

Kalori: The Bulletin of the Rotary Club of Berowra Inc



Rotary Year 2023 - 2024

President Rotary International: R. Gordon R. McInally Governor Rotary District 9685: Christine Owen President Rotary Club of Berowra: Trevor Bailey Rotary International Theme for 2023 - 2024: Create Hope in the World



Vol 47 No 02 — August 2023

Wednesday 9 August: Geoff Brennan — Spring Colour Wednesday 23 August: Ruth Vumbaca and Chris Taylor - Vocational Service and National Skills Week



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The Rotary Club of Berowra Inc. Asquith to Brooklyn

Chartered 10 May 1977 First Meeting 25 May 1977
Meets Second and Fourth Wednesdays 6:30pm for 7:00pm
Club Berowra (RSL Club), 997 Pacific Highway, Berowra NSW
Website: www.berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Facebook: Rotary Club of Berowra
Email: berowra.net/rotary
Postal Address: PO Box 30, Berowra, NSW 2081

PROGRAMME, MEETINGS AND GUEST SPEAKERS

Rotary Berowra (from Asquith to Brooklyn) meets on the second and fourth Wednesdays of the month, at Club Berowra (RSL Club) at 6.30pm for 7.00pm, unless otherwise indicated.

Visitors, both men and women, are very welcome at the meetings of Rotary Berowra. Please call one of the members of Rotary Berowra listed below.

Rotary Year 2023 — 2024

August 2023	Membership and New Club Development Month
Wednesday 9	Dinner Meeting: Geoff Brennan – Spring Colours and Conference 2024
Wednesday 23	Dinner Meeting: Ruth Vumbaca & Chris Taylor Vocational Service and National Skills Week
September 2023	Basic Education and Literacy Month

Dinner Meeting: Shamida Update - Kathy Kendall Wednesday 13

Wednesday 27 Dinner Meeting - TBA

October 2023 **Community Economic and Development Month**

Dinner Meeting: Shane Fitzsimmons—Youth Wednesday 11

Insearch

Wednesday 25 Dinner Meeting: Geoff Brennan—Australian Rotary

Health

November 2023 **Rotary Foundation Month**

Wednesday 8 Dinner Meeting: TBA

Wednesday Dinner Meeting: DG Official Visit - DG Christine

Owen





https://www.shamidaethiopia.com/

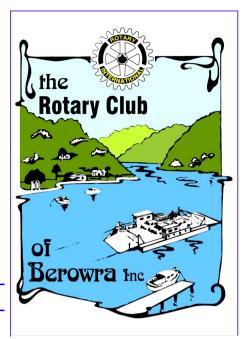


Attendance

For apologies for a meetings, and bringing guests, please contact, Peggy Sanders 0413 481 854, by 5pm the Monday before a meeting.



The next Bulletin will be published for August 2023. Please submit your contributions to the Editor, Peggy Sanders, by 5pm Thursday 31 August 2023 @ psanders@ozemail.com.au



Kalori means the message stick used by the Aboriginal Tribes which lived in the sandstone ranges surrounding the Hawkesbury

River. Berowra is situated above a major area of the Hawkesbury. Berowra Waters - one of Sydney's well known beauty spots — is depicted on our historic Club Banner.

BOARD 2023—2024

President: Trevor Bailey

Immediate Past Presidents: Jeanette Bakker (dec); Trevor Bailey and Peggy Sanders President-Elect: Sivaraj Sagathavan

Secretary/Club Administration: Peggy Sanders

0413 481 854

Treasurer: Kathy Kendall

Directors:

Community Service: Rich Moore International: Mary Kendall

Youth: Tom Bora

Vocational: Sivaraj Sagathavan Foundation: Rich Moore Public Image: Peggy Sanders

Membership: Trevor Bailey 0400 999 226

Additional Roles:

Bulletin Editor: Peggy Sanders District Conference: Peggy Sanders Public Officer: Trevor Bailey

Welfare: Jan Childs

Child Protection, Verification Officers: Carolyn Higgs and Peggy Sanders Attendance: Peggy Sanders 0413 481 854



Wednesday 12 July we celebrated the annual Changeover Dinner. Thank you to all who assisted in the preparation and on the night.

It was good to have our new Assistant Governor Michael MacQuillan with us. It was very gratifying to have friends join our members for the Changeover.

We began the evening with a brief tribute to the late Jeanette Bakker and the late Frank Childs who are sadly missed.







