm for 7:00pm Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW Website: <u>www.berowra.net/rotary</u> Facebook: Rotary Club of Berowra Email: <u>berowrarotary@gmail.com</u> Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

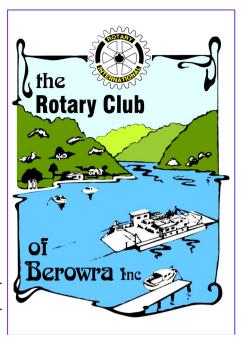
Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated. Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

Rotary Year 2023 — 2024

July 2023

Wednesday 12
Wednesday 26
August 2023
Wednesday 9
Wednesday 23
September 2023
Wednesday 13
Wednesday 27

 Changeover Dinner 6.00pm for 6.30pm
Dinner Meeting Trivia Quiz — Tom and Yvonne Borg
Dinner Meeting - Kathy Kendall Shamida Update
Dinner Meeting
Dinner Meeting
Dinner Meeting
Dinner Meeting



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters – one of Sydney's well known beauty spots – is depicted on our historic Club Banner.

BOARD 2023-2024

President: *Trevor Bailey* Immediate Past Presidents: Jeanette Bakker (dec); Trevor Bailey and Peggy Sanders President-Elect: *Sivaraj Sagathavan* Secretary/Club Administration: *Peggy Sanders* 0413 481 854 Treasurer: *Kathy Kendall*

Directors:

Community Service: *Rich Moore* International: *Mary Kendall* Youth: *Tom Borg* Vocational: *Sivaraj Sagathavan* Foundation: *Rich Moore* Public Image: *Peggy Sanders* Membership: *Trevor Bailey 0400 999 226*

Additional Roles:

Bulletin Editor: Peggy Sanders District Conference: Peggy Sanders Public Officer: Trevor Bailey Welfare: Jan Childs Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854





https://www.shamidaethiopia.com/



Attendance

For **apologies** for a meetings, and **bringing guests**, please contact, **Peggy Sanders 0413 481 854**, **by 5pm the Monday before a meeting.**



The next Bulletin will be published for August 2023.

Please submit your contributions to the Editor, Peggy Sanders, by 5pm Friday 28 July 2023 @ psanders@ozemail.com.au



President of Rotary International

R. Gordon R. McInally, President 2023-2024 Rotary Club of South Queensferry West Lothian, Scotland

R. Gordon R. McInally is president of Rotary International. He was educated at the Royal High School in Edinburgh and at the University of Dundee, where he earned his graduate degree in dental surgery. He operated his own dental practice in Edinburgh until 2016. Gordon was chair of the East of Scotland branch of the British Paedodontic Society and has held various academic positions. He has also served as a presbytery elder, chair of the Queensferry parish congregational board, and commissioner to the general assembly of the Church of Scotland.

McInally joined Rotary in 1984 at age 26. A member of the Rotary Club of South Queensferry, he has served as president and vice president of Rotary International in Great Britain and Ireland. He has also served RI as a director and on several committees, most recently as an adviser to the 2022 Houston Convention Committee and chair of the Operations Review Committee.

McInally says he looks forward to working with members to build new Rotary clubs and groups. "My vision is that Rotary should exist everywhere in a style to suit everyone who has the desire to be part of us and to help us do good in the world," he says.

McInally is a patron of the UK-based nonprofit Hope and Homes for Children and led a partnership between that organization and RIBI to support children in Rwanda who had been orphaned in the genocide there. He is a patron of Trade-Aid, an initiative of the Rotary Club of Grantham Kesteven, England, that provides sustainable humanitarian aid to individuals, families, and businesses in the developing world. He is also an ambassador for Bipolar UK, a national mental health organization. In August 2022, he was made a laureate of the Sino Phil Asia International Peace Awards Foundation.

In his free time, McInally enjoys rugby, good food and wine, and stick dressing, the traditional Scottish craft of making walking sticks.

McInally describes The Rotary Foundation as "the engine that provides the energy to do Rotary service." He and his spouse, Heather, also a Rotarian, are Paul Harris Fellows, Major Donors, Benefactors of The Rotary Foundation, and members of the Bequest Society.

McInally wishes to dedicate his presidency to making the world a better place for his granddaughters, lvy and Florence, and all the children of the world, to live and thrive.



2023-2024: Create Hope in the World

RI President R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values. Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to *Create Hope in the World*. This year, we're prioritizing projects to support mental health.

This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment. Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.



Governor District 9685

District Governor 2023-24, Christine Owen Rotary Club of Kincumber 0431 166 559 Email: christine_owen@bigpond.com

Christine's Rotary vocation is Adult Education. A passionate educator, she has taught in NSW & ACT education systems & lectured at University of

Canberra. She brings this passion for education to Rotary & was Director Training in 2017-18. She has facilitated with Rotary Leadership Institute (RLI) for 5 years & 2020 became RLI Convenor. During 2020 RLI Online was introduced to ensure leadership development in D9685 continued.

In her third year as Assistant Governor Lower Central Coast, she has learned about clubs, the diverse projects undertaken & is amazed by the energy & enthusiasm Rotarians exhibit to 'do good in the world'. Christine's understanding of clubs is further enhanced by her role as part of the District's Visioning Team.

Youth Exchange has benefited from Christine's expertise, knowledge of schools & organisation capabilities. A 3 year member of D9685's Youth Exchange Committee as Central Coast YE Coordinator, she has supported students in the lead-up to, during & post-exchange. Her commitment to youth is unstinting.

A proud Rotarian, she comes with excellent Rotary credentials – the daughter of Jim & Beryl Kirkness (both deceased) – her father, Jim, a much loved & active member of RC Gosford for over 50 years & mum, Beryl, a solid supporter & Inner Wheel member. Both role modelled their love of community service. Christine is the second of 4 children. She is proud to have two sons & one grandson.