Peggy Sanders and Trevor Bailey (the Co-Presidents since October 2022) thanked the Board members from 2022–2023. Peggy then inducted Trevor for his ninth time as President of the Club. Trevor then presented the pins to the members in their incoming roles.







2023-2024: Create Hope in the World

RI President R. Gordon R. McInally calls for Rotary to create hope in the world by working for peace and mental wellbeing. He urges members to engage in tough conversations and earn the trust that's necessary to realize these values. Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to *Create Hope in the World*. This year, we're prioritizing projects to support mental health.

This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment. Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.





JULY EVENTS

Saturday 1 July: Community Markets - thank you to all who assisted.

Saturday 8 July: Nepean Belle Christmas in July — Social outing - was thoroughly enjoyed by all.(see page 10 for the evidence!!)

Wednesday 12 July: Changeover Dinner (see pages 3—6)

Saturday 15 July: Mini Fete Fundraiser— it was good to be involved in this community event, and support the Hornsby Kuring-Gai Women's Shelter. Thank you to those who organised and participated.





Tuesday 25 July: Science and Engineering Challenge *Tom Borg and Gil Stokes participated as volunteer assistants at the Challenge at Ravenswood College.*



Wednesday 26 July: Dinner Meeting — Trivia Quiz

A big thank you to Tom and Yvonne for putting this evening together and congratulations to the winner — Nola Van Huissteden.



AUGUST EVENTS



Saturday 6 August: Community Markets — we are unable to participate in the Markets this month.



Wednesday 9 August: Dinner Meeting — Spring Colours, Geoff Brennan, Rotary Club of Ryde.

Celebrated Rotary Gardener Geoff Brennan spent 12 years in ornamental horticulture included Royal Botanic Garden, Sydney employment, training at Ryde School of Horticulture and development and ownership of a regional NSW garden centre.

With our forthcoming Spring Plant Sale on Saturday 2 September it will be good to her Geoff speak about Spring plants.



Saturday 12 August: Social function — Castle Hill Players at The Pavilion 'In the Next

Room or the Vibrator Play' by Sarah Ruhl (see page 11).

National Skills Week 21—27 August 2023

Wednesday 23 August: Dinner Meeting —

Ruth Vumbaca (Vocational Service Chair 2023-2024) and Chris Taylor, The Rotary Club of Warringah.

Sunday 27 August:10am—4pm Apex Woodchop, Warrina Street Oval











Thursday 31 August: Daffodil Day at Coles Shopping Centre, Berowra Heights

SEPTEMBER EVENTS

Fathers Day Spring Plant Sale Saturday 2 September 2023 at Hunt Reserve, facing on to Beryl Avenue.

<u>Go for Broke 2023</u> Saturday 16 September - we have agreed to provide volunteers at this event. Ed Kirk, President (presented to us 25 January) Jo Magson, GFB's volunteer coordinator.

Individuals need to go to the site to register volunteer. https://raceroster.com/events/2023/70618/qo-for-broke-2023/volunteer

Volunteer positions available:

Assisting Friday night before the event preparing items for the support cars - Needed for 1.5 hours on Friday afternoon before the event. Time to be advised.

Start Line Volunteers - Berowra Christian School at 5.15am last bunch leaves at 8.45am.

Go for Broke, Ride to beat depression - supports Lifeline.



The link to the donation page on Shamida's website is below, click on 'Australia' and you can read the information about Shamida partnering with Rotary Australia Worldwide Community Service (RAWCS).

If you click the "Donate Now" button, you will be able to view the RAWCS form. http://shamidaethiopia.com/donate















MEMBERS' SOCIAL ACTIVITIES PAGE

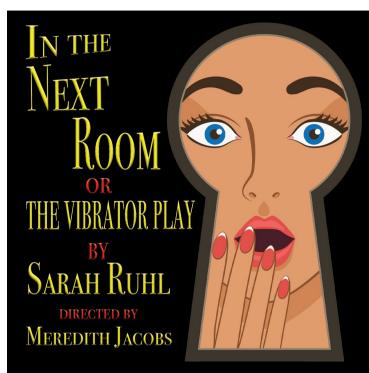
Thanks to Yvonne Borg for the great job she did carolling members, past members and friends for Christmas in July on the Nepean Belle Paddlewheeler. It seems a great time was had by all............



MEMBERS' SOCIAL ACTIVITIES PAGE

So now it's off to the next Social Function—again being organised by Yvonne Borg. Please talk with Yvonne re tickets.