Christine was Australian President of the Australian Joint Council of Professional Teaching Associations (AJCPTA), CEO of the Australian National Schools Network (ANSN) & Quality Assurance & Continuing Professional Development Coordinator for the Royal Australian College of General Practitioners (RACGP) across NSW & ACT. As a public servant she designed, developed & delivered training in NSW Government & as Certified Facilitator for Stephen Covey's 7 Habits of Highly Effective People, delivered the course across NSW.

Christine is Past President of the Rotary Club of Kincumber where she has contributed significantly through roles – Secretary, Treasurer, Director Membership, Youth Chair & Program Coordinator. She joined Rotary to give back & is committed to making the world a better place for all.





President Rotary Club of Berowra Inc.

Trevor Bailey PHF - Trevor was inducted as a member of the Rotary Club of Berowra on 22 June1983 — that is 40 years ago. In those 40 years Trevor has held many positions in the Club, and also in District. He has initiated projects as well as contributing fully across every activity of the Club. He deservedly has a PHF with Sapphire Pin.

As Trevor commences as President of the Rotary Club of Berowra for 2023-2024 he will be taking on this role for the 8th time — which is a clear record for our Club:

1987 – 1988;

- 2002 2003;2011 - 2012
- 2011 2012; 2014 – 2015;

for a third of the year 2017 – 2018 shared with fellow presidents Tom Borg and Rich Moore; 2019—2020; and

following the untimely death of Jeanette Bakker on 7 October 2022, just three months into the 2022-2023 Rotary year, Trevor stepped in again alongside PP Peggy Sanders as Co-Presidents.

We thank Trevor for his service to the Club.





Invitation

You, and your partner, are invited to the annual **Changeover Dinner** when Trevor Bailey PHF will be inducted for another term as President for 2023 – 2024, in the presence of Assistant Governor, Upper North Shore 2023-2024 Michael MacQuillan, and Assistant Governor 2022-2023 Tom Borg PHF. **Date:** Wednesday 12 July 2023 **Venue:** Club Berowra, 997 Pacific Highway Berowra **Time:** 6:00pm for 6:30pm (note the earlier start time) **Cost:** \$40ph **Payment:** Rotary Club of Berowra Inc. Admin Account BSB: 633-000 Account Number 137328183 **RSVP:** Please advise your attendance by 5pm Wednesday 5 July, 2023 <u>psanders@ozemail.com.au</u> or 0413 481 854 **PP Peggy Sanders PHF, Club Administration Director**



COMMUNITY SERVICE REPORT

Community Markets

We have been participating rin the monthly Community Markets, held on the fist Saturday of the month,

organised by the Uniting Church at Berowra. Thank you to those who set up the gazebo and pull it down again, and those who collect and bring bric-a-brac for sale. Last Markets were held Saturday 3 June, and **Saturday 1 July**. We expect to be involved during the rest of 2023 on **Saturdays 5 August, 7 October, 4 November and 2 December 2023**.

So please set aside useable items that you hardly use or do not need but someone else could make good use of them, or collect the same from your friends!

Mini Fete Fundraiser supporting Hornsby Kuring-Gai Women's Shelter

We will have our bric-a-brac stall at this fundraiser — please find goods to sell, and if possible spend some time assisting at this community event.





Apex Woodchop

Sunday 27 August 10am-4pm, Warrina Street Oval

Daffodil Day

Thursday 31 August at Coles Shopping Centre, Berowra

Fathers Day Spring Plant Sale



Saturday 2 September 2023 at Hunt Reserve, facing on to Beryl Avenue.

Go for Broke 2023

Saturday 16 September - we have agreed to provide volunteers at this event.

Rich Moore, Community Service 2023—2024



MATERNAL & CHILD HEALTH MONTH

JULY EVENTS

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger. We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

Saturday 1 July: Community Markets (see page 6) Saturday 8 July: Nepean Belle Christmas in July — Social outing (see page 8) Wednesday 12 July: Changeover Dinner (see page 5) Saturday 15 July: Mini Fete Fundraiser (see page 6) Wednesday 29 July: Dinner Meeting — Trivia Quiz



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form. http://shamidaethiopia.com/donate

Find out how you can help us help the kids: <u>https://shamidaethiopia.com</u>.













MEMBERS' PAGE

Rotary Year	2023—2024
	July 2023
Saturday 1	District Changeover
Saturday 1	Community Market
Saturday 8	Christmas in July on the Nepean Belle Paddlewheeler
Saturday 15	Women's Shelter Mini Fete
Tuesday 25	Science and Engineering Challenge
	August 2023
Saturday 5	Community Market
Sunday 27	Berowra Woodchop
Thursday 31	Daffodil Day
	September 2023
Saturday 2	Fathers Day Spring Plant Sale
Saturday 16	Go for Broke
	March 2024
Friday 15 — Saturday 16	District Conference Central Coast Terrigal and Erina



science and engineering

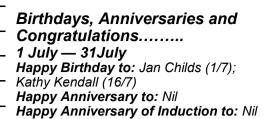
Rotary Matters On air Friday 3pm—4pm

Jan Childs and Gil Stokes will

volunteer as assistants at the Science and Engineering

Challenge on Tuesday 25 July

at Ravenswood College.



2024 District Conference

Friday 15th March 2024 to Saturday 16th March 2024

Our Locations: Friday: Crowne Plaza, Pine Tree Ln, Terrigal NSW 2260

Saturday: EV Church, 331 Terrigal Dr, Erina NSW 2250

Website www.9685rotaryconference2024.com.au

or use the QR code below



From the Social Director

Christmas in July on the **Nepean Belle Paddlewheeler** on <u>8 JU-LY.</u>