Saturday 12 August: Social function — Castle Hill Players at The Pavilion 'In the Next Room or the Vibrator Play' by Sarah Ruhl.



This play is by Sarah Ruhl the daughter of Rich' Moores partner Kathleen Ruhl.

From Rich: I've seen this play in Berkeley, California; New York City; Philadelphia; London; Chicago; and Sydney, but am always happy to see it again.

https://en.wikipedia.org/wiki/In the Next Room (or The Vibrator Play)

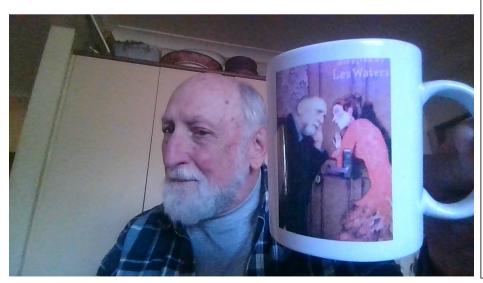
In the Next Room (or The Vibrator Play) is a 2009 play by Sarah Ruhl, published by Samuel French. It concerns the early history of the vibrator, when doctors allegedly used it as a clinical device to bring women to orgasm as treatment for "hysteria."

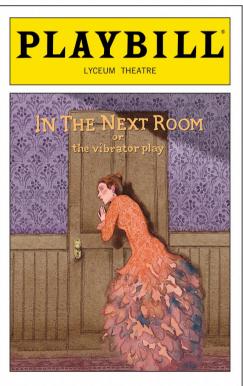
Other themes include Victorian ignorance of female sexual desire, motherhood, breastfeeding, and jealousy.^[1]

The play was nominated for three 2010 Tony Awards.

From Rich: In my lounge room sits a mug featuring a picture of me with my ear next to the poster outside the Lyceum Theatre, Opening Night, 19 November 2009.

The Poster as it appeared in Playbill, along with a picture of me, with my mug ---next to my mug.





MEMBERS' PAGE

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Rotary Year	2023—2024
	August 2023
Saturday 5	Community Market—we are unable to participate this month
21–27	National Skills Week
Sunday 27	Berowra Woodchop - Warrina Street Oval
Thursday 31	Daffodil Day - Coles Supermarket Entrance
	September 2023
Saturday 2	Fathers Day Spring Plant Sale
Saturday 16	Go for Broke
	October 2023
Saturday 7	Community Market
Tuesday 10	ARH Lift the Lid on Mental Illness
Tuesday 24	World Polio Day
Tuesday 24	Ride the Train to End Polio
	November 2023
Saturday 4	Community Market
	December 2023
Saturday 2	Community Market
Wed 13	AGM and last meeting of the year
	January 2024
Wed 10	No Meeting
	RYLA 2024
	RYLA Dinner—TBA
Wed 24	First Meeting of the year
_	March 2024
Friday 15 — Saturday 16	District Conference Central Coast Terrigal and Erina

Dear President and fellow Berowra Rotary members,

Our bi-annual membership fees of \$170 are now due. Payment should be made into our Administration Account:

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The Rotary Club of Berowra Bendigo Bank BSB 633 000 Account No. 137 328 183.

Thank you for your attention to this as soon as you are able.

Kathy Kendall, Treasurer



nappy birthday to. Andrew Muliffead (3/8)

Happy Anniversary to: Nil

Happy Anniversary of Induction to:
Kathy Kendall (15/8); Mary Kendall (15/8); Gil

Stokes (16/8); Rich Moore (26/8)

Get well wishes to: Jan Childs; Peggy Sanders Bon Voyage and Travels: Mary Kendall; Trevor

Bailey.

2024 District Conference

Friday 15th March 2024 to Saturday 16th March 2024

Our Locations:

Friday: Crowne Plaza, Pine Tree Ln,

Terrigal NSW 2260

Saturday: EV Church, 331 Terrigal

Dr, Erina NSW 2250

Website

www.9685rotaryconference2024.com.au

or use the QR code below





CLASSIC CAR



Sunday 10th September 2023 9.00am ∼ **2.00pm**

> Berowra Community Centre Car Park The Gully Road, Berowra

> > Entrance: \$5.00
> > Includes entry in the raffle - hourly draws
> > (Children under 10 free)

★ BBQ ★ RFS display ★ Classic cars

★ 4WD display ★ Retro cars ★ and more

★ Fun for all the family

For more information: www.berowralions.org.au

